

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F0019

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1287	JÉSSICA FERREIRA	F	19	01:09:57	01:09:56	CAOB
2	1633	LAURA BENTO	F	13	01:20:20	01:19:33	BV ALVERCA
3	2160	MARINA MARTINS	F	18	01:28:52	01:27:14	SC CASAINHOS
4	1641	ANA I SILVA	F	0	01:41:00	01:37:41	INDIVIDUAL
5	1630	JOANA F O L JUSTO	F	0	01:42:31	01:39:07	CTX RUNNERS
6	909	MAFALDA M VELOSO	F	18	02:06:08	02:04:34	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2454	MARLENE LOPES	F	31	00:59:24	00:59:22	OS BRAGUINHAS
2	88	VITORIA OLIVEIRA	F	21	01:02:26	01:02:25	JUVENTUDE VIDIGALENSE
3	1363	RITA A S RIBEIRO	F	30	01:03:22	01:03:09	ESC ATLETISMO RUI SILVA
4	2631	FILIPA RELVAS	F	26	01:08:35	01:08:22	FALCÕES SELVAGENS
5	2530	ANA C P NEVES	F	28	01:09:23	01:08:27	TUGAS ESTRADA
6	460	ANDREIA C R PARENTE	F	32	01:10:45	01:10:21	INDIVIDUAL
7	2578	RITA C REBELO	F	30	01:11:19	01:08:28	TERRORES DO ASFALTO
8	2134	CARLA S C A NEVES	F	30	01:11:41	01:11:23	AMIZADESDESPORTIVA
9	1377	CARLA RIBEIRO	F	32	01:12:09	01:11:55	ESC ATLETISMO RUI SILVA
10	2352	HELOISA M A GALHA	F	30	01:12:53	01:12:50	C MILLENNIUM BCP
11	2529	SUSANA M JORGE	F	20	01:14:25	01:14:21	MENTE TRAQUINA
12	2656	PATRICIA CARREIRA	F	32	01:14:46	01:11:28	OFFTEL RUNNERS
13	1021	BRIGITTE CARDOSO	F	31	01:17:13	01:15:36	CORRER LISBOA
14	1967	MARINA FELIX	F	33	01:18:11	01:17:11	GDR FIGUEIRAS
15	111	SARA MACHADO	F	34	01:18:15	01:15:11	IRREDUTIVEIS
16	2495	INÊS B M A HENRIQUES	F	34	01:18:15	01:16:43	AVE RUNNING
17	416	JULIE CHATELAIN	F	30	01:18:24	01:16:41	INDIVIDUAL
18	1446	SONIA QUINTANILHA	F	30	01:18:24	01:16:08	RUNLOVERS
19	151	CATARINA COSTA	F	31	01:18:26	01:16:39	PÉS TROIKADOS
20	989	LENIA RODRIGUES	F	27	01:18:28	01:17:56	OS EMPENADOS
21	198	PAULA CARVALHINHO	F	34	01:18:59	01:17:26	CLUBE VODAFONE
22	1407	RUTE I F VERÍSSIMO	F	24	01:19:04	01:18:24	INDIVIDUAL
23	730	ROMINA GUEDES	F	31	01:19:07	01:18:38	INDIVIDUAL
24	453	SANDRINA CUNHA	F	31	01:19:18	01:17:27	FOR 2
25	1863	SARA CORDEIRO	F	32	01:19:19	01:19:09	SCALABIS NIGHT RUNNERS
26	234	ANGELICA RODRIGUES	F	31	01:19:27	01:16:21	ESTÉTICA ROSÂNGELA FRANCISCO
27	307	BO IRIK	F	25	01:20:50	01:17:37	CORRER NA CIDADE RC
28	639	PATRICIA ROCHA	F	33	01:20:53	01:20:12	FRIENDS2RUN
29	1286	SOFIA BRANDÃO	F	20	01:21:26	01:21:24	CAOB
30	318	CAMILA S R SÁ GOMES	F	32	01:21:37	01:19:05	INDIVIDUAL
31	52	TERESA SEPÚLVEDA	F	33	01:23:03	01:20:59	INDIVIDUAL
32	1659	TELMA ALVES	F	28	01:23:06	01:23:00	CCD O ALVITEJO
33	2269	INÊS ALMEIDA	F	29	01:23:19	01:21:25	DEVAGAR, DEVAGARINHO...
34	2433	Mª SILVINA C ESTEVES	F	31	01:23:21	01:22:29	TRAIL ME
35	1394	RUTE M FERNANDES	F	33	01:23:34	01:23:08	INDIVIDUAL
36	265	CAMILA WUDICH	F	25	01:23:35	01:23:13	RUNLOVERS
37	1160	SANDRA ARRAIAS	F	33	01:23:42	01:22:30	OS ARRAIAS
38	553	ANA RIBEIRO	F	29	01:24:17	01:23:33	NÃO FAZEMOS NEM MAIS UM KM
39	1156	MAGALI GUERREIRO	F	31	01:24:40	01:23:33	CLUBE ROBBIALAC

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	430	ANA S P OLIVEIRA	F	26	01:24:40	01:22:04	MOOVE
41	273	PATRYCJA SZCZESNIAK	F	22	01:24:47	01:22:02	INDIVIDUAL
42	973	ANA P SILVA	F	32	01:24:52	01:21:27	INDIVIDUAL
43	1411	JOANA RIBEIRO	F	20	01:24:54	01:23:08	EQUIPA RPS
44	2708	ANA T SOUSA	F	24	01:25:02	01:24:53	INDIVIDUAL
45	716	ANA J C C FORTES	F	34	01:25:05	01:22:29	MOOVE
46	641	ROSA VIVEIROS	F	31	01:25:42	01:24:19	FALCÕES SELVAGENS
47	1448	HELENA REIS	F	33	01:26:27	01:23:33	INDIVIDUAL
48	1383	JOANA CAMBAS	F	30	01:26:39	01:24:00	INDIVIDUAL
49	276	SANDRA ALMEIDA	F	33	01:27:03	01:24:13	PATATI PATATÁ BORA LÁ!
50	877	DINA DIAS	F	27	01:27:17	01:26:55	SC MOITENSE
51	68	FATIMA SANTOS	F	34	01:27:30	01:26:32	JOBRINDE - MONTES SALOIOS
52	2107	SÓNIA MOREIRA	F	30	01:27:49	01:24:44	INDIVIDUAL
53	2642	LÍDIA GONÇALVES	F	31	01:27:51	01:24:50	REVOLTADOS MIR
54	1153	SÍLVIA RODRIGUES	F	26	01:27:54	01:26:29	CLUBE ROBBIALAC
55	505	FILIPA FERNANDES	F	31	01:28:00	01:25:41	INDIVIDUAL
56	1012	INÊS MELO	F	33	01:28:19	01:28:10	SCALABIS NIGHT RUNNERS
57	250	SUSANA CLIMAS	F	26	01:28:32	01:25:31	OS CARACÓIS FURIOSOS
58	256	ANA C MONTEIRO	F	28	01:28:42	01:28:35	CA AMIGOS PARQUE PAZ
59	1835	SOFIA FRAGA	F	34	01:28:47	01:27:16	GFD RUNNING
60	936	MARTA LIMA	F	28	01:28:55	01:27:43	KENIANOS MONTIJO
61	221	ANA FAVAS	F	29	01:29:05	01:26:12	NÃO FAZEMOS NEM MAIS UM KM
62	985	ANA ANUNCIAÇÃO SILVA	F	25	01:29:10	01:26:46	INDIVIDUAL
63	986	ANA R SUSTELO	F	23	01:29:10	01:26:46	INDIVIDUAL
64	803	TÂNIA VALENTIM	F	32	01:29:37	01:26:46	QUERIDOS
65	374	ISADORA B B A COSTA	F	26	01:29:41	01:26:34	4 AO KM
66	2026	ANDREIA ALBUQUERQUE	F	32	01:30:06	01:28:02	PESTINHAS
67	755	SÍLVIA D N MARQUES	F	34	01:30:39	01:28:04	INDIVIDUAL
68	1862	SANDRA VERÍSSIMO	F	30	01:30:39	01:30:29	SCALABIS NIGHT RUNNERS
69	926	SANDRA C OLIVEIRA	F	33	01:30:49	01:28:48	TÁ LENTO PRA CORRER
70	1736	LILIANA BARBOSA	F	34	01:30:55	01:27:35	PÉS TROIKADOS
71	1609	MONICA ABREU	F	34	01:30:58	01:28:20	SS MONTEPIO GERAL
72	1451	SANDRA M TIMOTEO	F	27	01:31:05	01:30:23	LESMAS OESTE
73	1885	ANA FIALHO	F	31	01:31:32	01:30:07	FIALHOS CREW
74	90	TÂNIA VERÍSSIMO	F	30	01:31:47	01:31:07	PAC TRIATLO
75	601	RITA CARVALHO	F	33	01:31:57	01:30:31	RITA
76	396	LARA SIMONS	F	32	01:32:04	01:29:35	CCD SIEMENS
77	1077	NURIA FERRAZ	F	22	01:32:06	01:31:07	CPR A-DO-BARBAS
78	74	CARLA MARTINHO	F	33	01:32:10	01:28:55	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1551	DIANA S FERREIRA	F	30	01:33:18	01:30:01	DERBY LISBOA
80	559	TÂNIA A S BAPTISTA	F	25	01:33:49	01:30:22	LUA
81	1588	SÓNIA DIONISIO	F	33	01:33:55	01:32:05	INDIVIDUAL
82	1492	CATIA MARIANO	F	34	01:33:55	01:31:07	AS CATIAS
83	2492	SUSANA MALHEIRO	F	29	01:34:06	01:31:05	INDIVIDUAL
84	876	MÁRCIA JESUS	F	22	01:34:18	01:33:56	SC MOITENSE
85	2028	JOANA COLAÇO	F	31	01:34:23	01:32:20	PESTINHAS
86	1774	SARA LOPES	F	28	01:34:36	01:31:28	TURBO LENTO
87	322	ANA AFONSO	F	33	01:34:45	01:32:42	CA BARREIRA
88	1074	ANDREIA JESUS	F	32	01:34:49	01:31:55	PERNETAS
89	486	HELENA TELINO	F	34	01:34:51	01:32:50	RUN 4 FUN
90	600	PAULA CRISPIM	F	33	01:34:51	01:31:28	IMPARAVEIS
91	1257	CÁTIA SANTOS	F	29	01:34:56	01:33:41	CORRER LISBOA
92	2030	SUSANA ALBUQUERQUE	F	26	01:35:07	01:33:03	PESTINHAS
93	2056	ANGELINA SEQUEIRA	F	33	01:35:07	01:32:00	GD ÁGUIAS MOITA
94	2541	LUISA MOURÃO	F	34	01:35:10	01:33:53	CRÉDITO AGRICOLA
95	536	INÊS PAIS	F	33	01:35:22	01:32:21	MOVET
96	1565	ANGELA L COSTA	F	27	01:35:29	01:33:14	INDIVIDUAL
97	912	LILIANA RODRIGUES	F	28	01:35:40	01:32:25	INDIVIDUAL
98	326	CARINA MATIAS	F	29	01:35:52	01:33:14	CA BARREIRA
99	1038	CARLA S S MARTINIANO	F	27	01:35:54	01:34:16	INDIVIDUAL
100	2163	ANA B D' ÁGUA	F	33	01:35:59	01:34:16	INDIVIDUAL
101	1401	JOSEFINA FERNANDES	F	31	01:35:59	01:33:32	INDIVIDUAL
102	158	LUISA FREITAS	F	33	01:36:18	01:33:20	CLUBE HERMES
103	2627	ANDREIA PEREIRA	F	28	01:36:33	01:34:54	EQUIPA
104	1709	VERA ALMEIDA	F	34	01:36:55	01:34:40	SS CGD
105	708	VERA MARTINS	F	34	01:36:56	01:35:29	RITA
106	1154	INÊS CUNHA	F	27	01:37:13	01:36:03	CLUBE ROBBIALAC
107	1080	SARA M A CAETANO	F	28	01:37:18	01:33:54	CTX RUNNERS
108	1642	VERA PIRES	F	32	01:37:32	01:36:09	INDIVIDUAL
109	402	SABRINA SERRA	F	33	01:38:09	01:35:37	CCD SIEMENS
110	948	VERA COSTA	F	27	01:38:31	01:35:29	OS BEIJINHAS
111	2268	INÊS S BERNARDINO	F	29	01:38:48	01:36:47	DEVAGAR, DEVAGARINHO...
112	153	ANA S CORREIA	F	26	01:39:25	01:36:52	ROAD RUNNERS CREW
113	634	ANA C GOUVEIA	F	33	01:39:59	01:36:58	INDIVIDUAL
114	766	VÂNIA SOUSA	F	32	01:40:05	01:38:03	RESMAS
115	764	ANDREIA FERREIRA	F	34	01:40:06	01:38:05	RESMAS
116	499	SUSANA FERNANDES	F	33	01:40:18	01:39:16	GINASIO C QUELUZ
117	1899	MARTA MOUTINHO	F	34	01:40:30	01:38:57	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	123	CARLA BANDEIRA	F	34	01:40:54	01:39:49	URORUNNERS
119	392	CATARINA S PEIXOTO	F	23	01:41:00	01:39:07	RUN 4 FUN
120	2584	MÓNICA CAMACHO	F	33	01:41:14	01:38:04	CARACÓIS SALOIOS
121	437	NADIA F P SANTOS	F	23	01:41:21	01:39:24	NÃO FAZEMOS NEM MAIS UM KM
122	2176	FILIPA A R DOMINGUES	F	23	01:41:39	01:39:46	RUN@FIGUEIRA
123	1165	CÁTIA ANASTÁCIO	F	32	01:41:52	01:39:09	CLUBE GRUPO BES
124	768	CATARINA ALBUQUERQUE	F	29	01:42:17	01:40:15	RESMAS
125	814	ANA C GALHARDO	F	34	01:42:30	01:39:06	CTX RUNNERS
126	6	MÓNICA FALCÃO	F	33	01:42:31	01:39:51	TARTARUGAS SOLIDÁRIAS
127	1135	VERA SIMÕES	F	29	01:42:49	01:41:05	SCALABIS NIGHT RUNNERS
128	2138	MARIA J LOPES	F	25	01:43:25	01:41:46	AMIZADEDESportiva
129	2568	LILIANA MOREIRA	F	29	01:43:47	01:40:49	INDIVIDUAL
130	2655	ANA BENTO	F	34	01:44:32	01:41:13	OFFTEL RUNNERS
131	2405	STEPHANIE C FERNANDES	F	31	01:44:38	01:42:52	INDIVIDUAL
132	677	JOANA SEIA	F	26	01:44:40	01:41:19	MOVET
133	1794	TERESA BEMFEITA	F	32	01:45:08	01:43:00	GANHA DORES
134	2577	NATALIA RODRIGUES	F	31	01:45:57	01:43:26	MARATONISTAS DO MINHO
135	1409	LURDES SANTOS	F	29	01:46:56	01:44:59	EQUIPA RPS
136	1988	ANA FERREIRA	F	34	01:47:22	01:47:08	SCALABIS NIGHT RUNNERS
137	1989	MARTA GABRIEL	F	34	01:47:22	01:47:09	SCALABIS NIGHT RUNNERS
138	712	ANABELA E F VIDIGAL	F	34	01:48:20	01:46:08	INDIVIDUAL
139	466	ANA S M GUERRA	F	32	01:48:47	01:45:34	CORRER NA CIDADE RC
140	1834	SANDRA CAMPANIÇO	F	32	01:51:13	01:49:40	GFD RUNNING
141	2203	CÁTIA SILVA	F	26	01:52:05	01:49:09	OS MEIAS
142	2205	ELISABETE VITORINO	F	32	01:52:05	01:49:09	OS MEIAS
143	2427	CLAUDIA TAM	F	32	01:52:19	01:50:50	AÇOREANA C BANIF
144	1380	SOFIA MONTEIRO	F	26	01:53:25	01:50:38	C ORIENTAÇÃO CENTRO
145	1362	LILIANA BARBOSA	F	34	02:00:57	01:59:10	PES TROIKADOS
146	1406	MARIA J P COELHO	F	31	02:00:57	01:59:09	PÉS TROIKADOS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1088	VERÓNICA SCUTARU	F	37	01:00:10	01:00:09	A VALE SILENCIO
2	1370	DEONILDE COSTA	F	39	01:07:40	01:06:45	AC VERMOIL
3	2595	CRISTINA GAVINHO	F	37	01:09:50	01:09:33	PUMAS DO GUINCHO
4	1661	VERA VAZ	F	37	01:10:27	01:10:23	CCD O ALVITEJO
5	2421	LUCIA OLIVEIRA	F	35	01:10:50	01:10:20	AÇOREANA C BANIF
6	2512	JOYCE ANTUNES	F	37	01:12:02	01:11:11	AM ATIBA
7	652	IDA SOUSA	F	35	01:12:09	01:11:24	NÃO FAZEMOS NEM MAIS UM KM
8	1392	SUSANA MARTINS	F	36	01:12:26	01:10:27	ANIMESALUS
9	547	TANIA ANTUNES	F	37	01:12:53	01:10:08	A JORGE PINA
10	1347	RAQUEL SACCHETTI	F	36	01:13:48	01:13:25	C ORIENTAÇÃO CENTRO
11	2644	ESTELA COSTA	F	39	01:14:07	01:13:50	JOBRINDE - MONTES SALOIOS
12	57	ANDREIA M H COSTA	F	37	01:15:46	01:14:12	TARTARUGAS SOLIDÁRIAS
13	970	INES PARENTE	F	39	01:15:46	01:14:29	INDIVIDUAL
14	1004	ANA FERNANDES	F	35	01:16:01	01:15:52	SCALABIS NIGHT RUNNERS
15	1493	CATIA SANTOS	F	36	01:17:08	01:16:26	AS CATIAS
16	1177	PAULA JACOB	F	36	01:17:29	01:16:06	CLUBE GRUPO BES
17	1134	VANDA FERNANDES	F	38	01:18:12	01:18:03	SCALABIS NIGHT RUNNERS
18	101	ANA AGOSTINHO	F	37	01:18:12	01:17:12	INDIVIDUAL
19	1424	CLARA RAIMUNDO	F	38	01:18:17	01:17:34	PERNAS DE GAFANHOTO
20	209	SARA FERREIRA	F	35	01:19:19	01:17:19	V&S40
21	154	SÓNIA TÚBAL	F	37	01:19:23	01:16:20	TARTARUGAS SOLIDÁRIAS
22	102	FILIPA RAMOS	F	37	01:19:43	01:17:30	CLUBE HERMES
23	11	MARTA M S ANDRADE	F	39	01:19:54	01:19:29	TREINO EM CASA
24	2637	FILIPA SIOPA	F	35	01:20:17	01:19:25	INDIVIDUAL
25	418	MÓNICA I R LOUSADA	F	35	01:20:31	01:19:48	NADAR
26	734	PAULA FERNANDES	F	37	01:20:32	01:20:32	VODAFONE
27	2499	Mª JOSÉ P S FILIPE	F	37	01:20:50	01:18:35	PAPA KMS
28	1404	BLANDINA G S LOURENÇO	F	35	01:21:19	01:20:24	ACV
29	1158	JOANA PERALTA	F	38	01:21:22	01:20:58	RUN 4 FUN
30	321	ADRIANA ASCENSO	F	37	01:21:49	01:20:50	CA BARREIRA
31	738	SARA REIS	F	35	01:22:14	01:20:33	BURUTUTUS
32	2680	MARIA SILVA	F	38	01:22:37	01:21:04	CCD TRANQUILIDADE
33	1003	TERESA BENTO	F	39	01:23:01	01:21:45	ANDE MAIS ATIVO
34	557	SÍLVIA DE OLIVEIRA	F	36	01:23:09	01:19:37	INDIVIDUAL
35	456	SONIA LIMA	F	37	01:23:16	01:23:11	C BENFICA CONCELHO CONDEIXA
36	580	CARLA MARTINS	F	36	01:23:21	01:21:14	GANHA DORES
37	1116	LUCILENE CARDOSO	F	35	01:23:28	01:22:12	SCALABIS NIGHT RUNNERS
38	695	ELSA S C SANTIAGO	F	37	01:23:54	01:22:56	INDIVIDUAL
39	1757	LUCIDEIA PITREZ	F	36	01:23:57	01:20:33	TURBO LENTO

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

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## ESCALÕES

### F3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	892	TERESA PALOS	F	35	01:24:38	01:21:17	NÃO FAZEMOS NEM MAIS UM KM
41	1756	SUSANA DURO	F	36	01:24:43	01:21:19	TURBO LENTO
42	825	SOLANGE CABRAL	F	38	01:24:53	01:21:47	VAMOS LÁ
43	360	SOFIA I G R DELGADO	F	35	01:25:55	01:23:53	TÁ LENTO PRA CORRER
44	2348	VANDA S F ROSA	F	38	01:26:06	01:24:51	C MILLENNIUM BCP
45	12	SONIA CARVALHO	F	39	01:26:20	01:23:04	INDIVIDUAL
46	1175	NUNO MALCATA	F	35	01:27:00	01:23:48	CLUBE GRUPO BES
47	816	MARA CORREIA	F	35	01:27:24	01:26:37	INDIVIDUAL
48	2575	RAQUEL CERQUEIRA	F	35	01:27:33	01:25:02	MARATONISTAS DO MINHO
49	694	ANA T SANTOS	F	37	01:28:16	01:25:43	INDIVIDUAL
50	2490	SARA A C C FULGÊNCIO	F	37	01:28:35	01:26:57	INDIVIDUAL
51	935	MARIA L PEREIRA	F	35	01:28:58	01:27:47	KENIANOS MONTIJO
52	306	RITA G DIAS	F	39	01:29:05	01:27:00	ABC CAXARIAS
53	1341	MARGARIDA SANTOS	F	35	01:30:01	01:27:37	OBJETIVO SARDINHAS
54	654	CRISTINA F PRIOSTE	F	38	01:30:13	01:29:04	INDIVIDUAL
55	924	JOANA C MARQUES	F	36	01:30:50	01:28:49	TÁ LENTO PRA CORRER
56	1340	CLAUDIA SANTOS	F	35	01:31:02	01:28:38	OBJETIVO SARDINHAS
57	2051	HELENA MARQUES	F	37	01:31:03	01:28:27	OS KÁGADOS
58	2574	MARIA SILVIA VIANA	F	36	01:31:47	01:29:16	MARATONISTAS DO MINHO
59	1477	ANA F MANAÇA	F	38	01:31:55	01:28:38	OFFTEL RUNNERS
60	17	MONICA MATOS	F	37	01:32:07	01:31:21	BE2RUN
61	2361	SHEILA L TOMAZ	F	37	01:32:17	01:32:15	C MILLENNIUM BCP
62	413	RUTE FERNANDES	F	37	01:32:20	01:31:53	RUN 4 FUN
63	1444	ANDREA V V PASSEIRA	F	35	01:32:29	01:29:25	REVOLTADOS MIR
64	1603	RITA GONÇALVES	F	38	01:32:29	01:29:49	SS MONTEPIO GERAL
65	2440	SOFIA PORTELA	F	39	01:33:04	01:30:24	NÃO FAZEMOS NEM MAIS UM KM
66	2463	MARGARIDA SOUSA	F	37	01:33:14	01:30:17	INDIVIDUAL
67	60	RITA CIPRIANO	F	37	01:33:38	01:31:38	NÃO FAZEMOS NEM MAIS UM KM
68	584	ANDRÉIA LOUZEIRO	F	37	01:34:14	01:31:54	INDIVIDUAL
69	721	SÍLVIA M F DINIS	F	35	01:34:48	01:34:00	INDIVIDUAL
70	1162	ANA AZEVEDO	F	35	01:34:49	01:33:47	CLUBE GRUPO BES
71	709	MARLENE MENDES	F	38	01:34:51	01:31:26	FOFINHOS
72	2457	TERESA AFONSO	F	38	01:34:55	01:31:52	REVOLTADOS MIR
73	2206	RITA JORGE	F	36	01:35:39	01:32:43	OS MEIAS
74	1861	SUSANA C F REIS	F	39	01:35:51	01:33:13	SEGUE OS MEUS TÊNIS
75	1269	JAQUELINA S P VIEIRA	F	38	01:35:59	01:34:42	FAST AND FURIOUS RT
76	929	ANABELA BATISTA	F	37	01:36:38	01:35:27	INDIVIDUAL
77	313	VANDA A C REIS	F	37	01:38:04	01:37:56	SUNSET RUN PATAIAS
78	1580	CARMINHO LETRA	F	39	01:38:36	01:36:18	SCALABIS NIGHT RUNNERS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	702	ANA L FONSECA	F	36	01:38:39	01:35:49	TEJAVISTA
80	2020	JOANA PEIXOTO	F	38	01:38:42	01:36:29	WEVENTUAL
81	231	VERÓNICA SIMÕES	F	36	01:38:43	01:37:07	INDIVIDUAL
82	2214	HELENA PINTO	F	36	01:41:23	01:39:10	INDIVIDUAL
83	1975	ANITA F LINO	F	36	01:41:26	01:39:50	INDIVIDUAL
84	1479	CLÁUDIA MADALENO	F	35	01:42:24	01:40:46	PERNAS PARA QUE TE QUERO
85	1009	EUNICE CARDOSO	F	38	01:42:49	01:42:38	SCALABIS NIGHT RUNNERS
86	1977	ANA C M CARRIÇO	F	37	01:43:11	01:42:51	INDIVIDUAL
87	120	SUSANA SOUSA	F	38	01:44:14	01:42:19	SUDU
88	497	CARLA S M BERNARDO	F	35	01:44:17	01:41:19	NADAR
89	1483	RITA M LAVOS	F	35	01:44:29	01:42:41	INDIVIDUAL
90	1482	DULCE M LACERDA	F	38	01:44:29	01:42:40	INDIVIDUAL
91	1577	MONICA NOVO	F	35	01:45:15	01:42:34	RIMAR
92	225	SÓNIA I F SERRA	F	37	01:46:28	01:43:29	NADAR
93	1428	JOANA BANDEIRA	F	36	01:47:04	01:44:51	ALFRA ROAD-RUNNERS
94	63	PATRÍCIA LOURENCO	F	35	01:48:30	01:45:14	CORRIDA DIA
95	1441	DIANA I B NUNES	F	38	01:48:31	01:45:16	INDIVIDUAL
96	1607	ANA P SARAMAGO	F	38	01:52:24	01:49:41	SS MONTEPIO GERAL
97	1902	ANA S B CRUZ	F	35	01:58:38	01:56:46	RUN@FIGUEIRA
98	1778	RITA RODRIGUES	F	39	02:00:29	01:57:21	INDIVIDUAL
99	1779	ELIANA SMITH	F	36	02:00:29	01:57:21	INDIVIDUAL
100	1198	PATRICIA PINO	F	35	02:08:56	02:07:39	NINJAS ESTRADA
101	1201	MARTA VIDEIRA	F	35	02:08:57	02:07:40	NINJAS ESTRADA
102	1205	RENATA CORREIA	F	35	02:08:57	02:07:40	NINJAS ESTRADA
103	613	CÉLIA LUZ	F	37	02:09:18	02:07:09	INDIVIDUAL



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	341	SARA DE BRITO	F	44	01:03:02	01:03:02	CA BARREIRA
2	2517	Mª CARMO PINTO	F	43	01:05:44	01:05:42	AM ATIBA
3	1366	ALEXANDRA M C PORTELA	F	44	01:07:36	01:07:22	ESC ATLETISMO RUI SILVA
4	1682	SUZETE SILVA	F	44	01:08:38	01:08:19	ESC ATLETISMO RUI SILVA
5	2422	CARLA CALÇADA	F	44	01:10:05	01:09:33	AÇOREANA C BANIF
6	2311	FERNANDA M SANTINHA	F	42	01:10:57	01:09:40	QQQ
7	1839	CARLA JARDIM	F	41	01:14:19	01:13:36	AA MAFRA
8	2536	ANA FERREIRA	F	40	01:16:31	01:15:59	ANA FERREIRA
9	2539	SARA GUERRA	F	41	01:16:32	01:16:00	ANA FERREIRA
10	1599	CARLA BARBOSA	F	40	01:17:03	01:15:28	OS MATRECOS
11	2016	MÓNICA MIGUÉIS	F	41	01:17:11	01:16:44	RUN 4 FUN
12	2516	CARLA ADRO	F	41	01:18:15	01:17:21	AM ATIBA
13	1015	GEMMA S DONOSO	F	42	01:18:31	01:17:36	INDIVIDUAL
14	69	ANA I G MONTEIRO	F	43	01:19:00	01:16:38	INDIVIDUAL
15	1833	SALOMÉ FERREIRA	F	40	01:20:39	01:20:01	GFD RUNNING
16	261	CRISTINA CALDEIRA	F	44	01:20:47	01:20:25	RUNLOVERS
17	365	ANA M L MARTINS	F	40	01:20:49	01:19:44	INDIVIDUAL
18	2397	PAULA RAMOS	F	42	01:20:54	01:18:45	GCA DONAS
19	1807	ANA INÊS PEREIRA	F	43	01:21:00	01:20:25	GFD RUNNING
20	457	DINA BARROCA	F	40	01:21:26	01:21:23	C BENFICA CONCELHO CONDEIXA
21	327	CARMÉN SILVA	F	43	01:21:45	01:20:45	CA BARREIRA
22	475	FERNANDA FRANÇA	F	41	01:21:53	01:20:41	CLUBE OGMA
23	939	EMILIA NUNES	F	44	01:22:03	01:21:47	INDIVIDUAL
24	264	HELE LEITÃO	F	44	01:23:04	01:22:40	RUNLOVERS
25	1280	FILIPA I R FERNANDES	F	41	01:23:21	01:21:14	GANHA DORES
26	1266	PAULA BAKKER	F	42	01:25:33	01:24:13	FAST AND FURIOUS RT
27	490	CARLA MARQUES	F	41	01:25:47	01:24:35	EIRAGYM
28	1944	CLAÚDIA LOPES	F	42	01:25:48	01:23:20	CLUBE ANA LISBOA
29	1133	SUSANA BAPTISTA	F	40	01:28:19	01:28:11	SCALABIS NIGHT RUNNERS
30	1827	MARGARIDA PINTO	F	43	01:28:48	01:27:17	GFD RUNNING
31	1244	CAROLINA MANUEL	F	40	01:29:13	01:26:49	O MUNDO CORRIDA
32	208	VIRGINIA FONSECA	F	40	01:29:19	01:27:33	INDIVIDUAL
33	2267	FERNANDA P ALVES	F	41	01:30:14	01:29:24	AFIS OVAR
34	918	ANA T SARDINHA	F	43	01:30:15	01:27:40	AÇO TEAM
35	203	MARIA R G SANTOS	F	41	01:30:25	01:28:28	INDIVIDUAL
36	1234	MARIA F L BARRANCOS	F	42	01:31:10	01:28:11	GD BANCO BPI
37	113	ISABEL PEGO	F	43	01:31:19	01:30:43	RUN@FIGUEIRA
38	724	MARIA QUITÉRIA	F	40	01:31:37	01:30:58	ALGYMNS
39	133	SARA UNDERWOOD	F	41	01:31:47	01:31:06	MS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	19	SANDRA SIMÕES	F	44	01:31:50	01:31:29	RUN 4 FUN
41	1273	RUTE OLIVEIRA	F	43	01:32:22	01:31:04	FAST AND FURIOUS RT
42	451	CRISTINA CUNHA	F	44	01:32:42	01:30:18	INDIVIDUAL
43	1976	CLARA L MAGALHÃES	F	41	01:33:58	01:33:13	UFCI TOMAR
44	875	ANABELA MARIA	F	42	01:34:19	01:33:55	SC MOITENSE
45	669	SANDRA I SILVA	F	40	01:34:23	01:31:05	INDIVIDUAL
46	144	JÚLIA ROCHA	F	43	01:34:27	01:32:50	FALCÕES SELVAGENS
47	1752	MARIA H R SANTOS	F	41	01:34:45	01:32:41	NEL - PEDATLETA
48	829	OTÍLIA SANTOS	F	41	01:34:49	01:31:54	PERNETAS
49	2668	CÉLIA SILVA	F	42	01:34:57	01:32:04	INDIVIDUAL
50	1502	CARLA M P SILVA	F	41	01:35:02	01:32:13	INDIVIDUAL
51	129	PATRÍCIA CALADO	F	40	01:35:48	01:33:45	RUN 4 FUN
52	1452	TERESA CARNEIRO	F	43	01:35:51	01:32:38	LESMAS OESTE
53	1161	XANA FILIPE	F	43	01:35:54	01:33:11	CLUBE GRUPO BES
54	2308	ANA BARRERO	F	43	01:36:46	01:33:29	CLUSS LEGION PINTA
55	1473	HELENA MARTINS	F	44	01:37:01	01:35:32	PANELA MÁGICA
56	1886	MARISA SERRA	F	43	01:37:09	01:36:10	INDIVIDUAL
57	1581	FÁTIMA VASSALO	F	43	01:37:37	01:37:25	SCALABIS NIGHT RUNNERS
58	184	MARIA R S BARROS	F	44	01:38:00	01:35:06	JUVENTUDE VIDIGALENSE
59	403	MANUELA FONTES	F	44	01:38:09	01:35:38	CCD SIEMENS
60	1655	VICTÓRIA CARNEIRO	F	41	01:38:37	01:38:30	GD PORTO SINES
61	423	SANDRA SANTOS	F	40	01:39:01	01:36:53	INDIVIDUAL
62	1239	KARINA PEREIRA	F	40	01:39:08	01:36:13	BANDA GASTRICA
63	923	ANA I MAURICIO	F	43	01:39:39	01:37:38	TÁ LENTO PRA CORRER
64	185	ANA M C OLIVEIRA	F	40	01:39:40	01:38:32	FITPROJECT
65	1276	PAULA PINA	F	42	01:39:47	01:38:26	FAST AND FURIOUS RT
66	856	CARLA S CARVALHO	F	43	01:40:35	01:38:33	TÁ LENTO PRA CORRER
67	440	JULIA GOMES	F	41	01:40:37	01:37:32	TEAM GOURMET
68	2104	MARIA FONSECA	F	44	01:40:47	01:37:41	VAMOS LÁ
69	425	LILIAN KATO	F	40	01:41:00	01:39:07	TARTARUGAS SOLIDÁRIAS
70	999	MARGARIDA EMÍLIO	F	44	01:41:17	01:38:41	INDIVIDUAL
71	1190	TERESA MARCELINO	F	42	01:41:44	01:40:48	CLUBE GRUPO BES
72	72	ISABEL NETO	F	41	01:42:00	01:39:03	NED KELLY
73	1176	PATRICIA SANTOS	F	42	01:42:12	01:41:20	CLUBE GRUPO BES
74	1013	INÊS VINAGRE	F	40	01:42:49	01:42:41	SCALABIS NIGHT RUNNERS
75	368	ANABELA AMARAL	F	41	01:44:44	01:43:26	INDIVIDUAL
76	2501	TERESA SERRA	F	44	01:44:52	01:44:00	INDIVIDUAL
77	1087	PAULA SANTOS	F	40	01:45:49	01:42:40	VENÂNCIO
78	213	SUSANA L O ALVES	F	41	01:46:51	01:44:25	JOBRINDE - MONTES SALOIOS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	614	ANA I R CABRAL	F	44	01:46:52	01:44:26	INDIVIDUAL
80	598	ÂNGELA FERNANDES	F	41	01:47:44	01:46:06	HAPPY RUNNERS
81	1745	HELIA M S C JANARDO	F	42	01:48:12	01:45:03	INDIVIDUAL
82	1413	ELSA RIBEIRO	F	44	01:48:43	01:47:30	MRTEAM
83	2543	ISABEL VILHENA	F	40	01:50:48	01:49:25	CRÉDITO AGRICOLA
84	902	ANA I LOPES	F	44	01:53:06	01:51:22	INDIVIDUAL
85	1178	PAULA SILVA	F	44	01:53:40	01:52:48	CLUBE GRUPO BES
86	2547	SANDRA FRAZÃO	F	40	01:58:05	01:56:44	CRÉDITO AGRICOLA
87	597	ISABEL FERNANDES	F	44	02:04:35	02:02:57	HAPPY RUNNERS
88	596	FATIMA BRANCO	F	41	02:04:35	02:02:58	HAPPY RUNNERS
89	284	CLÁUDIA M RAMOS	F	40	02:09:14	02:07:00	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1662	ANA M DUARTE	F	47	01:04:38	01:04:37	CCD O ALVITEJO
2	342	SÍLVIA COELHO	F	48	01:07:36	01:07:35	CA BARREIRA
3	22	CÉLIA PAIVA	F	45	01:11:56	01:10:22	TEAM DA PTZONA
4	2395	GILDA A G MOTA	F	46	01:15:47	01:13:40	GCA DONAS
5	1288	ANA VIEIRA	F	46	01:15:56	01:15:54	CAOB
6	1233	ANA P FÓRNEAS	F	46	01:17:02	01:16:25	GD BANCO BPI
7	2392	ANA M MARTINS	F	47	01:19:21	01:17:55	FALCÕES SELVAGENS
8	919	ROSÁRIO ALMEIDA	F	46	01:20:03	01:17:22	AÇO TEAM
9	1856	ANA P ABEGÃO	F	45	01:20:29	01:19:51	CLAC - ENTRONCAMENTO
10	1094	MARIA MOTA	F	49	01:21:47	01:19:29	A VALE SILENCIO
11	408	ANABELA VIEITO	F	47	01:24:36	01:21:50	C ORIENTAÇÃO CENTRO
12	317	MAFALDA NUNES	F	45	01:25:10	01:21:50	AA LEBRES SADO
13	2401	CECÍLIA NICOLAU	F	47	01:25:11	01:21:48	AA LEBRES SADO
14	1868	ANGELA MARQUES	F	47	01:25:50	01:22:36	INDIVIDUAL
15	206	LUÍSA M M S CARVALHINHO	F	45	01:26:06	01:24:53	INDIVIDUAL
16	1163	ANA FERREIRA	F	45	01:26:06	01:25:15	CLUBE GRUPO BES
17	1693	CÉU MOVILHA	F	47	01:26:06	01:24:52	SS CGD
18	13	MARGARIDA GONÇALVES	F	46	01:26:35	01:25:48	RUN 4 FUN
19	2362	DULCE M N RAMOS	F	45	01:27:04	01:25:56	C MILLENNIUM BCP
20	1974	MARIA M COELHO	F	49	01:30:43	01:29:17	INDIVIDUAL
21	2110	CARLA JAIME	F	45	01:32:19	01:30:52	INDIVIDUAL
22	2366	CRISTINA M C LOURENCO	F	49	01:32:31	01:30:40	C MILLENNIUM BCP
23	2121	EUGÉNIA M B L LOPES	F	49	01:33:02	01:31:01	ESTRELA CAMPO AVIAÇÃO FC
24	2439	SILVIA SANTOS	F	46	01:33:05	01:30:24	NÃO FAZEMOS NEM MAIS UM KM
25	132	ANA PEREIRA	F	45	01:33:15	01:30:29	INDIVIDUAL
26	1724	CATARINA LEAL	F	45	01:34:23	01:31:11	CLUBE STRESS
27	2702	FERNANDA ALMEIDA PÉSINHO	F	45	01:35:16	01:32:44	INDIVIDUAL
28	790	JULIA M C E MENESES	F	45	01:37:51	01:35:43	GANHA DORES
29	2351	PAULA I R BATALHA	F	48	01:40:40	01:39:27	C MILLENNIUM BCP
30	224	SARA N PEDRO	F	48	01:41:20	01:39:24	NÃO FAZEMOS NEM MAIS UM KM
31	952	VANDA BELO	F	45	01:45:57	01:43:41	INDIVIDUAL
32	588	EDITE M H E S MEIRELES	F	47	01:47:42	01:45:07	MOOVE
33	1981	FLORBELA A PIRES	F	45	01:50:00	01:47:14	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### F5099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1841	HELENA MARTINS	F	52	01:09:47	01:09:38	AA MAFRA
2	1555	GRAÇA ROLDÃO	F	50	01:10:10	01:10:10	OS TUGAS
3	1663	AIDA MARTINS	F	50	01:14:33	01:14:32	CCD O ALVITEJO
4	2593	Mª CARMO BARROS	F	54	01:15:11	01:14:53	PUMAS DO GUINCHO
5	275	MANUELA FOLGADO	F	64	01:16:09	01:15:52	INDIVIDUAL
6	2471	HELENA SILVA	F	51	01:16:19	01:15:01	GD CIMPOR
7	2666	LUÍSA LEITÃO	F	61	01:16:42	01:16:42	CAA BELÉM
8	723	PAULA COUTO	F	50	01:17:50	01:17:10	ALGYMNS
9	2453	Mª JOSÉ MOTA	F	55	01:18:41	01:18:09	OS BRAGUINHAS
10	1591	MARIA M MACHADO	F	50	01:19:12	01:18:46	RUN 4 FUN
11	1385	FERNANDA COSTA	F	51	01:20:51	01:20:51	AA MAFRA
12	1790	JULIETA SANTOS	F	54	01:21:16	01:20:49	REVOLTADOS MIR
13	1978	MARIA I F VIVEIROS	F	55	01:22:51	01:22:51	IPDJ
14	411	TERESA R CONCEIÇÃO	F	55	01:23:38	01:22:19	NÃO FAZEMOS NEM MAIS UM KM
15	1281	ROSA CARVALHO	F	52	01:23:50	01:23:12	INDIVIDUAL
16	415	MARIA A CORREIA	F	59	01:25:32	01:23:23	SMO
17	2109	NÍDIA SILVA	F	59	01:28:44	01:27:18	INDIVIDUAL
18	818	DÁLIA LEITE	F	51	01:29:07	01:28:48	INDIVIDUAL
19	355	HELENA CUNHA	F	55	01:29:35	01:27:46	ASAS
20	1022	MARIA MARQUES	F	51	01:31:58	01:29:21	INDIVIDUAL
21	289	EMÍLIA M J S VIEIRA	F	58	01:33:12	01:29:44	INDIVIDUAL
22	823	ANA I MARTINS	F	53	01:33:32	01:32:08	FALCÕES SELVAGENS
23	1574	CONCEIÇÃO ALFAIATE	F	58	01:33:58	01:33:12	C BENFICA ABRANTES
24	1867	CARLA PEIXE	F	51	01:36:56	01:35:38	MACUAS
25	607	DANIELA MOURA	F	53	01:37:01	01:34:10	TEJAVISTA
26	2062	MARIA MAGALHÃES	F	51	01:40:03	01:37:02	FALTA MUITO
27	2153	ELISABETH LOUREIRO	F	56	01:41:31	01:39:08	SC CASAINHOS
28	381	ISAURA M ATANÁSIO	F	60	01:47:02	01:44:13	TEJAVISTA
29	2307	FABIOLA GURIERREZ	F	56	01:47:36	01:44:19	CLUSS LEGION PINTA
30	384	FÁTIMA LOUREIRO	F	53	01:48:20	01:46:07	FATILU
31	704	MANUELA BUSTORFF	F	59	01:50:48	01:47:58	TEJAVISTA
32	2426	MA FEE HUNG	F	64	01:53:07	01:51:35	AÇOREANA C BANIF
33	1039	MARIA C ANJOS	F	67	01:53:18	01:52:26	JF PORTELA
34	1379	MARIA PEREIRA	F	56	01:53:26	01:50:39	C ORIENTAÇÃO CENTRO
35	1329	ANA P RIBEIRO	F	50	01:56:41	01:53:32	PAC TRIATLO
36	2342	FOCK Y W CHIU	F	63	02:00:34	01:58:59	C MILLENNIUM BCP

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M0019

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2525	JOAO M JORGE	M	18	00:57:09	00:57:06	MENTE TRAQUINA
2	1398	ANDRÉ M DUARTE	M	19	01:03:03	01:01:56	INDIVIDUAL
3	2010	FÁBIO GOMES	M	19	01:07:17	01:07:11	GAU BAJOUCA
4	1078	FRANCISCO SOUSA	M	17	01:09:47	01:08:48	CPR A-DO-BARBAS
5	1546	MIGUEL P G VERDUGO	M	18	01:10:39	01:09:18	URB FONTE CORAÇÕES - GAEIRAS
6	47	JOAO PEDRO	M	15	01:14:55	01:14:54	BE2RUN
7	2648	MIGUEL CARVALHO	M	17	01:15:06	01:14:06	FALCÕES SELVAGENS
8	1010	FERNANDO ANTUNES	M	19	01:15:38	01:15:24	SCALABIS NIGHT RUNNERS
9	2022	MARTIM C SECO	M	17	01:17:08	01:14:51	WEVENTUAL
10	679	GONÇALO D CRUZ	M	16	01:18:32	01:15:39	MENINOS ODIVELAS
11	886	NUNO M V CASTANHEIRA	M	17	01:24:54	01:23:57	HORTAPRONTA, SA
12	2620	GABRIEL HENRIQUES	M	19	01:29:38	01:28:03	AD REAL ACADEMIA
13	1721	RAFAEL CALÇADA	M	18	01:33:17	01:31:22	GRDC ZAMBUJEIRA S CALVO
14	894	STANISLAV TOKARYEV	M	18	01:33:24	01:30:32	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2442	MIHAIL LALEO	M	32	00:49:10	00:49:09	OS BRAGUINHAS
2	87	FERNANDO LEMOS	M	20	00:49:28	00:49:27	UD VARZEA
3	2596	HÉLDER M L GROSSO	M	31	00:50:45	00:50:43	NUCLEOEIRAS/SPORTZONE
4	2286	PEDRO NOGUEIRA	M	30	00:51:19	00:51:17	C BENFICA TORRES VEDRAS
5	2220	PEDRO LOPES	M	23	00:52:05	00:52:04	UFCI TOMAR
6	1538	LUIS GOMES	M	33	00:52:23	00:52:21	AC VERMOIL
7	2283	DÚLIO PARREIRA	M	34	00:54:04	00:54:02	C BENFICA TORRES VEDRAS
8	1687	RODRIGO COSTA	M	23	00:54:10	00:54:06	ESC ATLETISMO RUI SILVA
9	590	CARLOS M NUNES	M	32	00:54:52	00:54:44	CP MANGUALDE
10	1657	RICARDO L M D FERREIRA	M	33	00:55:26	00:55:25	CYCLONES SANITOP
11	2510	RUI RODRIGUES	M	30	00:55:47	00:55:46	AM ATIBA
12	1924	RUI LINO	M	22	00:55:53	00:55:45	SFU 1 DEZEMBRO
13	1030	HUGO MIGUEL	M	29	00:56:12	00:56:05	C VETERANOS LIS
14	1965	EDUARDO CARDEIRA	M	31	00:56:22	00:56:19	GDR FIGUEIRAS
15	138	DIOGO BAENA	M	30	00:56:25	00:56:20	OFFTEL RUNNERS
16	1997	PEDRO CAPELA	M	34	00:56:27	00:56:21	GAU BAJOUCA
17	1540	NELSON FERREIRA	M	34	00:56:38	00:56:34	AC VERMOIL
18	178	RODRIGO G N GREGÓRIO	M	31	00:56:51	00:56:32	INDIVIDUAL
19	592	RUI RODRIGUES	M	33	00:56:56	00:56:49	CP MANGUALDE
20	2665	NUNO SILVA	M	32	00:57:04	00:57:03	CAA BELÉM
21	1251	SÉRGIO C FONSECA	M	30	00:57:32	00:57:28	AMIGOS TELHEIRO
22	1751	LUÍS M J N TRINDADE	M	34	00:57:46	00:57:23	CAC
23	1624	RUI HENRIQUES	M	34	00:58:07	00:58:00	SS MONTEPIO GERAL
24	2119	JOÃO A D MONTEIRO	M	28	00:58:39	00:58:36	ESTRELA CAMPO AVIAÇÃO FC
25	2093	PEDRO NOBRE	M	29	00:58:41	00:58:29	CP EDP LISBOA
26	1388	NUNO ABÍLIO	M	34	00:58:46	00:58:41	AM CASAL FIGUEIRAS
27	298	LUIS C J PINTO	M	26	00:58:49	00:58:43	INDIVIDUAL
28	2294	CARLOS TIAGO	M	34	00:59:21	00:59:12	KEEP RUNNING
29	2259	RICARDO JORDÃO	M	31	00:59:23	00:59:21	AMINHACORRIDA.COM
30	965	JOÃO DIAS	M	23	00:59:24	00:59:18	MOV JUVENTUDE MERELIM
31	2615	ANGELO SILVA	M	31	00:59:29	00:59:24	CCDT METRO LX
32	1850	RICARDO SILVA	M	21	00:59:44	00:59:36	CLAC - ENTRONCAMENTO
33	2643	JOAQUIM RODRIGUES	M	33	01:00:06	00:59:50	REVOLTADOS MIR
34	544	RICARDO OLIVEIRA	M	34	01:00:10	01:00:02	INDIVIDUAL
35	629	NUNO MENDES	M	32	01:00:26	01:00:18	CCRD BURINHOSA
36	974	CÉSAR F NUNES	M	27	01:00:50	01:00:42	CP PONTÉVEL
37	1056	JOÃO MARQUES	M	31	01:01:07	01:00:59	CAFÉ RUI RUNNERS
38	2035	ISMAEL MATOS	M	30	01:01:12	01:00:57	OS KÁGADOS
39	1057	CÉLIO ANASTÁCIO	M	34	01:01:20	01:01:10	CAFÉ RUI RUNNERS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	868	TIAGO MATEUS	M	25	01:01:21	01:00:54	SC MOITENSE
41	299	JOÃO M L FARINHA	M	27	01:01:27	01:01:24	ACPORTALEGRE/UTSM
42	1982	RUI F R MONTEIRO	M	31	01:01:28	01:00:12	INDIVIDUAL
43	1417	PEDRO FARTO	M	34	01:01:42	01:01:34	ATLETAS FAROLIM PENICHE
44	710	JOÃO RIBEIRO	M	32	01:01:44	00:58:23	FOFINHOS
45	1537	AMILCAR BRITO	M	27	01:01:48	01:01:45	AC VERMOIL
46	567	HUGO A S SEGURO	M	30	01:01:59	01:01:43	CARACOL TRAIL TEAM
47	2601	HONORATO MOURA	M	34	01:02:20	01:01:47	CCDT METRO LX
48	40	RUI MARTINS	M	28	01:02:25	01:02:18	INDIVIDUAL
49	720	ANDRÉ COSTA	M	32	01:02:31	01:02:13	INDIVIDUAL
50	1949	BRUNO PEIXOTO	M	30	01:02:37	01:01:50	ATLETAS FAROLIM PENICHE
51	1119	NÉLIO CARVALHO	M	33	01:02:44	01:02:39	SCALABIS NIGHT RUNNERS
52	1711	MIGUEL CAETANO	M	26	01:02:50	01:01:52	GRDC ZAMBUJEIRA S CALVO
53	2150	TIAGO GODINHO	M	21	01:02:57	01:01:59	CARACOL TRAIL TEAM
54	2169	EMANUEL SILVA	M	32	01:03:03	01:02:58	GD COSTA BRAVA
55	1028	DIOGO FERREIRA	M	32	01:03:15	01:02:50	C VETERANOS LIS
56	2161	NUNO SANTOS	M	21	01:03:30	01:03:26	SC CASAINHOS
57	1673	FABIO MARTINS	M	24	01:03:37	01:03:35	CCD O ALVITEJO
58	760	EMANUEL J B PEREIRA	M	28	01:03:40	01:02:24	ESPECIAIS CORRIDA
59	1764	ANDRÉ JORGE	M	21	01:03:58	01:03:24	OS CARREGUEIRENSES
60	931	JORGE M F DIAS	M	29	01:04:12	01:04:06	FREE RUNNERS
61	930	LEONEL C S CALVO	M	26	01:04:12	01:04:06	FREE RUNNERS
62	1027	CRISTÓVÃO GOMES	M	31	01:04:17	01:04:08	C VETERANOS LIS
63	2178	BRUNO RAPOSEIRA	M	32	01:04:23	01:04:05	INDIVIDUAL
64	867	ANDRÉ FRANCISCO	M	26	01:04:31	01:04:31	SC MOITENSE
65	1996	MIGUEL PAULINO	M	20	01:04:45	01:04:22	AMIGOS PENICHE
66	10	FILIPPE TORRES	M	30	01:04:47	01:02:49	INDIVIDUAL
67	2120	NELSON M CRUZ	M	24	01:04:52	01:04:14	ESTRELA CAMPO AVIAÇÃO FC
68	636	EDUARDO SANTOS	M	33	01:05:06	01:04:53	VFF 1896
69	640	PAULO PACHECO	M	32	01:05:07	01:04:25	FRIENDS2RUN
70	2185	FÁBIO MARTINS	M	33	01:05:22	01:04:35	CA NAZARE
71	1543	CELSO NARQUES	M	21	01:05:28	01:05:25	AC VERMOIL
72	1983	BRUNO A LUIS	M	34	01:05:33	01:04:17	INDIVIDUAL
73	741	MARCO CONCEIÇÃO	M	31	01:05:55	01:05:47	INDIVIDUAL
74	478	JOÃO P SIMÕES	M	32	01:05:55	01:05:48	INDIVIDUAL
75	2660	RICARDO VITORINO	M	32	01:05:57	01:05:31	OUR TEAM
76	541	HELDER BELIM	M	32	01:06:08	01:04:08	INDIVIDUAL
77	348	NOEL SARREIRA	M	33	01:06:09	01:05:50	POPAPNEUS
78	915	HUGO PEREIRA	M	32	01:06:13	01:05:02	PI-LINHA RUNNERS



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	2659	RICARDO FERREIRA	M	31	01:06:15	01:05:47	OUR TEAM
80	338	PEDRO MARTO	M	29	01:06:15	01:05:16	CA BARREIRA
81	1970	DAVID COSTA	M	29	01:06:18	01:05:36	INDIVIDUAL
82	105	ANTÓNIO J M PEREIRA	M	27	01:06:22	01:04:23	INDIVIDUAL
83	305	JORGE L G VIEIRA	M	31	01:06:24	01:05:35	ABC CAXARIAS
84	2257	JOÃO P C M A SILVA	M	33	01:06:24	01:05:35	INDIVIDUAL
85	150	JOÃO NARCISO	M	32	01:06:32	01:05:25	PÉS TROIKADOS
86	545	NUNO M C M MARTINS	M	33	01:06:39	01:04:05	MOOVE
87	2187	LUÍS SILVÉRIO	M	34	01:06:40	01:05:54	CA NAZARE
88	1183	PEDRO SANGUINO	M	31	01:06:44	01:06:11	CLUBE GRUPO BES
89	328	CRISTIANO CASALINHO	M	30	01:06:45	01:06:05	CA BARREIRA
90	361	OLIVIER P R FERREIRA	M	28	01:06:46	01:04:39	INDIVIDUAL
91	1053	PEDRO NEVES	M	33	01:06:56	01:05:42	CAFÉ RUI RUNNERS
92	1357	PEDRO S GONÇALVES	M	32	01:07:04	01:06:29	INDIVIDUAL
93	2298	NUNO CARVALHO	M	27	01:07:08	01:06:56	KEEP RUNNING
94	1079	MARCIO SOUSA	M	32	01:07:22	01:06:22	CPR A-DO-BARBAS
95	670	ANDRE CORDEIRO	M	21	01:07:34	01:07:22	INDIVIDUAL
96	1904	JAN H WOLF	M	32	01:07:42	01:07:37	AC JAVALINENSE
97	871	DIOGO PINTO	M	24	01:07:59	01:07:39	SC MOITENSE
98	2555	FRDERICO S PACHECO	M	21	01:08:16	01:06:54	INDIVIDUAL
99	2075	JOÃO RIBEIRO	M	28	01:08:18	01:06:56	CAFÉ RUI RUNNERS
100	114	RODRIGO S C SELADA	M	32	01:08:24	01:07:55	NEL - PEDATLETA
101	1571	WILSON NOGUEIRA	M	25	01:08:30	01:06:09	FALCÕES
102	280	SÉRGIO M S GONÇALO	M	30	01:08:54	01:08:03	BTTRAIN
103	937	NUNO LIMA	M	27	01:08:57	01:07:43	KENIANOS MONTIJO
104	1258	HELDER ALVES	M	27	01:09:00	01:07:46	CORRER LISBOA
105	1155	PEDRO RIO	M	31	01:09:02	01:07:54	CLUBE ROBBIALAC
106	238	RENATO CONSTÂNCIO	M	28	01:09:03	01:06:10	FRIENDS2RUN
107	5	FILIPE BRANCO	M	32	01:09:06	01:06:26	TARTARUGAS SOLIDÁRIAS
108	2183	DANIEL CONCEIÇÃO	M	30	01:09:12	01:08:26	CA NAZARE
109	2168	DANIEL FRANCO	M	32	01:09:18	01:09:12	GD COSTA BRAVA
110	498	ANDRÉ B O HENRIQUES	M	34	01:09:26	01:08:42	NADAR
111	190	JOÃO L A CARMO	M	24	01:09:33	01:08:35	FISIOPATELAR
112	189	PEDRO B RIBEIRO	M	26	01:09:35	01:08:38	FISIOPATELAR
113	1626	DAVID GONÇALVES	M	34	01:09:37	01:08:38	CSP CM PENICHE
114	666	RICARDO CUNHA	M	27	01:09:37	01:08:37	INDIVIDUAL
115	1246	EDGAR FERREIRA	M	32	01:09:38	01:07:29	INDIVIDUAL
116	1980	CARLOS BARROS	M	33	01:09:43	01:08:51	INDIVIDUAL
117	532	ROQUE G S SOARES	M	25	01:09:51	01:08:49	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	1020	PEDRO CARDOSO	M	32	01:09:52	01:08:16	CORRER LISBOA
119	1908	RUI R V. R. M. C. GOMES	M	31	01:09:52	01:08:19	CORRER LISBOA
120	1252	ANDRÉ RIBEIRO	M	32	01:10:10	01:09:42	AMIGOS TELHEIRO
121	1460	BERNARDO FERNANDES	M	29	01:10:11	01:07:21	ON FIRE
122	513	DIOGO N BELIM	M	25	01:10:15	01:08:15	INDIVIDUAL
123	407	TIAGO CLARO	M	29	01:10:24	01:09:39	NÃO FAZEMOS NEM MAIS UM KM
124	2483	JOAO P SANTOS	M	20	01:10:31	01:10:11	PENICHE AMIGOS CLUBE
125	568	FILIFE S LOURENÇO	M	28	01:10:36	01:08:46	INDIVIDUAL
126	1941	VASCO GAIO	M	34	01:10:36	01:09:54	OS ZATOPEQUES
127	1369	NUNO R G V F CASTRO	M	31	01:10:39	01:10:37	INDIVIDUAL
128	1468	RICARDO FIGUEIREDO	M	31	01:10:41	01:09:06	PANELA MÁGICA
129	89	TONY ANACLETO	M	31	01:10:47	01:08:48	PAC TRIATLO
130	2189	RUI ESTRELINHA	M	32	01:10:54	01:10:06	CA NAZARE
131	241	TIAGO N ANTUNES	M	34	01:10:55	01:10:04	IST-CTN-LPSR
132	899	NELSON LOPES	M	33	01:10:59	01:09:23	BOTA FOGO RUNNERS
133	1272	PEDRO BARACHO	M	30	01:11:01	01:09:40	FAST AND FURIOUS RT
134	1921	TIAGO MENEZES	M	34	01:11:01	01:10:42	GELPINHOS
135	2632	MÁRIO ALMEIDA	M	26	01:11:03	01:09:22	PÉS TROIKADOS
136	1200	ANDRÉ SIMÕES	M	29	01:11:04	01:09:55	NINJAS ESTRADA
137	1318	PEDRO VIEGAS	M	34	01:11:10	01:09:24	TITUS
138	1107	GONÇALO JANUARIO	M	29	01:11:18	01:10:18	CPR A-DO-BARBAS
139	680	NUNO M F SANTOS	M	33	01:11:19	01:10:41	NEL - PEDATLETA
140	1259	CARLOS HENRIQUES	M	30	01:11:23	01:10:06	O MUNDO CORRIDA
141	1994	RUBEN CAMACHO	M	28	01:11:27	01:10:37	INDIVIDUAL
142	765	BRUNO FRAGOSO	M	33	01:11:28	01:09:27	RESMAS
143	960	HUGO D M FILIFE	M	28	01:11:32	01:10:26	BENECAR RUNNERS
144	516	HELDER VALADAS	M	34	01:11:36	01:10:08	OS PERIGOSOS
145	2540	ARTUR FREIRE	M	28	01:11:52	01:10:33	CRÉDITO AGRICOLA
146	896	MIGUEL MAMEDE	M	26	01:11:54	01:11:17	OS LEVEZINHOS
147	2271	JOSÉ REBOLA	M	31	01:11:56	01:11:05	DEVAGAR, DEVAGARINHO...
148	2278	TELMO TEODÓSIO	M	26	01:11:57	01:11:16	NESTYGROUP
149	1552	JOÃO T S FERNANDES	M	30	01:12:03	01:08:46	DERBY LISBOA
150	1567	NUNO COSTA	M	29	01:12:12	01:09:51	INDIVIDUAL
151	2019	ALCINDO RAMALHO	M	30	01:12:14	01:09:56	WEVENTUAL
152	2683	NELSON MOREIRA	M	34	01:12:15	01:11:35	INDIVIDUAL
153	2258	TIAGO BRANCO	M	33	01:12:21	01:11:56	INDIVIDUAL
154	1636	VICTOR M P GONZALEZ	M	33	01:12:35	01:11:06	CA SANTA MARTA
155	312	MAURÍCIO P RODRIGUES	M	34	01:12:38	01:12:29	CCRD BURINHOSA
156	767	RICARDO MIRANDA	M	33	01:12:49	01:10:48	RESMAS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	2412	RUI FILIPE	M	29	01:12:51	01:11:58	TRAIL ME
158	700	GRACIANO J S FERREIRA	M	29	01:13:04	01:12:25	INDIVIDUAL
159	881	FRANCISCO A F SANTOS	M	30	01:13:04	01:12:25	SANTOS SILVA TEAM
160	2009	PEDRO RIBEIRO	M	32	01:13:06	01:12:04	GAU BAJOUCA
161	649	HELIO SANTOS	M	29	01:13:07	01:09:47	BUERAPIDOS
162	1453	HUGO CARNEIRO	M	31	01:13:08	01:09:57	LESMAS OESTE
163	2250	PEDRO FELICIANO	M	34	01:13:09	01:09:46	CLUBE SOSI
164	1356	BRUNO TRIPA	M	24	01:13:16	01:12:08	INDIVIDUAL
165	1017	BRUNO PEDROSA	M	34	01:13:19	01:12:57	CAFÉ RUI RUNNERS
166	1664	RUBEN MARTINS	M	31	01:13:22	01:11:04	CCD O ALVITEJO
167	211	LUÍS J L ALMEIDA	M	29	01:13:25	01:10:34	INDIVIDUAL
168	870	PEDRO DINIS	M	26	01:13:27	01:11:37	SC MOITENSE
169	1016	JOÃO AGUIAR	M	28	01:13:27	01:12:05	CAFÉ RUI RUNNERS
170	388	RICARDO J M COSTA	M	26	01:13:28	01:13:21	INDIVIDUAL
171	671	MARCUS PORTELA	M	32	01:13:31	01:10:41	PATATI PATATÁ BORA LÁ!
172	2260	ORLANDO LIVRAMENTO	M	33	01:13:47	01:13:08	INDIVIDUAL
173	506	FÁBIO J S FIDALGO	M	24	01:13:47	01:13:14	INDIVIDUAL
174	449	MARCO P M CACHINHO	M	34	01:13:48	01:12:30	KANINOS
175	316	DANIEL TOMAS	M	29	01:13:48	01:13:04	OS DAS CALDAS
176	2387	JOÃO PEREIRA	M	20	01:13:49	01:13:42	CLAC - ENTRONCAMENTO
177	1739	RICARDO J M A P SILVA	M	30	01:13:52	01:13:39	GANGUE SAPATILHA
178	492	ÂNGELO CANETO	M	23	01:13:55	01:11:45	SEMPRE FRENTE
179	2301	FRANCISCO J B J PEREIRA	M	21	01:13:56	01:12:55	INDIVIDUAL
180	1048	HUGO RICARDO	M	32	01:14:03	01:12:41	CAFÉ RUI RUNNERS
181	1126	OSVALDO CIPRIANO	M	32	01:14:06	01:13:55	SCALABIS NIGHT RUNNERS
182	118	JOÃO BARREIRA	M	27	01:14:12	01:13:50	RUN 4 FUN
183	398	JOÃO FERNANDES	M	28	01:14:19	01:11:51	CCD SIEMENS
184	1381	FRITZ MENDE	M	24	01:14:21	01:11:32	C ORIENTAÇÃO CENTRO
185	97	NUNO MONTEIRO	M	29	01:14:26	01:11:47	FRIENDS2RUN
186	1767	MIGUEL RAMALHO	M	33	01:14:27	01:12:59	TURBO LENTO
187	729	IGOR F S GOMES	M	30	01:14:33	01:11:52	INDIVIDUAL
188	73	PAULO R ALVES	M	29	01:14:34	01:13:37	INDIVIDUAL
189	988	LUIS MIRANDA	M	29	01:14:37	01:14:06	OS EMPENADOS
190	691	LUÍS FERREIRA	M	30	01:14:42	01:13:22	BROAS
191	688	PEDRO TAVARES	M	33	01:14:42	01:13:22	BROAS
192	1478	BRUNO FIGUEIREDO	M	24	01:14:46	01:11:27	OFFTEL RUNNERS
193	784	GONÇALO ROSA	M	27	01:14:46	01:13:22	INDIVIDUAL
194	2162	CESAR FERREIRA	M	29	01:14:55	01:14:49	SC CASAINHOS
195	890	MARCO A GUERRA	M	25	01:14:59	01:14:09	HORTAPRONTA, SA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	1180	PEDRO CATARINO	M	33	01:15:03	01:13:43	CLUBE GRUPO BES
197	2561	PAULO R T NUNES	M	24	01:15:06	01:12:07	REGRESSO DOS BAIXINHOS
198	2128	RICARDO FILIPE	M	33	01:15:13	01:13:38	MARIRUNNERS
199	797	PEDRO FIGUEIREDO	M	30	01:15:36	01:14:09	FALCÕES SELVAGENS
200	794	CLÁUDIO R FIGUEIRA	M	28	01:15:39	01:12:47	TEJAVISTA
201	1108	RUBEN GOMES	M	27	01:15:43	01:14:45	CPR A-DO-BARBAS
202	2382	PEDRO SOUSA	M	26	01:15:44	01:15:08	ROTOS DO ASFALTO
203	717	HUMBERTO MENDONÇA	M	32	01:15:44	01:15:08	ROTOS DO ASFALTO
204	872	WILSON PETISCA	M	23	01:15:50	01:15:29	SC MOITENSE
205	1408	ANGELO RIBEIRO	M	29	01:15:51	01:14:04	EQUIPA RPS
206	1645	NUNO SOARES	M	33	01:15:52	01:14:29	INDIVIDUAL
207	2504	JOÃO LIMA	M	24	01:15:53	01:13:59	DEVAGAR, DEVAGARINHO...
208	921	RICARDO TOMAZ	M	27	01:15:54	01:13:13	AÇO TEAM
209	604	ANDRÉ F F FIALHO	M	32	01:15:54	01:15:00	PIMPÕES
210	898	RICARDO N R LEAL	M	33	01:15:55	01:14:57	INDIVIDUAL
211	1467	DAVID REIS	M	30	01:15:58	01:14:52	INDIVIDUAL
212	837	CARLOS M R MADEIRA	M	27	01:16:04	01:14:58	INDIVIDUAL
213	579	JORGE DELGADO	M	30	01:16:07	01:15:46	C BENFICA FIGUEIRA FOZ
214	1594	MARCO SANTOS	M	31	01:16:11	01:14:48	CAFÉ RUI RUNNERS
215	2521	BRUNO JULIAO	M	33	01:16:19	01:14:38	PÉS TROIKADOS
216	1843	NUNO FERREIRA	M	34	01:16:22	01:15:15	C ORIENTAÇÃO CENTRO
217	362	DANIEL VILABRIL	M	33	01:16:34	01:15:19	PERNAS DE GAFANHOTO
218	461	NUNO FERREIRA	M	30	01:16:35	01:16:10	INDIVIDUAL
219	1306	RICARDO J D F CARVALHO	M	27	01:16:38	01:14:01	MOOVE
220	272	JUS SKRABAN	M	21	01:16:52	01:14:07	INDIVIDUAL
221	7	BRUNO SILVA	M	28	01:16:55	01:14:59	INDIVIDUAL
222	2159	JORGE LOURENÇO	M	20	01:17:09	01:17:03	SC CASAINHOS
223	1265	MICHEL N CARLOS	M	33	01:17:15	01:13:35	DRIVERS TEAM
224	1361	CLAUDIO SANCHES	M	34	01:17:16	01:14:29	INDIVIDUAL
225	901	FÁBIO PIEDADE	M	33	01:17:27	01:15:52	BOTA FOGO RUNNERS
226	603	FILIPE ALMEIDA	M	33	01:17:29	01:16:02	RITA
227	1646	JOÃO F S XAVIER	M	26	01:17:30	01:14:05	CTX RUNNERS
228	2006	TIAGO CRUZ	M	23	01:17:32	01:16:29	GAU BAJOUCA
229	862	ISIDRO SERRA	M	33	01:17:47	01:17:14	SC MOITENSE
230	863	HÉLIO SERRA	M	33	01:17:47	01:17:13	SC MOITENSE
231	1737	VASCO A S D SILVA	M	33	01:17:49	01:17:37	GANGUE SAPATILHA
232	1264	JOÃO M H SILVA	M	33	01:17:57	01:16:27	DRIVERS TEAM
233	1905	STEPHAN M WOLF	M	32	01:18:05	01:18:03	AC JAVALINENSE
234	400	JOÃO DIAS	M	34	01:18:08	01:15:39	CCD SIEMENS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
235	2174	RENATO RAMALHO	M	33	01:18:10	01:15:17	OS ROAZES
236	258	GONÇALO NARCISO	M	26	01:18:10	01:16:25	PES TROIKADOS
237	233	ROGÉRIO MENDES	M	28	01:18:13	01:15:08	ESTÉTICA ROSÂNGELA FRANCISCO
238	2171	VALÉRIO DIAS	M	30	01:18:13	01:15:21	OS ROAZES
239	2511	TIAGO LAGE	M	30	01:18:15	01:17:20	AM ATIBA
240	1553	LUÍS P S B MACHADO	M	29	01:18:17	01:14:59	DERBY LISBOA
241	1469	SÉRGIO FERREIRA	M	34	01:18:22	01:16:41	PANELA MÁGICA
242	785	PEDRO F M DIAS	M	30	01:18:30	01:18:01	INDIVIDUAL
243	920	NELSON DIAS	M	34	01:18:31	01:15:56	AÇO TEAM
244	1942	JOÃO T TEIXEIRA	M	27	01:18:34	01:16:54	OS TRISTES FORAM CORRER
245	1186	RODRIGO ALMEIDA	M	34	01:18:35	01:17:11	CLUBE GRUPO BES
246	1076	MARCO SOUSA	M	26	01:18:42	01:18:08	CPR A-DO-BARBAS
247	2292	ANTÓNIO VELA	M	34	01:18:49	01:17:05	ASPHALT ASSAULT TEAM
248	2587	NUNO SILVA	M	28	01:18:54	01:16:58	AC SALVATERRA
249	2410	DANIEL SILVA	M	22	01:18:59	01:17:17	RUNNING OF D MARIA
250	152	RICARDO J BALAU	M	27	01:18:59	01:16:27	ROAD RUNNERS CREW
251	1793	BRUNO BRITO	M	32	01:19:00	01:16:11	COELHOS BRITO
252	962	CESAR L FELICIANO	M	26	01:19:01	01:18:25	INDIVIDUAL
253	1145	TOBIAS R S CONDE	M	27	01:19:03	01:17:36	ZAMBUJEIRA E AMIGOS
254	452	ANDRÉ LENDRO	M	30	01:19:19	01:17:28	FOR 2
255	2243	RENATO FERREIRA	M	28	01:19:31	01:18:23	RS
256	1618	JOÃO C SANTOS	M	33	01:19:36	01:16:55	SS MONTEPIO GERAL
257	1740	VASCO M SANTOS	M	28	01:19:37	01:19:23	GANGUE SAPATILHA
258	860	GILBERTO S NUNES	M	24	01:19:40	01:18:23	INDIVIDUAL
259	508	JOAO E LOPES	M	34	01:19:44	01:17:31	INDIVIDUAL
260	2264	MÁRCIO SOUSA	M	34	01:19:57	01:17:37	PÉS DE CHUMBO
261	643	CÉSAR MEDEIROS	M	29	01:19:57	01:18:25	FALCÕES SELVAGENS
262	1262	NUNO A S SERAFIM	M	33	01:20:04	01:18:34	DRIVERS TEAM
263	2564	NUNO F N DOMINGOS	M	20	01:20:04	01:17:08	REGRESSO DOS BAIXINHOS
264	176	ANTONIO C C T BALDO	M	33	01:20:10	01:17:38	PANQUECAS
265	1984	ALEXANDRE E SANTO	M	32	01:20:11	01:18:11	INDIVIDUAL
266	681	HELIO M P PEREIRA	M	33	01:20:13	01:17:46	INDIVIDUAL
267	1011	GONÇALO OLIVEIRA	M	31	01:20:16	01:16:48	SCALABIS NIGHT RUNNERS
268	286	PEDRO SEVERINO	M	24	01:20:18	01:18:59	INDIVIDUAL
269	53	BRUNO FREIRE	M	32	01:20:18	01:18:38	INDIVIDUAL
270	1811	CARLOS PEREIRA	M	33	01:20:24	01:18:52	GFD RUNNING
271	762	RICARDO E RIBEIRO	M	29	01:20:25	01:19:07	ESPECIAIS CORRIDA
272	1442	JOÃO JACINTO	M	33	01:20:27	01:17:24	REVOLTADOS MIR
273	2200	TIAGO F CLARA	M	26	01:20:28	01:16:38	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
274	2180	ANDRÉ CARVALHO	M	33	01:20:30	01:18:29	SOAK
275	2181	MANUEL FIGUEIRA	M	26	01:20:30	01:18:30	SOAK
276	2157	ARMANDO CORREIA	M	31	01:20:31	01:20:27	SC CASAINHOS
277	245	PEDRO CANTO	M	34	01:20:36	01:19:18	INDIVIDUAL
278	1040	ELIO F R TEIXEIRA	M	29	01:20:37	01:20:02	INDIVIDUAL
279	1735	JOÃO VASCO COELHO	M	34	01:20:40	01:18:54	PÉS TROIKADOS
280	2497	PEDRO M M VIDEIRA	M	27	01:20:49	01:18:34	PAPA KMS
281	2636	CLAUDIO GONÇALVES	M	32	01:20:54	01:18:27	CAMAFEUS
282	2238	LUIS M G S PEREIRA	M	34	01:20:58	01:18:35	CD ÁGUIAS ALPIARÇA
283	239	DIOGO LEAL	M	34	01:21:01	01:17:59	FRIENDS2RUN
284	1149	DANIEL RODRIGUES	M	34	01:21:03	01:19:53	CLUBE ROBBIALAC
285	1193	RUI SÁ	M	32	01:21:08	01:18:12	INDIVIDUAL
286	1136	JOÃO G C SILVA	M	25	01:21:20	01:19:40	INDIVIDUAL
287	927	TIAGO FERNANDES	M	30	01:21:25	01:18:53	DESNÍVEL POSITIVO
288	1387	ANDRÉ BARBOSA	M	30	01:21:30	01:18:45	NBBUB
289	1628	RODOLFO VERISSIMO	M	33	01:21:32	01:20:36	CSP CM PENICHE
290	779	BRUNO FERREIRA	M	34	01:21:33	01:19:16	NECAS RUN
291	1147	JOÃO M H SILVA	M	27	01:21:46	01:20:19	ZAMBUJEIRA E AMIGOS
292	888	RAUL P LINO	M	24	01:21:47	01:17:59	HORTAPRONTA, SA
293	697	FRANCISCO CHAGAS	M	20	01:21:53	01:21:30	INDIVIDUAL
294	1373	GONÇALO N R SILVA	M	33	01:21:56	01:21:04	INDIVIDUAL
295	1386	HUGO BARBOSA	M	33	01:21:58	01:19:13	NBBUB
296	1890	BRUNO DUARTE	M	29	01:22:05	01:19:58	FRIENDS FOR FUN AND PICNICS
297	345	MARCO P O NEVES	M	33	01:22:05	01:19:16	INDIVIDUAL
298	424	XAVIER S P FRANCISCO	M	33	01:22:05	01:19:16	INDIVIDUAL
299	739	MIGUEL CONTRERAS	M	25	01:22:14	01:20:34	BURUTUTUS
300	2435	GONÇALO ROCHA	M	27	01:22:19	01:19:29	INDIVIDUAL
301	2085	JOÃO P F SANTOS	M	33	01:22:20	01:19:53	CCR MOLEANENSE
302	817	RODRIGO M F SILVA	M	34	01:22:21	01:19:52	INDIVIDUAL
303	2486	IVO CARVALHO	M	30	01:22:35	01:20:32	UEP/GOC
304	1498	JOÃO VICENTE	M	29	01:22:36	01:20:03	OS PAPOILAS SALTITANTES
305	602	PEDRO PIMENTA	M	34	01:22:41	01:21:15	RITA
306	363	JOÃO BELTRÃO	M	34	01:22:46	01:21:31	PERNAS DE GAFANHOTO
307	1321	RAFAEL EBRERO	M	34	01:23:01	01:19:51	EQUIPA EBRERO
308	887	DUARTE N V CLARA	M	22	01:23:01	01:19:12	HORTAPRONTA, SA
309	1270	MIGUEL C L PARDAL	M	31	01:23:08	01:19:57	FAST AND FURIOUS RT
310	1903	ALEXANDRE C MATOS	M	32	01:23:08	01:23:08	COSTA MATOS MAFALDINHA
311	2671	JOAO P MARQUES	M	33	01:23:09	01:21:26	PÉS TROIKADOS
312	1214	EMANUEL D FRUTUOSO	M	31	01:23:12	01:20:25	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
313	2531	JOÃO T PEREIRA	M	27	01:23:15	01:22:15	DEVAGAR, DEVAGARINHO...
314	2670	TIAGO O L M PORTUGAL	M	34	01:23:24	01:20:12	CORRER NA CIDADE RC
315	2646	NUNO H GONÇALVES	M	31	01:23:31	01:22:34	INDIVIDUAL
316	2588	JOÃO JACINTO	M	34	01:23:37	01:21:43	AC SALVATERRA
317	2245	BRUNO COUTO	M	31	01:23:40	01:22:53	CALDAS SÃO JORGE SC
318	1776	DANIEL FEITORONA	M	31	01:23:49	01:20:40	TURBO LENTO
319	1440	MILTON C P MARQUES	M	27	01:24:08	01:22:17	INDIVIDUAL
320	353	DAVID INFANTE	M	32	01:24:29	01:24:11	GARAGE TEAM
321	2025	MÁRIO NZUALO	M	25	01:24:37	01:22:19	WEVENTUAL
322	9	JOÃO F T VEIGAS	M	33	01:24:39	01:21:07	INDIVIDUAL
323	1466	JOÃO CUNHA	M	28	01:24:48	01:23:42	INDIVIDUAL
324	558	JOÃO CABANAS	M	32	01:24:54	01:22:49	SQUADRA RUNNING
325	2469	MARCIO NOGUEIRA	M	34	01:25:01	01:21:39	GP RUNNERS
326	2700	BRUNO M V RASTEIRO	M	28	01:25:02	01:24:53	INDIVIDUAL
327	446	NUNO J P BARBOSA	M	33	01:25:07	01:22:30	MOOVE
328	1060	PAULO M PINTO	M	34	01:25:08	01:22:29	MOOVE
329	686	ANTÓNIO C F VALE	M	26	01:25:18	01:22:44	ROAD RUNNERS CREW
330	309	JOÃO BERMEJO	M	32	01:25:30	01:23:26	INDIVIDUAL
331	2434	MIGUEL RODRIGUES	M	34	01:25:43	01:22:52	INDIVIDUAL
332	657	JOÃO VIEIRA DIAS	M	29	01:25:51	01:23:21	ARCELORMITTAL RUNNERS
333	207	TIAGO VINTÉM	M	30	01:25:51	01:23:22	MAROTAS RUNNERS
334	618	JOÃO M R VITORINO	M	29	01:25:54	01:25:00	HORTAPRONTA, SA
335	243	FILIPPE J P A RIBEIRO	M	34	01:25:57	01:22:35	KARAMELOS RUNNING
336	705	JOÃO C BRAS	M	31	01:26:02	01:23:23	TEJAVISTA
337	811	EDUARDO VALENTE	M	31	01:26:09	01:22:44	OS DESPORTISTAS
338	1277	NUNO G S PALHINHA	M	32	01:26:11	01:25:05	BENECAR RUNNERS
339	2137	FREDERICO C PEDRO	M	33	01:26:22	01:26:03	AMIZADEDESportiva
340	2136	SULIVAN ROMAO	M	28	01:26:22	01:26:03	AMIZADEDESportiva
341	889	PEDRO M H SOARES	M	29	01:27:01	01:26:03	HORTAPRONTA, SA
342	1860	PEDRO ANTUNES	M	23	01:27:03	01:23:49	ANTUNES
343	1419	PEDRO A MARQUES	M	26	01:27:17	01:23:38	CODY CREW
344	2628	MARCO ROSÁRIO	M	33	01:27:20	01:24:35	LOUISIANA
345	1743	ANTÓNIO J M A P SILVA	M	34	01:27:29	01:27:16	GANGUE SAPATILHA
346	2576	DUARTE N CERQUEIRA	M	34	01:27:33	01:25:02	MARATONISTAS DO MINHO
347	658	JOÃO CORREIA	M	34	01:27:40	01:25:08	ARCELORMITTAL RUNNERS
348	191	TIAGO PIRES	M	32	01:27:54	01:27:16	INDIVIDUAL
349	302	ANDRÉ F PAIVA	M	27	01:28:04	01:24:57	INDIVIDUAL
350	2014	DIOGO MESQUITA	M	25	01:28:04	01:24:38	CTX RUNNERS
351	2548	SÉRGIO TAVARES	M	31	01:28:12	01:26:50	CRÉDITO AGRICOLA



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
352	25	JOSÉ VILELA	M	31	01:28:15	01:25:43	INDIVIDUAL
353	2358	JOAO R M CANAS	M	31	01:28:16	01:28:12	C MILLENNIUM BCP
354	1438	FRANCISCO G H OLIVEIRA	M	34	01:28:17	01:24:57	INDIVIDUAL
355	159	RUBEN BAHAMONDE	M	32	01:28:18	01:25:20	CLUBE HERMES
356	255	JOÃO MIGUEL DIAS	M	33	01:28:18	01:25:21	CLUBE HERMES
357	1140	DANIEL M ALMEIDA	M	30	01:28:28	01:24:59	LUA
358	2475	JOÃO J R HENRIQUES	M	24	01:28:33	01:26:47	INDIVIDUAL
359	252	ANDRÉ SILVA	M	27	01:28:34	01:25:32	OS CARACÓIS FURIOSOS
360	934	FILIPE PASSARINHO	M	34	01:28:58	01:27:48	KENIANOS MONTIJO
361	1296	PEDRO QUELHAS	M	31	01:29:00	01:27:36	FALCÕES SELVAGENS
362	1564	JOÃO MOURA	M	30	01:29:11	01:26:30	DUPLA INÚTIL
363	873	BRUNO SÉ	M	24	01:29:16	01:27:26	SC MOITENSE
364	763	ANDRÉ FERNANDES	M	34	01:29:29	01:27:28	RESMAS
365	1563	PEDRO XAVIER	M	29	01:29:33	01:26:52	DUPLA INÚTIL
366	1859	FERNANDO ANTUNES	M	33	01:29:34	01:26:20	ANTUNES
367	1858	ANDRÉ ANTUNES	M	26	01:29:35	01:26:21	ANTUNES
368	554	ANTONIO J E CASTRO	M	33	01:29:43	01:26:22	INDIVIDUAL
369	2029	NELSON SERRA	M	30	01:29:43	01:27:40	PESTINHAS
370	1536	BRUNO GONÇALVES	M	32	01:29:46	01:28:05	INDIVIDUAL
371	217	PEDRO R H P SILVA	M	34	01:29:54	01:27:43	TÁ LENTO PRA CORRER
372	1562	GUIDO V SANTOS	M	31	01:29:55	01:27:15	DUPLA INÚTIL
373	1589	JOEL FERREIRA	M	29	01:30:12	01:30:12	REVOLTADOS MIR
374	1410	JOÃO RIBEIRO	M	22	01:30:14	01:28:31	EQUIPA RPS
375	2586	LUIS ANDRADE	M	32	01:30:17	01:28:19	AC SALVATERRA
376	914	BRUNO ROLIM	M	32	01:30:35	01:27:31	PI-LINHA RUNNERS
377	1943	JOÃO G COELHO	M	30	01:30:41	01:29:01	OS TRISTES FORAM CORRER
378	2565	FILIPE M M SALES	M	25	01:30:53	01:27:53	REGRESSO DOS BAIXINHOS
379	2562	GONÇALO DOMINGOS	M	32	01:30:53	01:27:56	REGRESSO DOS BAIXINHOS
380	2563	DAVID E NUNES	M	23	01:30:53	01:27:56	REGRESSO DOS BAIXINHOS
381	2124	RICARDO FRANCO	M	29	01:30:54	01:28:48	C PEDRO PESSOA ESC ATLETISMO
382	897	JOAQUIM DELGADO	M	31	01:30:58	01:28:14	OS LEVEZINHOS
383	1688	JOÃO M R CRUZ	M	30	01:31:07	01:27:57	INDIVIDUAL
384	845	PEDRO J ANDRADE	M	33	01:31:09	01:29:10	CORRE@CORRER
385	2470	MARCO A L CONCHINHA	M	34	01:31:20	01:27:57	GP RUNNERS
386	2242	ANDRE HENRIQUES	M	32	01:31:30	01:28:05	CXT RUNNER
387	2139	CARLOS E M SILVA	M	33	01:31:31	01:29:51	AMIZADEDESportiva
388	1343	CARLOS PASSOS	M	34	01:31:33	01:28:46	CADESGASTRA
389	1342	FILIPE PEDRO	M	28	01:31:33	01:28:46	CADESGASTRA
390	2011	JOSÉ C L SANTOS	M	33	01:31:42	01:28:32	INDIVIDUAL



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
391	1971	DAVID FRAZÃO	M	28	01:31:52	01:29:43	GANHA DORES
392	689	JOÃO BARBOSA	M	20	01:32:06	01:30:22	BROAS
393	467	HUGO COSTA	M	34	01:32:19	01:28:53	INDIVIDUAL
394	1146	RODRIGO P S MONTEIRO	M	26	01:33:02	01:31:34	ZAMBUJEIRA E AMIGOS
395	2261	JORGE OLIVEIRA	M	33	01:33:06	01:30:40	AMANTES CORRIDA
396	2462	ANTONIO ALBERTO	M	29	01:33:14	01:30:18	INDIVIDUAL
397	2090	FRANCISCO ÁLVARES	M	32	01:33:41	01:31:19	CP EDP LISBOA
398	560	DIOGO M ALMEIDA	M	30	01:33:49	01:30:21	LUA
399	660	JOSÉ SARDO	M	31	01:33:54	01:31:23	ARCELORMITTAL RUNNERS
400	372	MIGUEL COELHO	M	34	01:33:54	01:31:06	4 AO KM
401	347	JORGE VIEIRA	M	34	01:33:59	01:31:39	MITCH TEAM RUNNING
402	2215	JOAO PINTO	M	32	01:34:21	01:32:07	INDIVIDUAL
403	1144	BRUNO G R CALÇADA	M	26	01:34:28	01:33:01	ZAMBUJEIRA E AMIGOS
404	1775	RUI ARAÚJO	M	32	01:34:37	01:31:29	TURBO LENTO
405	1075	JOAO TOMASIO	M	33	01:34:49	01:31:54	PERNETAS
406	2027	BRUNO COSTA	M	32	01:35:07	01:33:04	PESTINHAS
407	1558	FILIPE MORAIS	M	23	01:35:26	01:32:13	OS TUGAS
408	1639	DIOGO MAURÍCIO	M	26	01:35:30	01:34:23	DINUTRI
409	1421	MANUEL F O GARCIA	M	32	01:36:07	01:32:52	INDIVIDUAL
410	177	JOSÉ F MAGALHÃES	M	26	01:36:11	01:32:59	INDIVIDUAL
411	905	RODRIGO N P LOPES	M	34	01:36:30	01:33:03	CASA MARÉS 1
412	2088	AMERICO J C LEAL	M	30	01:36:50	01:33:42	FRIENDS FOR FUN AND PICNICS
413	2276	FILIPE M R HONÓRIO	M	24	01:38:23	01:37:41	NESTYGROUP
414	2277	FRANCISCO A MARTINS	M	25	01:38:23	01:37:41	NESTYGROUP
415	947	NELSON SABINO	M	33	01:38:31	01:35:29	OS BEIJINHAS
416	2063	SIMÃO MOREIRA	M	33	01:40:05	01:37:04	FALTA MUITO
417	2170	PEDRO VITAL	M	33	01:40:05	01:37:07	OS ROAZES
418	1947	ALBERTO LUCAS	M	30	01:40:05	01:37:04	FALTA MUITO
419	1870	NUNO ANTUNES	M	28	01:40:20	01:39:15	GA MONSANTO GASCAN
420	1898	PEDRO MOUTINHO	M	31	01:40:21	01:38:48	INDIVIDUAL
421	690	PEDRO PIRES	M	34	01:40:57	01:39:14	BROAS
422	2175	JOSÉ D R L BRAGA	M	26	01:41:13	01:39:20	RUN@FIGUEIRA
423	515	HUMBERTO SOEIMA	M	28	01:41:35	01:38:17	INDIVIDUAL
424	1118	MANUEL VINAGRE	M	34	01:42:49	01:41:05	SCALABIS NIGHT RUNNERS
425	2204	JOÃO MENDES	M	29	01:49:10	01:46:15	OS MEIAS
426	1614	DANIEL FARINHA	M	29	01:52:24	01:49:41	SS MONTEPIO GERAL
427	1250	NUNO F F MARQUES	M	34	01:53:25	01:50:38	AMIGOS TELHEIRO

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1810	BRUNO FRAGA	M	37	00:50:17	00:50:16	GFD RUNNING
2	2507	TELMO SILVA	M	35	00:50:33	00:50:31	AM ATIBA
3	70	BRUNO SOARES	M	35	00:52:00	00:51:59	WILD TEAM
4	2284	CARLOS CORREIA	M	39	00:52:41	00:52:40	C BENFICA TORRES VEDRAS
5	1069	PAULO GUIMARÃES	M	37	00:53:33	00:53:33	ACLIS LIBERTY SEGUROS
6	1568	PAULO ALVES	M	36	00:55:03	00:54:59	EQ Filarmónica ATOUGUIA BALEIA
7	2396	GABRIEL MACCHI	M	39	00:55:07	00:55:06	GCA DONAS
8	2398	MARTIM NUNES	M	37	00:55:08	00:55:07	GCA DONAS
9	2017	VÍTOR OLIVEIRA	M	35	00:56:55	00:56:41	WEVENTUAL
10	1803	NUNO SILVA	M	37	00:57:02	00:56:46	CAL
11	1939	EMANUEL BANDEIRA	M	38	00:57:05	00:56:55	GELPINHOS
12	880	JOAO CANAS	M	38	00:57:36	00:57:29	EQ Filarmónica ATOUGUIA BALEIA
13	1501	PEDRO M R SILVA	M	35	00:57:41	00:57:03	INDIVIDUAL
14	2707	HENRIQUE VENANCIO	M	38	00:57:55	00:57:46	PAC TRIATLO
15	2287	NELSON SANTOS	M	39	00:58:04	00:58:03	C BENFICA TORRES VEDRAS
16	1937	SERGIO GLORIA	M	36	00:58:40	00:58:35	GELPINHOS
17	984	ALEXANDRE O ANDRADE	M	38	00:59:36	00:59:27	INDIVIDUAL
18	2319	MÁRIO COUTO	M	37	00:59:59	00:59:40	INDIVIDUAL
19	464	PAULO A M N RODRIGUES	M	37	01:00:27	01:00:20	ACAVENTURA
20	2710	PEDRO MARQUES	M	39	01:00:31	01:00:16	INDIVIDUAL
21	2597	NUNO PITA	M	38	01:00:36	01:00:32	CCDT METRO LX
22	1845	JOÃO P FERREIRA	M	37	01:00:39	01:00:17	CLAC - ENTRONCAMENTO
23	976	CELSO F NUNES	M	35	01:00:56	01:00:49	CP PONTÉVEL
24	932	CARLOS J P COELHO	M	38	01:00:59	01:00:57	AD RIO LARGO C ESPINHO
25	1830	PEDRO SOBRAL	M	36	01:01:10	01:00:38	GFD RUNNING
26	2074	ARMINDO BOTO	M	38	01:01:16	01:01:04	CAFÉ RUI RUNNERS
27	1806	DIOGO BARBOSA	M	36	01:01:31	01:01:26	CA PENAFIRME
28	2037	RUI CARDOSO	M	38	01:01:32	01:01:17	OS KÁGADOS
29	2300	PEDRO NASCIMENTO	M	35	01:01:34	01:00:59	INDIVIDUAL
30	2002	OTELO PEREIRA	M	39	01:01:36	01:01:29	GAU BAJOUCA
31	2638	CARLOS LOPES	M	39	01:01:42	01:01:40	A MINHA CORRIDA
32	2007	NUNO BRANCO	M	35	01:02:04	01:01:58	GAU BAJOUCA
33	753	GIL X ALVES	M	37	01:02:11	01:02:05	UNIDOS MANUTENÇÃO
34	1304	RICARDO MONTEIRO	M	38	01:02:29	01:02:05	C VETERANOS LIS
35	1920	PAULO ROBALO	M	37	01:02:35	01:02:24	GELPINHOS
36	325	ANTÓNIO REIS	M	39	01:02:47	01:02:46	CA BARREIRA
37	393	PAULO J R CARVALHO	M	38	01:02:55	01:02:48	ACAVENTURA
38	635	FERNANDO ALMEIDA	M	36	01:03:06	01:02:51	VFF 1896
39	2415	RICARDO ALVES	M	36	01:03:18	01:02:45	AÇOREANA C BANIF

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1376	BRUNO MARRÃO	M	38	01:03:21	01:03:02	INDIVIDUAL
41	1034	TELMO INÁCIO	M	35	01:03:23	01:03:00	C VETERANOS LIS
42	2186	HERALDO PEIXE	M	35	01:03:30	01:03:28	CA NAZARE
43	2036	VASCO MACIEIRA	M	35	01:03:34	01:03:19	OS KÁGADOS
44	2289	PEDRO FERREIRA	M	36	01:03:40	01:03:19	C BENFICA TORRES VEDRAS
45	100	NURO M CARVALHO	M	38	01:03:55	01:03:42	INDIVIDUAL
46	167	LUIS M C NEVES	M	36	01:04:01	01:03:33	MARINHAIS AC
47	58	SÉRGIO N M B PONTES	M	36	01:04:15	01:03:53	LX RUN
48	1120	NUNO AMORIM	M	36	01:04:16	01:04:10	SCALABIS NIGHT RUNNERS
49	1110	NUNO JORGE	M	39	01:04:19	01:04:09	CPR A-DO-BARBAS
50	18	NUNO SILVA	M	38	01:04:31	01:04:10	LX RUN
51	1315	MARCO A M MIGUEL	M	37	01:04:36	01:04:29	INDIVIDUAL
52	1051	JOSÉ NEVES	M	35	01:04:47	01:03:39	CAFÉ RUI RUNNERS
53	1763	JOÃO BERNARDES	M	38	01:05:03	01:04:29	OS CARREGUEIRENSES
54	336	NUNO DIAS	M	36	01:05:08	01:01:37	CA BARREIRA
55	1612	AUGUSTO PORTUGAL	M	39	01:05:08	01:01:59	SS MONTEPIO GERAL
56	1202	MIGUEL SALGUEIRO	M	37	01:05:12	01:04:09	NINJAS ESTRADA
57	1355	LUIS ALVES	M	39	01:05:17	01:04:13	INDIVIDUAL
58	1814	FERNANDO GOMES	M	39	01:05:19	01:04:44	GFD RUNNING
59	2005	NÉLSON NORTE	M	39	01:05:23	01:04:59	GAU BAJOUCA
60	2503	RUI M C FERNANDES	M	39	01:05:29	01:04:54	INDIVIDUAL
61	754	VITOR A S CARDOSO	M	35	01:05:31	01:04:28	INDIVIDUAL
62	219	GONÇALO N S BARREIRO	M	39	01:05:32	01:05:21	INDIVIDUAL
63	1018	LUÍS OLIVEIRA	M	39	01:05:37	01:04:23	CAFÉ RUI RUNNERS
64	479	TELMO CAMPOS	M	39	01:05:40	01:05:29	INDIVIDUAL
65	1470	MARCO JACINTO	M	38	01:05:52	01:04:17	PANELA MÁGICA
66	106	AURELIO AFONSO	M	37	01:05:58	01:04:47	ADCR PJ
67	2624	DAVID KARIM	M	36	01:05:58	01:04:09	AD REAL ACADEMIA
68	726	JOSE L GONÇALVES	M	38	01:06:26	01:05:59	ATLETAS FAROLIM PENICHE
69	1762	CARLOS FRANCISCO	M	38	01:06:36	01:06:21	OS CARREGUEIRENSES
70	799	ARNALDO FERREIRA	M	37	01:06:37	01:05:46	BTTRAIN
71	435	PEDRO M C M BARBAS	M	38	01:06:42	01:05:52	INDIVIDUAL
72	525	FERNANDO ANDRADE	M	35	01:06:47	01:05:20	OS PERIGOSOS
73	2385	DÁRIO FERREIRA	M	38	01:07:00	01:06:49	RTOS DO ASFALTO
74	1142	LUIS MENDES	M	39	01:07:06	01:04:55	INDIVIDUAL
75	389	PEDRO SOARES	M	37	01:07:20	01:05:32	CORRER LISBOA
76	961	GONÇALO M P HENRIQUES	M	35	01:07:25	01:07:14	BAMBU MAIOR, MÓVEIS DECORAÇÕES
77	1182	PEDRO GABRIEL	M	39	01:07:27	01:06:53	CLUBE GRUPO BES
78	2460	LUIS SILVA	M	38	01:07:30	01:07:02	RIBEIRENSE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	220	SAMUEL BRANCO	M	39	01:07:30	01:05:35	CRP RIBAFRIA
80	1788	ALCIDES A ESTRELA	M	37	01:07:37	01:06:23	INDIVIDUAL
81	2604	HUMBERTO BRITO	M	39	01:07:38	01:07:23	CCDT METRO LX
82	787	PEDRO M DOMINGOS	M	36	01:08:06	01:07:48	INDIVIDUAL
83	2316	FILIPE VELUDO	M	39	01:08:07	01:07:52	OS AMIGOS DO B!
84	1819	HUGO PINTO	M	35	01:08:17	01:07:43	GFD RUNNING
85	386	FILIPE MARQUES	M	37	01:08:25	01:06:31	MITCH TEAM RUNNING
86	1877	DIOGO MARTINS	M	37	01:08:28	01:07:34	INDIVIDUAL
87	2158	MANUEL BENTO	M	37	01:08:30	01:08:26	SC CASAINHOS
88	1336	VITOR NOVAIS	M	38	01:08:39	01:07:34	GAA VILA FRANCA XIRA
89	1969	MIGUEL A V RIBEIRO	M	35	01:08:41	01:07:35	ARCELORMITTAL RUNNERS
90	117	ARMANDO C RAFAEL	M	39	01:08:42	01:06:53	CA NAZARE
91	1	MAURO E F GONÇALVES	M	39	01:08:52	01:08:11	CLUBE VODAFONE
92	2096	ALEXANDRE SILVA	M	35	01:08:54	01:08:11	AGD ACADEMIA KORPO
93	2098	PAULO SILVA	M	36	01:08:54	01:08:11	AGD ACADEMIA KORPO
94	2404	BRUNO M S PEDROSA	M	36	01:08:56	01:07:25	INDIVIDUAL
95	1054	SERGIO MECA	M	36	01:08:56	01:08:34	CAFÉ RUI RUNNERS
96	2330	LUIS F A GONCALVES	M	36	01:09:12	01:08:19	C MILLENNIUM BCP
97	2083	SERGIO E F COUTINHO	M	38	01:09:14	01:09:00	INDIVIDUAL
98	2513	LUIS MACIEIRA	M	37	01:09:17	01:08:25	AM ATIBA
99	2477	ANTÓNIO COELHO	M	39	01:09:18	01:08:27	TRAIL ME
100	2481	AMILCAR SANTOS	M	39	01:09:23	01:07:21	UEP/GOC
101	1966	PAULO MORENO	M	36	01:09:24	01:09:12	GDR FIGUEIRAS
102	2485	ÉLIO OLIVEIRA	M	36	01:09:24	01:07:21	UEP/GOC
103	2182	ALEXANDRE ISAAC	M	37	01:09:25	01:09:25	CA NAZARE
104	2711	NUNO VIEGAS	M	36	01:09:29	01:09:00	INDIVIDUAL
105	1082	CARLOS B S V GRADE	M	39	01:09:43	01:08:50	FURA O PNEU
106	791	VASCO TAVARES	M	37	01:09:44	01:08:09	CORRER LISBOA
107	1449	RICARDO G M SILVA	M	35	01:09:45	01:06:35	LESMAS OESTE
108	2033	ROGÉRIO BASTOS	M	37	01:09:46	01:09:30	OS KÁGADOS
109	2472	HELDER GONÇALVES	M	39	01:09:54	01:08:19	GD CIMPOR
110	1325	NÉLIO J S R RODRIGUES	M	38	01:10:07	01:08:36	INDIVIDUAL
111	2105	PEDRO MOURATO	M	39	01:10:11	01:09:09	ALPTRILHOS
112	1801	JOÃO C MOURATO	M	39	01:10:11	01:09:09	ALPTRILHOS
113	911	LUIS M O GERALDES	M	38	01:10:29	01:09:38	INDIVIDUAL
114	170	HUGO M C S S SILVA	M	37	01:10:30	01:09:59	SUNSET RUNNERS
115	2716	NUNO MOLEIRO	M	36	01:10:34	01:07:39	INDIVIDUAL
116	2073	JOSÉ DIAS	M	37	01:10:36	01:09:22	CAFÉ RUI RUNNERS
117	1940	RUI MONTEIRO	M	38	01:10:37	01:09:54	OS ZATOPEQUES

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	28	ANDRÉ ORNELAS	M	35	01:10:39	01:09:24	CORRER LISBOA
119	1109	LUIS FERNANDES	M	35	01:11:17	01:10:21	CPR A-DO-BARBAS
120	2607	HUGO PINTO	M	38	01:11:25	01:09:22	CCDT METRO LX
121	651	PEDRO DATIA	M	35	01:11:28	01:09:39	TRUMMETEAM
122	1152	PEDRO FERREIRA	M	36	01:11:31	01:10:21	CLUBE ROBBIALAC
123	1203	DANIEL FERREIRA	M	37	01:11:42	01:10:41	NINJAS ESTRADA
124	359	DANIEL J G O SANTOS	M	37	01:12:03	01:10:00	TÁ LENTO PRA CORRER
125	75	BRUNO PANDAIO	M	37	01:12:03	01:11:55	INDIVIDUAL
126	653	DAVID CASTRO	M	38	01:12:09	01:11:24	NÃO FAZEMOS NEM MAIS UM KM
127	419	NUNO F L BALTAZAR	M	38	01:12:10	01:11:03	INDIVIDUAL
128	1799	JORGE M P LUIS	M	37	01:12:12	01:12:00	INDIVIDUAL
129	2379	ANDRE MOTA	M	37	01:12:16	01:10:00	URD ARRANHÔ
130	1494	PEDRO H V RIBEIRO	M	38	01:12:17	01:11:53	CANHÕES NAZARÉ
131	1002	RUI FALHAS	M	39	01:12:24	01:09:20	RB RUNNING
132	1391	MIGUEL BALTAZAR	M	39	01:12:26	01:10:28	ANIMESALUS
133	2452	CARLOS ALVES	M	39	01:12:27	01:11:56	OS BRAGUINHAS
134	2231	CARLOS BENTO	M	39	01:12:31	01:11:25	RAIL RUNNERS
135	476	MARCO MORGADO	M	35	01:12:35	01:11:59	INDIVIDUAL
136	1637	FRANCISCO J S CINTAS	M	36	01:12:35	01:11:05	CA SANTA MARTA
137	2023	ANTÓNIO M RODRIGUES	M	35	01:12:35	01:10:17	WEVENTUAL
138	8	MARCO P R F BORGES	M	37	01:12:38	01:10:50	TARTARUGAS SOLIDÁRIAS
139	1847	DANIEL MORGADO	M	36	01:12:40	01:12:18	CLAC - ENTRONCAMENTO
140	1334	MAURO PIMENTA	M	37	01:12:43	01:11:37	GAA VILA FRANCA XIRA
141	1507	JORGE CORREIA	M	37	01:12:47	01:10:30	INDIVIDUAL
142	59	PEDRO M SILVA	M	37	01:13:10	01:12:26	NÃO FAZEMOS NEM MAIS UM KM
143	1049	TIAGO GOUVEIA	M	35	01:13:14	01:11:52	CAFÉ RUI RUNNERS
144	1339	JORGE SILVA	M	36	01:13:23	01:13:23	OBJETIVO SARDINHAS
145	216	RUI ALEGRE	M	35	01:13:24	01:11:08	INDIVIDUAL
146	2193	JOÃO CONTÂNTINO	M	39	01:13:25	01:12:40	CA NAZARE
147	2102	FRANCISCO RODRIGUES	M	38	01:13:33	01:12:53	INDIVIDUAL
148	1582	HELDER MENDES	M	38	01:13:34	01:13:23	SCALABIS NIGHT RUNNERS
149	1393	PEDRO A M VIEIRA	M	35	01:13:34	01:12:54	INDIVIDUAL
150	1750	CARLOS JESUS	M	39	01:13:37	01:13:23	O MUNDO CORRIDA
151	1123	NUNO MARTINS	M	38	01:13:37	01:13:23	SCALABIS NIGHT RUNNERS
152	2523	JORGE P SILVA	M	39	01:13:38	01:12:54	MENTE TRAQUINA
153	621	ANTÓNIO P SIMÕES	M	38	01:13:38	01:12:46	HORTAPRONTA, SA
154	1789	VITOR FERREIRA	M	35	01:13:41	01:12:44	LIKE RUN
155	1912	RICARDO RODRIGUES	M	37	01:13:43	01:12:49	GELPINHOS
156	683	PEDRO A O SERRANO	M	36	01:13:49	01:10:27	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	164	PEDRO SERRA	M	38	01:14:04	01:12:33	CORRER LISBOA
158	883	LUIS VICENTE	M	36	01:14:08	01:11:04	PI-LINHA RUNNERS
159	1290	LUIS BOTELHO	M	36	01:14:19	01:14:16	CAOB
160	520	MARCO CASEIRO	M	36	01:14:23	01:12:56	OS PERIGOSOS
161	2589	PEDRO VALENÇA	M	39	01:14:23	01:13:50	OS BRAGUINHAS
162	1197	SÉRGIO COSTA	M	36	01:14:24	01:13:15	NINJAS ESTRADA
163	2314	MARCUS BONITO	M	39	01:14:49	01:13:39	OS AMIGOS DO B!
164	168	JOSE L C S LEAL	M	37	01:14:52	01:14:25	MARINHAIS AC
165	1131	RODRIGO FERREIRA	M	35	01:14:54	01:14:42	SCALABIS NIGHT RUNNERS
166	173	ALBERTO VERISSIMO	M	39	01:15:08	01:14:50	INDIVIDUAL
167	1844	FILIPE SALMIM	M	39	01:15:17	01:13:05	INDIVIDUAL
168	2310	EMANUEL LOPES	M	38	01:15:19	01:14:17	INDIVIDUAL
169	2522	PEDRO BRITO	M	35	01:15:24	01:13:36	PÉS TROIKADOS
170	744	BRUNO COLAÇO	M	38	01:15:28	01:12:28	INDIVIDUAL
171	1734	PEDRO RIBEIRO	M	37	01:15:36	01:14:25	CLUBE STRESS
172	1139	DUARTE CALDEIRA	M	35	01:15:45	01:15:18	INDIVIDUAL
173	2004	PEDRO CABECINHAS	M	36	01:15:50	01:14:01	GAU BAJOUCA
174	44	MIGUEL BERMONTE	M	38	01:15:57	01:14:18	BESMART
175	953	LUIS M S VITORINO	M	37	01:16:00	01:15:06	CARACOL TRAIL TEAM
176	2237	NUNO M T PAULINO	M	38	01:16:04	01:13:42	CD ÁGUIAS ALPIARÇA
177	2091	HELDER MARTINS	M	38	01:16:05	01:13:43	CP EDP LISBOA
178	16	RUI MATOS	M	37	01:16:07	01:15:22	BE2RUN
179	674	RENATO RAMOS	M	35	01:16:08	01:13:07	MOVET
180	1481	ANTÓNIO SOARES	M	36	01:16:15	01:14:41	PERNAS PARA QUE TE QUERO
181	798	NELSON DUARTE	M	39	01:16:16	01:15:13	INDIVIDUAL
182	1309	MARCIAL G CUBERO	M	35	01:16:17	01:14:00	NAO
183	1232	JORGE F NUNES	M	36	01:16:18	01:15:21	GD BANCO BPI
184	994	JOAO P G DUARTE	M	39	01:16:33	01:15:59	INDIVIDUAL
185	1285	DUARTE REIS	M	36	01:16:36	01:14:26	CAOB
186	468	CARLOS J M FILIPE	M	39	01:16:44	01:13:49	INDIVIDUAL
187	1631	MIGUEL MEDINA	M	39	01:16:53	01:16:39	SACI PERERE
188	556	NUNO C PINTO	M	36	01:17:05	01:13:30	INDIVIDUAL
189	1765	TIAGO M L R DIOGO	M	37	01:17:07	01:14:48	INDIVIDUAL
190	54	JOSÉ A GOMES	M	36	01:17:09	01:13:48	CORRER LISBOA
191	1326	NUNO MESQUITA	M	35	01:17:09	01:16:54	INDIVIDUAL
192	530	ALEXANDRE D R FRUTUOSO	M	35	01:17:16	01:15:28	INDIVIDUAL
193	432	INÁCIO JOSE FAISCA	M	38	01:17:20	01:15:14	BTTRAIN
194	980	DELIO S MARQUES	M	35	01:17:21	01:15:22	SOGIMA SPORT
195	2282	RICARDO PEREIRA	M	38	01:17:27	01:15:40	CLUBE OGMA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	1384	FILIFE SANTOS	M	37	01:17:28	01:16:42	INDIVIDUAL
197	1785	JOÃO BRONZE	M	36	01:17:35	01:14:20	INDIVIDUAL
198	1248	RUI J R SILVA	M	37	01:17:39	01:17:11	AMIGOS TELHEIRO
199	678	NUNO A BAIXINHO	M	39	01:17:42	01:16:57	MENINOS ODIVELAS
200	1050	NUNO GOUVEIA	M	38	01:17:46	01:16:24	CAFÉ RUI RUNNERS
201	253	JOÃO GIL	M	37	01:17:55	01:15:27	OS CARACÓIS FURIOSOS
202	1895	RICARDO J SILVA	M	36	01:17:55	01:15:39	INDIVIDUAL
203	110	EDUARDO OVELINHAS	M	35	01:18:00	01:16:55	IRREDUTIVEIS
204	1414	PEDRO RIBEIRO	M	36	01:18:02	01:15:36	INDIVIDUAL
205	442	NORBERTO HENRIQUES	M	37	01:18:05	01:17:16	C ORIENTAÇÃO CENTRO
206	2518	RUI ISIDORO	M	37	01:18:07	01:15:30	DEVAGAR, DEVAGARINHO...
207	1058	FERNANDO AMÂNCIO	M	35	01:18:07	01:16:44	CAFÉ RUI RUNNERS
208	2172	JOSÉ MARTINS	M	35	01:18:15	01:15:22	OS ROAZES
209	96	PEDRO M NOGUEIRA	M	37	01:18:15	01:15:36	FRIENDS2RUN
210	108	RICARDO CHASQUEIRA	M	36	01:18:15	01:15:12	IRREDUTIVEIS
211	2038	PEDRO PAIVA	M	35	01:18:17	01:17:21	OS KÁGADOS
212	417	HUGO M SANTOS	M	36	01:18:26	01:16:43	INDIVIDUAL
213	1884	NUNO FIALHO	M	35	01:18:30	01:17:09	FIALHOS CREW
214	1171	LUÍS LEITÃO	M	37	01:18:35	01:17:08	CLUBE GRUPO BES
215	1405	TELMO PIRES	M	37	01:18:40	01:16:07	INDIVIDUAL
216	1033	JÚLIO LOPES	M	39	01:18:44	01:18:27	C VETERANOS LIS
217	904	SERGIO PAULO	M	37	01:18:46	01:16:50	OS PINHEIROS
218	1497	BRUNO SILVA	M	38	01:18:50	01:16:14	OS PAPOILAS SALTITANTES
219	2213	JOÃO REIS	M	39	01:18:53	01:16:57	CASCAIS PANDILHA REDUX
220	2682	JOÃO MARQUES	M	39	01:18:54	01:17:21	CCD TRANQUILIDADE
221	917	RUI MANUEL DIAS	M	39	01:18:56	01:15:53	PI-LINHA RUNNERS
222	2542	MIGUEL VINAGRE	M	38	01:19:11	01:17:51	CRÉDITO AGRICOLA
223	1560	SÉRGIO RIBEIRO	M	39	01:19:12	01:18:30	SB TEAM ON FOOT
224	1604	NUNO RODRIGUES	M	39	01:19:24	01:16:43	SS MONTEPIO GERAL
225	2165	MIGUEL BARBA	M	36	01:19:37	01:18:52	GD COSTA BRAVA
226	229	RICARDO A VIEGAS	M	37	01:19:37	01:18:49	INDIVIDUAL
227	855	VASCO MAGALHAES	M	37	01:19:41	01:17:54	TARTARUGAS SOLIDÁRIAS
228	36	NUNO RITO	M	35	01:19:41	01:17:51	PORTUGAL RUNNING
229	41	PEDRO GOUVEIA	M	38	01:19:53	01:17:29	LX RUN
230	21	DANIEL RAMOS	M	37	01:19:54	01:19:29	JOBRINDE - MONTES SALOIOS
231	1293	FERNANDO OLIVEIRA	M	35	01:19:54	01:17:45	INDIVIDUAL
232	1389	HUGO M C SEQUEIRA	M	36	01:19:54	01:17:46	INDIVIDUAL
233	2389	JOÃO GONÇALVES	M	37	01:20:07	01:19:24	INDIVIDUAL
234	122	BRUNO GRAÇA	M	37	01:20:09	01:19:04	URORUNNERS



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
235	1703	PEDRO LOPES	M	35	01:20:10	01:17:53	SS CGD
236	1897	RICARDO P FERREIRA	M	37	01:20:18	01:18:08	FRIENDS FOR FUN AND PICNICS
237	2092	HUGO SEVERINO	M	36	01:20:20	01:19:00	CP EDP LISBOA
238	1832	RODRIGO SERRA	M	37	01:20:24	01:18:30	GFD RUNNING
239	1499	PAULO PEÇA	M	39	01:20:25	01:17:49	OS PAPOILAS SALTITANTES
240	481	RENATO A C FRANCO	M	36	01:20:25	01:17:12	INDIVIDUAL
241	1495	RICARDO SOUSA	M	37	01:20:25	01:17:49	OS PAPOILAS SALTITANTES
242	1702	MIRALDO RAMOS	M	36	01:20:30	01:19:19	SS CGD
243	215	HELDER A M R RODRIGUES	M	39	01:20:35	01:19:47	PAPA KMS
244	673	RUI C B BRILHANTE	M	39	01:20:50	01:18:41	GANHA DORES
245	156	JOÃO VAGOS	M	39	01:20:53	01:20:13	INDIVIDUAL
246	1375	HUGO PROENÇA	M	39	01:20:54	01:17:46	INDIVIDUAL
247	94	HUMBERT C C SIMÕES	M	37	01:20:56	01:19:25	INDIVIDUAL
248	2048	CARLOS SOEIRA	M	36	01:20:57	01:18:22	OS KÁGADOS
249	237	NUNO CONSTÂNCIO	M	37	01:21:00	01:18:06	FRIENDS2RUN
250	1403	HELDER MIRANDA	M	35	01:21:19	01:20:24	INDIVIDUAL
251	470	RENATO CARVALHO	M	38	01:21:26	01:18:12	C BENFICA CONCELHO CONDEIXA
252	1701	MIGUEL REIS	M	38	01:21:28	01:19:06	SS CGD
253	320	NELSON A SÁ GOMES	M	36	01:21:37	01:19:04	INDIVIDUAL
254	319	RENATO A SÁ GOMES	M	36	01:21:37	01:19:05	INDIVIDUAL
255	1804	JOEL SANTOS	M	38	01:21:38	01:19:54	CAL
256	687	NUNO G COSTA	M	36	01:21:41	01:19:58	INDIVIDUAL
257	429	MIGUEL AMARAL	M	38	01:21:45	01:20:03	INDIVIDUAL
258	1461	JOÃO R ALMEIDA	M	36	01:21:57	01:19:01	ON FIRE
259	2706	ANDRE CARDOSO	M	39	01:22:09	01:19:25	INDIVIDUAL
260	2675	BRUNO HORTELAO	M	35	01:22:31	01:21:29	LV TEAM
261	1204	SÉRGIO PEREIRA	M	36	01:22:52	01:21:43	NINJAS ESTRADA
262	65	NELSON MARQUES	M	37	01:22:54	01:21:03	INDIVIDUAL
263	1320	PATRICK EBRERO	M	35	01:23:01	01:19:51	EQUIPA EBRERO
264	14	ANDRÉ SEQUEIRA	M	36	01:23:10	01:20:46	LX RUN
265	2468	PEDRO M PEREIRA	M	38	01:23:20	01:21:35	EQUIPA RPS
266	2478	RUI AMADOR	M	39	01:23:21	01:21:18	UEP/GOC
267	314	NUNO ALVES	M	39	01:23:24	01:20:11	INDIVIDUAL
268	2544	NUNO SIMOES	M	36	01:23:26	01:22:13	CRÉDITO AGRICOLA
269	304	SANDRO PINTO	M	39	01:23:35	01:23:11	RUNLOVERS
270	297	ANTÓNIO S ASSENTIZ	M	37	01:23:38	01:22:44	OS GALGOS TANCOS
271	1097	JORGE TEIXEIRA	M	37	01:24:06	01:21:41	A VALE SILENCIO
272	1138	FRANCISCO J P ALVES	M	38	01:24:08	01:21:35	INDIVIDUAL
273	196	HUGO C MAGALHÃES	M	39	01:24:11	01:21:11	CLUBE VODAFONE



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
274	512	DANIEL D R FRUTUOSO	M	35	01:24:19	01:21:31	INDIVIDUAL
275	2618	NUNO CARNEIRO	M	36	01:24:52	01:23:58	INDIVIDUAL
276	130	CÉSAR MOREIRA	M	36	01:24:57	01:23:42	RUN 4 FUN
277	786	LUIS M M RASTEIRO	M	38	01:25:07	01:24:03	INDIVIDUAL
278	665	BRUNO CONCEIÇÃO	M	36	01:25:08	01:24:40	INDIVIDUAL
279	2249	HÉLDER F P P M PIRES	M	37	01:25:10	01:22:15	INDIVIDUAL
280	127	AMÉRICO J A FRANCISCO	M	36	01:25:10	01:22:38	INDIVIDUAL
281	851	LUÍS CORTESÃO	M	38	01:25:11	01:22:32	COPYKNOMICA TEAM
282	1945	PEDRO PONTE	M	35	01:25:15	01:22:47	CLUBE ANA LISBOA
283	1888	RODRIGO PAVEIA	M	37	01:25:28	01:23:17	FRIENDS FOR FUN AND PICNICS
284	788	MARCO F S MARTINS	M	37	01:25:35	01:24:48	MM
285	183	BRUNO J A SANTOS	M	37	01:25:36	01:23:04	PANQUECAS
286	1698	JOÃO P MARQUES	M	36	01:25:38	01:23:55	SS CGD
287	1881	BRUNO R A MARTINHON	M	37	01:25:44	01:22:33	INDIVIDUAL
288	50	FILIPE MORAIS	M	35	01:25:58	01:23:36	LX RUN
289	15	JOSÉ VIEIRA	M	37	01:25:58	01:23:32	LX RUN
290	1278	NUNO M P S VERÍSSIMO	M	38	01:26:10	01:25:04	BENECAR RUNNERS
291	1279	NUNO F B LUZ	M	36	01:26:11	01:25:06	BENECAR RUNNERS
292	427	NUNO F G PEREIRA	M	35	01:26:13	01:23:37	MOOVE
293	1457	ANTÓNIO C S ANTUNES	M	38	01:26:16	01:23:31	STELLA MARIS BASKET
294	1447	FRANCISCO CACHULO	M	35	01:26:27	01:23:33	INDIVIDUAL
295	2570	NUNO MARQUES	M	37	01:26:29	01:25:44	INDIVIDUAL
296	1471	ANTÓNIO MATIAS	M	39	01:26:30	01:24:49	PANELA MÁGICA
297	990	RICARDO BRAGA	M	36	01:26:40	01:26:08	OS EMPENADOS
298	366	PEDRO M CORREIA	M	36	01:26:45	01:25:20	INDIVIDUAL
299	2695	VALTER A G G SILVA	M	37	01:26:49	01:23:24	CLUBE ANACOM
300	617	RENATO S CASTANHEIRA	M	36	01:26:49	01:25:52	HORTAPRONTA, SA
301	682	SÉRGIO OLIVEIRA	M	37	01:26:50	01:24:02	INDIVIDUAL
302	1322	JOÃO N MARQUES	M	37	01:26:56	01:24:01	FIAT NAVIRGE
303	80	RUI M T BRITES	M	39	01:26:57	01:26:08	INDIVIDUAL
304	494	NUNO M T J BERNARDO	M	39	01:26:59	01:26:34	INDIVIDUAL
305	685	PAULO AZEVEDO	M	39	01:27:01	01:23:48	INDIVIDUAL
306	1263	SÉRGIO M J VICENTE	M	35	01:27:03	01:25:31	DRIVERS TEAM
307	815	EDGAR BATISTA	M	35	01:27:24	01:26:37	INDIVIDUAL
308	2012	CARLOS IPE	M	38	01:28:10	01:25:48	ASAS NOS PÉS
309	661	PAULO REIS	M	36	01:28:18	01:25:48	ARCELORMITTAL RUNNERS
310	91	JOÃO R A S F DUARTE	M	39	01:28:26	01:25:10	INDIVIDUAL
311	1352	MÁRIO LIMA	M	35	01:28:34	01:25:14	LIMA
312	546	TELMO PEDRO	M	36	01:28:39	01:25:54	A JORGE PINA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
313	507	CARLOS M N RIBEIRO	M	37	01:28:40	01:25:55	INDIVIDUAL
314	981	PAULO F MARQUES	M	36	01:28:42	01:26:45	SOGIMA SPORT
315	982	LUIS A MARQUES	M	36	01:29:09	01:27:11	SOGIMA SPORT
316	1374	MIGUEL PACHECO	M	39	01:29:09	01:26:02	INDIVIDUAL
317	1397	MIGUEL MOURA	M	35	01:29:09	01:26:41	INDIVIDUAL
318	606	JOSE L MARTINS	M	38	01:29:29	01:26:50	TEJAVISTA
319	2239	BRUNO SILVA	M	36	01:29:45	01:27:14	SILVA
320	2380	EDMUNDO LOURENÇO	M	35	01:30:18	01:26:48	URD ARRANHÒ
321	204	LUÍS M C PINTO	M	38	01:30:25	01:28:27	INDIVIDUAL
322	1485	CÉSAR A F BRITES	M	36	01:30:28	01:27:12	INDIVIDUAL
323	242	RICARDO M P A RIBEIRO	M	38	01:30:34	01:27:12	KARAMELOS RUNNING
324	2235	CARLOS M P AMARAL	M	36	01:30:58	01:28:36	CD ÁGUIAS ALPIARÇA
325	987	NUNO CAMASAO	M	36	01:31:26	01:30:53	OS EMPENADOS
326	804	RUI QUERIDO	M	35	01:31:30	01:28:39	QUERIDOS
327	1344	NUNO CAETANO	M	36	01:31:33	01:28:46	CADESGASTRA
328	1579	HELDER J C PEREIRA	M	36	01:31:53	01:29:48	TÁ LENTO PRA CORRER
329	2266	JOÃO BERNARDINO	M	39	01:32:01	01:29:23	DEVAGAR, DEVAGARINHO...
330	1445	MIGUEL QUINTANILHA	M	38	01:32:09	01:29:55	RUNLOVERS
331	2441	MARCO FILIPE	M	38	01:33:04	01:30:24	NÃO FAZEMOS NEM MAIS UM KM
332	1084	ARTUR SANTOS	M	39	01:33:19	01:30:15	ANDE MAIS ATIVO
333	1122	NUNO MAIA	M	37	01:33:22	01:33:10	SCALABIS NIGHT RUNNERS
334	1602	MANUEL C SANTOS	M	39	01:33:37	01:30:58	SS MONTEPIO GERAL
335	31	HUGO RIBEIRO	M	36	01:33:57	01:32:17	DUMMIES ON FIRE
336	346	RUI VIEITAS	M	38	01:34:13	01:31:54	MITCH TEAM RUNNING
337	692	LUÍS COELHO	M	35	01:34:30	01:32:49	BROAS
338	29	BRUNO CORREIA	M	38	01:34:31	01:31:56	CORRER LISBOA
339	978	RUI C VAZ	M	37	01:34:46	01:32:25	INDIVIDUAL
340	2337	NUNO R F R SILVA	M	37	01:34:48	01:33:34	C MILLENNIUM BCP
341	963	FRANCISCO BANDEIRA	M	36	01:34:50	01:32:39	ALFRA ROAD-RUNNERS
342	1443	PAULO APARÍCIO	M	39	01:35:02	01:32:13	INDIVIDUAL
343	2227	FERNANDO CORREIA	M	39	01:35:34	01:34:13	GAASS
344	109	RITA EUGÉNIO	M	35	01:35:40	01:32:26	IRREDUTIVEIS
345	1972	JOÃO P FELICISSIMO	M	36	01:36:00	01:34:18	INDIVIDUAL
346	2626	NUNO SANTIAGO	M	37	01:36:34	01:34:55	EQUIPA
347	928	ANDRE ALMEIDA	M	38	01:36:38	01:35:28	INDIVIDUAL
348	1314	MIGUEL ISIDORO	M	39	01:36:54	01:34:26	HAPPY RUNNERS
349	1708	TIAGO AVELÃS	M	39	01:36:55	01:34:40	SS CGD
350	509	NUNO ALMEIDA	M	35	01:37:06	01:35:11	VITORIAS
351	1081	RUI F A CARTA	M	36	01:37:17	01:33:52	CTX RUNNERS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
352	135	FERNANDO RODRIGUES	M	36	01:38:17	01:35:46	PANQUECAS
353	1418	CARLOS F SOUSA	M	37	01:38:51	01:35:13	CODY CREW
354	1241	NUNO SILVA	M	37	01:39:08	01:36:13	BANDA GASTRICA
355	1243	GONÇALO FERREIRA	M	37	01:39:08	01:36:13	BANDA GASTRICA
356	1238	RICARDO RÉGO	M	37	01:39:08	01:36:12	BANDA GASTRICA
357	1697	HUGO VENANCIO	M	35	01:39:35	01:37:18	SS CGD
358	382	MIGUEL A CARVALHO	M	36	01:40:50	01:38:04	TEJAVISTA
359	828	PAULO RIBEIRO	M	39	01:41:11	01:38:04	VAMOS LÁ
360	1622	NUNO ALMEIDA	M	36	01:41:12	01:31:03	SS MONTEPIO GERAL
361	2583	CLÁUDIO MATEUS	M	35	01:41:19	01:38:09	CARACÓIS SALOIOS
362	819	RICARDO F R PIMPÃO	M	39	01:41:47	01:38:37	INDIVIDUAL
363	2552	ANDRÉ Q SANTOS	M	35	01:41:48	01:38:51	INDIVIDUAL
364	79	HELDER ESCOBAR	M	36	01:42:19	01:40:22	VITORIAS
365	1298	JORGE CAMPOS	M	39	01:42:35	01:39:13	INDIVIDUAL
366	193	TIAGO SALVADO	M	35	01:43:18	01:40:18	MOVET
367	676	NUNO MARES	M	36	01:43:52	01:40:52	MOVET
368	1390	FERNANDO M INÁCIO	M	38	01:44:41	01:44:41	INDIVIDUAL
369	1889	CLÁUDIO BARRADAS	M	38	01:45:19	01:43:06	FRIENDS FOR FUN AND PICNICS
370	1781	MANUEL PAIS	M	36	01:45:37	01:42:40	EQUIPA HERMES
371	99	JORGE LOURENÇO	M	36	01:45:37	01:42:38	CLUBE HERMES
372	379	BERNARDO ZOIO	M	38	01:45:55	01:42:33	PATATI PATATÁ BORA LÁ!
373	2148	TIAGO OLIVEIRA	M	37	01:45:57	01:43:11	BRANDOA CORRE
374	2556	MÁRCIO J C PEREIRA	M	37	01:47:03	01:46:49	INDIVIDUAL
375	445	PEDRO N S R LOPES	M	38	01:47:07	01:44:50	OS PINHEIRENSES
376	428	NUNO M M PINTO	M	36	01:47:48	01:45:14	MOOVE
377	214	JOSE LEAL	M	37	01:48:29	01:47:46	INDIVIDUAL
378	1480	SÉRGIO POMBINHO	M	35	01:51:25	01:49:47	PERNAS PARA QUE TE QUERO
379	2526	PAULO HERMEZILHAS	M	37	01:52:24	01:51:40	MENTE TRAQUINA
380	1704	PEDRO LUZIO	M	37	01:52:50	01:52:50	SS CGD
381	933	PAULO J AMORIM	M	35	02:07:26	02:04:09	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2288	ALEX SCUTARU	M	41	00:51:30	00:51:28	C BENFICA TORRES VEDRAS
2	1828	NUNO ROMÃO	M	41	00:52:07	00:52:06	GFD RUNNING
3	2508	MARCO MELLO	M	44	00:52:25	00:52:23	AM ATIBA
4	1515	VITOR DINIS	M	41	00:53:02	00:53:01	ID VIEIRENSE
5	1255	ARMANDO MONTEIRO	M	40	00:53:23	00:53:20	FSG COLLONGE BELLERIVE
6	1786	JORGE AIRES	M	40	00:53:47	00:53:45	CA BARREIRA
7	1513	JORGE MARCELINO	M	41	00:53:59	00:53:57	ID VIEIRENSE
8	1809	ANTÓNIO SOUSA	M	44	00:54:02	00:54:00	GFD RUNNING
9	2069	AMÉRICO MARTINS	M	41	00:54:36	00:54:35	GDC GUILHOVAI
10	1068	JOSÉ CAMELO	M	43	00:55:15	00:55:08	ACLIS LIBERTY SEGUROS
11	2285	JOÃO MIRANDA	M	43	00:55:28	00:55:25	C BENFICA TORRES VEDRAS
12	1683	JORGE COSME	M	42	00:55:55	00:55:50	ESC ATLETISMO RUI SILVA
13	2188	MÁRIO CASEIRO	M	44	00:56:01	00:56:00	CA NAZARE
14	1527	CARLOS SANTOS	M	41	00:56:07	00:55:52	ID VIEIRENSE
15	1643	CARLOS A S ALMEIDA	M	41	00:56:18	00:56:13	INDIVIDUAL
16	1668	NELSON SANTOS	M	44	00:56:40	00:56:38	CCD O ALVITEJO
17	1291	LUIS DUARTE	M	42	00:57:08	00:57:06	CAOB
18	1782	ALEXANDRE M S SANTOS	M	40	00:57:14	00:57:12	GDC GUILHOVAI
19	38	JOÃO L C R B CAPELO	M	40	00:57:29	00:57:07	INDIVIDUAL
20	1667	ANTÓNIO PAIS	M	44	00:58:07	00:58:06	CCD O ALVITEJO
21	1817	FERNANDO SANTOS	M	44	00:58:11	00:57:55	GFD RUNNING
22	1518	JOÃO DOMINGOS	M	43	00:58:13	00:58:06	ID VIEIRENSE
23	2572	FERNANDO CANDEIAS	M	42	00:58:18	00:58:04	SS CGD
24	1665	GONCALO ROQUE	M	40	00:58:47	00:58:44	CCD O ALVITEJO
25	331	JOAQUIM FIGUEIRA	M	41	00:58:55	00:58:52	CA BARREIRA
26	2232	JOÃO PRISAL	M	42	00:59:00	00:58:25	RAIL RUNNERS
27	838	JOSÉ M G NEVES	M	43	00:59:40	00:59:30	INDIVIDUAL
28	1761	VÍTOR CHAGAS	M	40	00:59:52	00:59:41	EQ Filarmónica ATOUGUIA BALEIA
29	236	LUIS F B COSTA	M	41	00:59:58	00:59:37	INDIVIDUAL
30	2273	JOAQUIM CAPELA	M	42	01:00:36	01:00:32	C BENFICA ALHANDRA
31	1294	LUIS A PEDRO	M	43	01:00:56	01:00:51	INDIVIDUAL
32	1117	LUIS BAPTISTA	M	41	01:01:06	01:01:00	SCALABIS NIGHT RUNNERS
33	751	FERNANDO GOMES	M	40	01:01:18	01:01:11	UNIDOS MANUTENÇÃO
34	2467	JERONIMO RODRIGUES	M	41	01:01:50	01:01:37	GANHA DORES
35	1816	FERNANDO PEREIRA	M	41	01:01:51	01:01:48	GFD RUNNING
36	254	PAULO VICENTE	M	43	01:01:53	01:01:32	OS CARACÓIS FURIOSOS
37	1829	PEDRO MOTA	M	43	01:02:13	01:01:41	GFD RUNNING
38	1720	RUI AGUIAR	M	41	01:02:39	01:02:24	GRDC ZAMBUJEIRA S CALVO
39	2080	MARCOS OLIVEIRA	M	41	01:02:41	01:02:35	GD INE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1059	RUI LOPES	M	42	01:02:43	01:02:35	CAFÉ RUI RUNNERS
41	1041	JOSE M M DIAS	M	43	01:02:51	01:02:39	INDIVIDUAL
42	1533	JOSÉ FERREIRA	M	43	01:02:53	01:02:38	ID VIEIRENSE
43	337	PAULO CRUZ	M	43	01:02:59	01:02:22	CA BARREIRA
44	1818	GONÇALO FERREIRA	M	41	01:03:01	01:02:54	GFD RUNNING
45	1654	GONÇALO SANTOS	M	40	01:03:07	01:03:04	GD PORTO SINES
46	1534	FERNANDO GRAÇA	M	44	01:03:17	01:01:09	TÁ LENTO PRA CORRER
47	1253	JOÃO P FAUSTINO	M	41	01:03:17	01:02:54	AMIGOS TELHEIRO
48	329	DANIEL LOURENÇO	M	40	01:03:19	01:03:15	CA BARREIRA
49	2290	HERMINIO VICENTE	M	40	01:03:22	01:02:58	C BENFICA TORRES VEDRAS
50	1666	LUIS QUEIRÓS	M	41	01:03:29	01:03:23	CCD O ALVITEJO
51	1517	JOÃO MARCELINO	M	44	01:03:32	01:03:03	ID VIEIRENSE
52	2234	RUI GERALDES	M	40	01:03:34	01:02:59	RAIL RUNNERS
53	1956	HELDER MORINGA	M	44	01:03:43	01:03:29	GANHA DORES
54	352	PEDRO RODRIGUES	M	43	01:03:44	01:03:27	GARAGE TEAM
55	2693	CARLOS M A CAETANO	M	41	01:03:45	01:03:32	INDIVIDUAL
56	1838	VITOR SOUSA	M	41	01:03:50	01:03:14	GFD RUNNING
57	251	CARLOS GONÇALVES	M	40	01:03:51	01:03:25	OS CARACÓIS FURIOSOS
58	2455	AMÉRICO IMPERADEIRO	M	42	01:03:59	01:03:31	OS BRAGUINHAS
59	575	DARIO CABETE	M	40	01:04:01	01:03:33	CCRD BURINHOSA
60	1228	JOÃO S ANTUNES	M	44	01:04:24	01:03:46	GD BANCO BPI
61	1669	MANUEL MATOS	M	42	01:04:25	01:04:18	CCD O ALVITEJO
62	83	NUNO S ANTUNES	M	40	01:05:10	01:04:32	INDIVIDUAL
63	1052	LUÍS MARQUES	M	41	01:05:37	01:04:28	CAFÉ RUI RUNNERS
64	35	FERNANDO MOREIRA	M	41	01:05:38	01:05:08	BAMOXIMBORA
65	169	ANTÓNIO M C S LEAL	M	42	01:05:44	01:05:17	MARINHAI AC
66	1008	DINIS SILVA	M	42	01:05:45	01:05:39	SCALABIS NIGHT RUNNERS
67	1132	SÉRGIO OLIVEIRA	M	41	01:05:46	01:05:34	SCALABIS NIGHT RUNNERS
68	1917	ANTONIO DOLORES	M	40	01:05:52	01:05:00	GELPINHOS
69	434	DIOGO M M V CASEIRO	M	42	01:05:53	01:05:42	INDIVIDUAL
70	2015	PAULO J ALVES	M	44	01:05:54	01:05:38	INDIVIDUAL
71	2299	FERNANDO CAPITÃO	M	44	01:06:02	01:05:26	INDIVIDUAL
72	1857	LUIS PEREIRA	M	44	01:06:06	01:05:12	GFD RUNNING
73	471	TELMO F S PINTO	M	41	01:06:10	01:05:56	INDIVIDUAL
74	1143	PAULO DURÃO	M	40	01:06:15	01:06:05	BAMBU MAIOR, MÓVEIS DECORAÇÕES
75	495	JOSÉ C R LEAL	M	43	01:06:19	01:05:30	BTTRAIN
76	773	FILIPE NUNES	M	42	01:06:30	01:03:57	MOOVE
77	1429	ABILIO ANTÓNIO	M	41	01:06:47	01:06:01	PIMPÕES
78	1842	JOSE MONTEIRO	M	43	01:06:48	01:04:38	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1815	FERNANDO LOPES	M	44	01:07:13	01:06:38	GFD RUNNING
80	612	EDUARDO J C COSTA	M	40	01:07:27	01:06:19	PÉS TROIKADOS
81	2359	JOSE M D TEIXEIRA	M	43	01:07:30	01:06:37	C MILLENNIUM BCP
82	631	CLAUDIO NEVES	M	40	01:07:35	01:07:25	CCRD BURINHOSA
83	1338	PAULO MENEZES	M	41	01:07:49	01:07:08	CLUBE VODAFONE
84	1007	CARLOS TAVARES	M	41	01:07:55	01:07:48	SCALABIS NIGHT RUNNERS
85	1516	RICARDO VICENTE	M	41	01:07:58	01:06:39	ID VIEIRENSE
86	2692	PAULO C C SANTOS	M	40	01:08:17	01:08:03	EQ Filarmónica ATOUGUIA BALEIA
87	350	JOÃO REIS	M	42	01:08:23	01:08:04	POPAPNEUS
88	1295	NUNO GOMES	M	44	01:08:23	01:08:13	CA AMIGOS PARQUE PAZ
89	1302	HUGO CARAGO	M	41	01:08:58	01:08:23	CLUBE GRUPO BES
90	2537	ANTÓNIO FERREIRA	M	43	01:08:58	01:07:56	ANA FERREIRA
91	2315	LUIS CAPINHA	M	40	01:08:59	01:08:45	OS AMIGOS DO B!
92	2147	LUIS VIEIRA	M	44	01:09:12	01:08:13	BRANDOA CORRE
93	300	AMILCAR COSTA	M	44	01:09:16	01:08:46	INDIVIDUAL
94	1831	PEDRO VIEIRA	M	40	01:09:18	01:07:50	GFD RUNNING
95	2376	FILIPE BRANCO	M	44	01:09:19	01:07:01	URD ARRANHÔ
96	1307	CARLOS S GONÇALVES	M	42	01:09:19	01:09:04	INDIVIDUAL
97	2323	PAULO GAMBOA	M	44	01:09:20	01:09:17	CA PATAMEIRAS
98	1332	JOÃO SOUSA	M	43	01:09:21	01:08:24	GAA VILA FRANCA XIRA
99	1710	JOÃO CALÇADA	M	43	01:09:25	01:07:55	GRDC ZAMBUJEIRA S CALVO
100	1821	JOÃO BARBOSA	M	40	01:09:28	01:07:59	GFD RUNNING
101	161	ARTUR CORREIA	M	41	01:09:36	01:08:08	FOZ 365
102	1412	MIGUEL RIBEIRO	M	43	01:09:41	01:08:24	MRTEAM
103	351	NUNO A C ALMEIDA	M	41	01:09:42	01:06:37	INDIVIDUAL
104	1159	NUNO TEMPERA	M	44	01:09:52	01:09:30	RUN 4 FUN
105	1800	DINIS PRUDENCIO	M	42	01:09:52	01:08:58	INDIVIDUAL
106	2304	RICARDO ROMERO	M	44	01:09:54	01:08:22	CLUSS LEGION PINTA
107	1036	NUNO GOMES	M	42	01:09:55	01:09:10	NÃO FAZEMOS NEM MAIS UM KM
108	450	LUIS V R MAIA	M	40	01:10:02	01:09:13	INDIVIDUAL
109	615	VITOR GALEGO	M	44	01:10:10	01:07:00	CARAPUS CORRIDA NZR
110	2034	JOSÉ LUIS	M	41	01:10:12	01:09:56	OS KÁGADOS
111	2400	MÁRIO R B SIMÕES	M	41	01:10:12	01:08:24	M&R
112	1512	JOÃO VIGIA	M	41	01:10:20	01:08:55	ID VIEIRENSE
113	310	RUI SILVA	M	42	01:10:21	01:10:01	LX RUN
114	2619	JOSÉ HENRIQUES	M	42	01:10:22	01:08:45	AD REAL ACADEMIA
115	539	LUIS NUNES	M	41	01:10:27	01:09:27	INDIVIDUAL
116	192	ALEXANDRE BENTO	M	40	01:10:42	01:10:03	INDIVIDUAL
117	1114	JORGE FERREIRA	M	43	01:10:44	01:10:34	SCALABIS NIGHT RUNNERS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	569	PAULO RAINHO	M	40	01:10:53	01:10:43	CCRD BURINHOSA
119	713	ANTÓNIO C RODRIGUES	M	42	01:10:56	01:10:56	INDIVIDUAL
120	455	PEDRO DELGADO	M	40	01:10:59	01:10:19	DELGADOS
121	1125	NUNO MENDÃO	M	40	01:10:59	01:10:15	SCALABIS NIGHT RUNNERS
122	1360	RUI PALMA	M	41	01:11:14	01:09:40	GFD RUNNING
123	1173	LUÍS MONTEIRO	M	42	01:11:34	01:11:01	CLUBE GRUPO BES
124	750	RUI CARDOSO	M	43	01:11:38	01:11:20	UNIDOS MANUTENÇÃO
125	1297	PEDRO A C CARVALHO	M	41	01:11:47	01:11:10	CORRER LISBOA
126	104	CRISTOVÃO CASIMIRO	M	40	01:11:49	01:09:54	NÃO FAZEMOS NEM MAIS UM KM
127	866	ACURCIO MARIA	M	43	01:11:54	01:11:32	SC MOITENSE
128	2546	RUI MELO	M	43	01:11:57	01:10:41	CRÉDITO AGRICOLA
129	714	FERNANDO BAPTISTA	M	44	01:11:58	01:11:08	INDIVIDUAL
130	1822	JORGE CORREIA	M	42	01:12:06	01:10:38	GFD RUNNING
131	835	LUIS NOGUEIRA	M	43	01:12:07	01:10:02	OS GALGOS
132	830	JORGE MARTINHO	M	44	01:12:08	01:10:02	OS GALGOS
133	625	TELMO PEDROSO	M	40	01:12:12	01:12:01	CCRD BURINHOSA
134	972	JÃO P O SANTOS	M	43	01:12:17	01:12:02	INDIVIDUAL
135	757	ALEXANDRE M M FERREIRA	M	40	01:12:18	01:12:02	NS LOURINHÃ
136	477	JOSÉ ALVES	M	43	01:12:19	01:10:01	LX RUN
137	1316	CARLOS B COSTA	M	42	01:12:19	01:09:50	INDIVIDUAL
138	1230	PEDRO BARRELA	M	41	01:12:22	01:12:22	GD BANCO BPI
139	758	JOSE C PEREIRA	M	44	01:12:29	01:11:25	INDIVIDUAL
140	232	LUIZ FRANCISCO	M	41	01:12:32	01:09:27	ESTÉTICA ROSÂNGELA FRANCISCO
141	1047	JOAO REIS	M	43	01:12:37	01:11:37	INDIVIDUAL
142	1172	LUÍS LINO	M	44	01:12:48	01:11:55	CLUBE GRUPO BES
143	143	JOAO FIALHO	M	43	01:12:55	01:10:50	RUN4FUN
144	469	LUÍS SANTOS	M	44	01:12:55	01:12:02	ATLÉTICO CP - TRIATLO
145	831	CARLOS RIBEIRO	M	41	01:12:58	01:10:51	OS GALGOS
146	836	JÃO CARVALHO	M	40	01:12:58	01:10:51	OS GALGOS
147	263	JÃO LEITÃO	M	44	01:13:22	01:12:57	RUNLOVERS
148	570	OCTAVIO MARIANO	M	43	01:13:24	01:12:36	CCRD BURINHOSA
149	1545	FERNANDO PARREIRA	M	42	01:13:51	01:11:45	AC VERMOIL
150	2113	RUI M S PINTO	M	43	01:14:00	01:13:19	ESTRELA CAMPO AVIAÇÃO FC
151	719	CARLOS A F FIGUEIREDO	M	42	01:14:10	01:13:35	RTOS DO ASFALTO
152	648	LUIS PENTEADO	M	43	01:14:11	01:10:52	BUERAPIDOS
153	1275	PAULO TEIXEIRA	M	43	01:14:32	01:13:10	FAST AND FURIOUS RT
154	301	PAULO GARCIA	M	43	01:14:35	01:13:20	PERNAS DE GAFANHOTO
155	2173	PAULO SANTOS	M	41	01:14:40	01:11:47	OS ROAZES
156	2225	CARLOS F ROSA	M	42	01:14:51	01:14:33	OS TONGAS



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	1129	PEDRO GOUVEIA	M	43	01:14:58	01:14:46	SCALABIS NIGHT RUNNERS
158	540	JOÃO LOUREIRO	M	40	01:15:16	01:14:15	FATILU
159	1435	CARLOS GOMES	M	42	01:15:19	01:14:59	EXTINTOS AGUALVA
160	2411	PEDRO J P R CASTRO	M	44	01:15:22	01:15:22	INDIVIDUAL
161	2230	MANUEL SILVA	M	40	01:15:25	01:14:21	C BENFICA ABRANTES
162	1106	LUÍS CASCAÃO	M	42	01:15:29	01:13:23	INDIVIDUAL
163	1364	ALEXANDRE P LIVÉRIO	M	41	01:15:31	01:15:26	INDIVIDUAL
164	1236	JOÃO ANTUNES	M	44	01:15:31	01:14:12	GOLDEN TEAM
165	2099	JOSÉ MARQUES	M	40	01:15:34	01:14:50	AGD ACADEMIA KORPO
166	664	ELÁDIO MANUEL	M	40	01:15:38	01:12:48	JAVALIS
167	279	FERNANDO M A GASPAR	M	44	01:15:42	01:15:15	INDIVIDUAL
168	367	RUI VIEIRA	M	44	01:15:45	01:14:28	INDIVIDUAL
169	1353	JOSE COSTA	M	41	01:15:49	01:14:59	INDIVIDUAL
170	1511	PAULO MOTA	M	42	01:15:53	01:15:05	TUBARÕES ESPINHO
171	623	CARLOS M V MARQUES	M	44	01:15:55	01:14:57	HORTAPRONTA, SA
172	86	ANTÓNIO SILVA	M	40	01:16:00	01:13:32	INDIVIDUAL
173	1113	JOAQUIM COUTO	M	44	01:16:11	01:16:02	SCALABIS NIGHT RUNNERS
174	1504	NUNO A V MIGUEL	M	41	01:16:13	01:15:24	FAMILIA MIGUEL
175	2081	NUNO MARTINS	M	42	01:16:21	01:13:27	GD INE
176	171	NUNO LUCAS	M	40	01:16:23	01:15:36	C NOCTURNA SETÚBAL
177	1191	PEDRO RAMALHO	M	43	01:16:28	01:15:33	CLUBE GRUPO BES
178	1777	NELSON V P ROLO	M	41	01:16:41	01:14:51	CANHÕES NAZARÉ
179	1587	RICARDO OLIVEIRA	M	40	01:16:45	01:14:55	INDIVIDUAL
180	2678	MIGUEL MATOS	M	44	01:16:47	01:16:15	CCD TRANQUILIDADE
181	1181	PEDRO DOMINGOS	M	42	01:16:54	01:15:06	CLUBE GRUPO BES
182	1267	JOÃO G DIAS	M	42	01:16:59	01:15:38	FAST AND FURIOUS RT
183	1229	MIGUEL N CHAVES	M	43	01:17:02	01:16:24	GD BANCO BPI
184	1598	ANTÓNIO RAMOS	M	43	01:17:03	01:15:29	OS MATRECOS
185	2296	PEDRO DIAS	M	40	01:17:05	01:16:33	KEEP RUNNING
186	2697	YANE JORGE SANTOS	M	42	01:17:07	01:14:53	PAPA KMS
187	620	PEDRO J V GONÇALVES	M	40	01:17:25	01:16:29	HORTAPRONTA, SA
188	1749	JOSÉ BONITO	M	44	01:17:27	01:16:09	OS BONITOS
189	1608	JORGE SOUSA	M	41	01:17:39	01:14:57	SS MONTEPIO GERAL
190	1062	DUARTE SOUSA	M	42	01:17:56	01:16:29	ACLIS LIBERTY SEGUROS
191	514	RUI M C DUARTE	M	43	01:17:58	01:16:14	INDIVIDUAL
192	1399	PEDRO M R NOGUEIRA	M	43	01:18:00	01:17:23	MURTS
193	707	RUI FAUSTINO	M	40	01:18:02	01:15:54	GANHA DORES
194	1115	JOSÉ LOURENÇO	M	40	01:18:03	01:17:52	SCALABIS NIGHT RUNNERS
195	465	HENRIQUE FRAZÃO	M	40	01:18:06	01:17:24	NÃO FAZEMOS NEM MAIS UM KM



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	2419	JOÃO SERRA	M	42	01:18:22	01:18:04	AÇOREANA C BANIF
197	1795	ORLANDO A S SILVA	M	43	01:18:29	01:16:57	INDIVIDUAL
198	1610	RICARDO DIAS	M	40	01:18:30	01:15:48	SS MONTEPIO GERAL
199	742	NUNO PINTO	M	40	01:18:30	01:15:35	INDIVIDUAL
200	761	PEDRO M L FERNANDES	M	43	01:18:36	01:17:15	ESPECIAIS CORRIDA
201	1127	PAULO BATALHA	M	43	01:18:37	01:18:24	SCALABIS NIGHT RUNNERS
202	2464	ARTUR BALTAREJO	M	42	01:18:41	01:18:09	OS BRAGUINHAS
203	2356	VIRGILIO V C COSTA	M	44	01:18:42	01:17:53	C MILLENNIUM BCP
204	210	VASCO FREITAS	M	42	01:18:46	01:16:47	V&S40
205	1600	JOÃO FARIA	M	43	01:18:47	01:17:12	OS MATRECOS
206	979	CARLOS M MIGUEL	M	42	01:18:48	01:16:51	SOGIMA SPORT
207	1496	JOEL COELHO	M	41	01:18:50	01:16:13	OS PAPOILAS SALTITANTES
208	552	JOSÉ A S CARDOSO	M	43	01:18:51	01:18:14	FAMÍLIA CARDOSO
209	1371	LUIS M R A MARQUES	M	44	01:18:52	01:16:33	INDIVIDUAL
210	2681	LUÍS PASSOS	M	40	01:18:53	01:17:20	CCD TRANQUILIDADE
211	2071	PEDRO FERNANDES	M	43	01:18:53	01:16:58	CASCAIS PANDILHA REDUX
212	201	LUIS FOUTO	M	42	01:18:59	01:17:25	CLUBE VODAFONE
213	163	GONÇALO SEABRA	M	44	01:19:02	01:18:04	SEABRAS
214	2654	CRISTÓVÃO RAMOS	M	40	01:19:17	01:18:09	C TABAQUEIRA RUNNING
215	743	LUIS MOURA	M	42	01:19:28	01:16:35	INDIVIDUAL
216	1472	RICARDO SARDINHEIRO	M	41	01:19:35	01:17:55	PANELA MÁGICA
217	1963	PEDRO VICENTE	M	40	01:19:37	01:19:08	GDR FIGUEIRAS
218	2532	JOSÉ A SILVA	M	42	01:19:38	01:19:05	CN EQUIPA ESPIRAL
219	2591	HILÁRIO TORRES	M	40	01:19:38	01:19:04	OS BRAGUINHAS
220	33	RUI PEDRO BARBOSA	M	43	01:19:43	01:19:02	CLUBE VODAFONE
221	1184	RICARDO CANAS	M	41	01:19:56	01:19:04	CLUBE GRUPO BES
222	281	MIGUEL RIBEIRO	M	42	01:20:01	01:16:45	INDIVIDUAL
223	1621	MARCO MANGAS	M	40	01:20:06	01:16:56	SS MONTEPIO GERAL
224	1990	NOEL P LEOPOLDO	M	43	01:20:08	01:18:55	INDIVIDUAL
225	1121	NUNO CALVO	M	41	01:20:08	01:20:01	SCALABIS NIGHT RUNNERS
226	1313	NUNO LUFINHA	M	40	01:20:15	01:17:47	HAPPY RUNNERS
227	2313	JOSÉ J P RODRIGUES	M	44	01:20:22	01:19:46	OS CANSADINHOS
228	2673	LUIS CARVALHO	M	40	01:20:26	01:19:22	LV TEAM
229	812	JOSE J M CASTRO	M	42	01:20:36	01:19:26	PASTELARIA RIO MEL
230	98	JOÃO CRUZ	M	40	01:20:39	01:18:26	CLUBE HERMES
231	333	JOSÉ FIGUEIRA	M	41	01:20:40	01:17:16	CA BARREIRA
232	1231	RICARDO M P MARTINS	M	40	01:20:48	01:20:09	GD BANCO BPI
233	1151	JORGE PINTO	M	43	01:20:50	01:19:40	CLUBE ROBBIALAC
234	2086	PEDRO M F PERALTA	M	43	01:20:57	01:18:30	CCR MOLEANENSE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
235	2156	NUNO PEREIRA	M	42	01:21:06	01:20:47	SC CASAINHOS
236	555	JOÃO L M S MARTINS	M	40	01:21:11	01:18:38	MOOVE
237	1462	MARIO NUNES	M	42	01:21:18	01:20:10	DINUTRI
238	1692	BRUNO COSTA	M	40	01:21:27	01:19:10	SS CGD
239	864	PEDRO CAPELAS	M	44	01:21:57	01:21:36	SC MOITENSE
240	1629	CARLOS A S CARVALHO	M	43	01:21:59	01:19:34	INDIVIDUAL
241	1199	RICARDO FIGUEIRA	M	41	01:22:07	01:20:58	NINJAS ESTRADA
242	1169	JOÃO RAMOS	M	42	01:22:11	01:19:37	CLUBE GRUPO BES
243	1742	MANUEL O FERREIRA	M	40	01:22:13	01:22:01	GANGUE SAPATILHA
244	1670	ARTUR BATISTA	M	42	01:22:14	01:20:15	CCD O ALVITEJO
245	2650	CESAR V RODRIGUES	M	43	01:22:15	01:21:12	INDIVIDUAL
246	913	ARTUR DENOMINATO	M	42	01:22:17	01:19:14	PI-LINHA RUNNERS
247	1993	JOSÉ L M GUERRERO	M	43	01:22:25	01:20:47	CA DIOCLES MÉRIDA
248	736	PAULO A FERNANDES	M	44	01:22:25	01:20:00	CARAMELOS
249	2228	HEITOR SILVA	M	44	01:22:27	01:21:05	GAASS
250	1174	MÁRIO GODINHO	M	40	01:22:29	01:20:04	CLUBE GRUPO BES
251	1987	MIGUEL BARRIGA	M	40	01:22:36	01:22:22	SCALABIS NIGHT RUNNERS
252	832	ROGÉRIO GONÇALVES	M	44	01:22:48	01:20:40	OS GALGOS
253	587	RUI AFONSO	M	42	01:23:10	01:20:45	AFONSO TEAM
254	1359	JORGE BRITO	M	43	01:23:21	01:19:53	INDIVIDUAL
255	610	CARLOS BRANCO	M	44	01:23:22	01:20:56	INDIVIDUAL
256	2353	PEDRO A L SA	M	41	01:23:24	01:21:42	C MILLENNIUM BCP
257	1055	ANTÓNIO ESTRELINHA	M	41	01:23:40	01:22:26	CAFÉ RUI RUNNERS
258	548	ALBERTO MONTEIRO	M	42	01:23:47	01:22:00	INDIVIDUAL
259	1766	NUNO AFONSO	M	41	01:23:57	01:20:34	TURBO LENTO
260	737	RUI L RAPOSO	M	40	01:24:02	01:21:37	CARAMELOS
261	2013	HELDER BAPTISTA	M	43	01:24:03	01:22:27	ASAS NOS PÉS
262	274	JOÃO FRADE	M	42	01:24:09	01:20:57	INDIVIDUAL
263	2402	MIGUEL CASTELA	M	43	01:24:15	01:20:53	AA LEBRES SADO
264	578	DANIEL ANTUNES	M	40	01:24:17	01:22:39	C BENFICA FIGUEIRA FOZ
265	647	FERNANDO CARVALHO	M	42	01:24:18	01:20:58	BUERAPIDOS
266	542	PEDRO M C SINGÉIS	M	43	01:24:38	01:24:01	INDIVIDUAL
267	126	NUNO F M R RODRIGUES	M	41	01:24:52	01:24:06	ACPORTALEGRE/UTSM
268	230	ANTÓNIO CEREJO	M	40	01:24:58	01:23:20	INDIVIDUAL
269	772	AVELINO FERNANDES	M	41	01:24:59	01:22:07	INDIVIDUAL
270	2058	LUIS AFONSO	M	40	01:25:21	01:23:35	INDIVIDUAL
271	1649	LUÍS G CALDEIRA	M	42	01:25:29	01:23:45	INDIVIDUAL
272	1617	GUILHERME ALBINO	M	40	01:25:36	01:22:55	SS MONTEPIO GERAL
273	659	MARCO SANTOS	M	40	01:25:51	01:23:20	ARCELORMITTAL RUNNERS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
274	662	PAULO RAFAEL	M	40	01:25:52	01:23:22	ARCELORMITTAL RUNNERS
275	422	MANUEL LEITE	M	42	01:25:55	01:23:49	INDIVIDUAL
276	180	ADEMAR PEREIRA	M	42	01:25:59	01:24:12	INDIVIDUAL
277	200	SERGIO PEREIRA	M	41	01:26:04	01:23:04	CLUBE VODAFONE
278	1474	LUÍS MARTINS	M	44	01:26:30	01:24:52	PANELA MÁGICA
279	1726	JÓÃO FAUSTINO	M	43	01:26:33	01:24:49	CLUBE STRESS
280	1426	BRUNO DIAS	M	43	01:26:36	01:25:48	INDIVIDUAL
281	2399	RUI M O LARANJEIRO	M	40	01:26:55	01:25:06	M&R
282	1168	JÓÃO DIAS	M	40	01:26:58	01:24:13	CLUBE GRUPO BES
283	247	JÓÃO MARTINS	M	44	01:27:00	01:24:25	O MUNDO CORRIDA
284	420	PEDRO SILVA	M	42	01:27:02	01:24:36	CTT CORREIOS
285	378	HEITOR ARAÚJO	M	42	01:27:03	01:24:11	PATATI PATATÁ BORA LÁ!
286	1459	MARCOS A DIAS	M	44	01:27:13	01:24:17	INDIVIDUAL
287	1748	CARLOS M M S SANTOS	M	44	01:27:51	01:24:31	ROMPE SOLAS
288	2216	MANUEL CORREIA	M	41	01:28:03	01:26:46	O MUNDO CORRIDA
289	1590	CARLOS G FREIRE	M	42	01:28:14	01:25:14	KAMIKAZE RUNNERS
290	622	CARLOS J S CASTANHEIRA	M	43	01:28:20	01:27:25	HORTAPRONTA, SA
291	27	BRUNO CLAUDINO	M	40	01:28:28	01:25:27	CORRER LISBOA
292	2371	LUIS P V MONTEIRO	M	42	01:28:31	01:25:20	C MILLENNIUM BCP
293	1554	JOSÉ G M SERRADOR	M	42	01:28:39	01:25:23	DERBY LISBOA
294	2635	ALEXANDRE SANTOS	M	43	01:28:40	01:26:13	CAMAFEUS
295	983	MIGUEL RIBEIRO	M	40	01:28:50	01:26:42	GANHA DORES
296	1085	RUI M SANTOS	M	41	01:28:57	01:25:41	RLV
297	2494	LUIS M S BENAVENTE	M	42	01:28:59	01:27:33	AVE RUNNING
298	637	PAULO DIAS	M	41	01:29:11	01:26:27	A JORGE PINA
299	2344	HUMBERTO M C J CABRAL	M	41	01:29:16	01:28:05	C MILLENNIUM BCP
300	134	MIGUEL FERREIRA	M	41	01:29:37	01:28:57	MS
301	375	VÍTOR M P GONÇALVES	M	44	01:29:41	01:26:34	4 AO KM
302	377	LUÍS M NETO	M	43	01:29:42	01:26:51	PATATI PATATÁ BORA LÁ!
303	833	ANTÓNIO PINHEIRO	M	40	01:29:57	01:27:48	OS GALGOS
304	847	PEDRO MURTINHAL	M	43	01:30:14	01:27:39	O MUNDO CORRIDA
305	916	JOAQUIM DIAS	M	41	01:30:35	01:27:30	PI-LINHA RUNNERS
306	632	AMILCAR S M GOMES	M	42	01:30:54	01:27:41	INDIVIDUAL
307	526	CARLOS FRANCO	M	42	01:30:58	01:29:18	INDIVIDUAL
308	1561	CÉSAR LOURENÇO	M	43	01:31:05	01:30:20	SB TEAM ON FOOT
309	1744	PEDRO AZEVEDO	M	40	01:31:45	01:28:26	NÃO FAZEMOS NEM MAIS UM KM
310	2573	FRANCISCO CERQUEIRA	M	42	01:31:47	01:29:17	MARATONISTAS DO MINHO
311	387	RICARDO D M B BRAZ	M	42	01:32:40	01:29:59	INDIVIDUAL
312	197	CARLOS L R GUERRA	M	43	01:32:59	01:32:22	CLUBE VODAFONE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
313	611	PEDRO M S S MATIAS	M	43	01:33:15	01:32:50	INDIVIDUAL
314	482	EDUARDO AMORIM	M	43	01:33:36	01:31:39	INDIVIDUAL
315	1640	RICARDO SOUSA	M	43	01:33:37	01:31:00	INDIVIDUAL
316	1951	MANUEL PRATES	M	42	01:33:39	01:30:35	INDIVIDUAL
317	2694	FERNANDO J S VARELA	M	40	01:33:55	01:30:32	CLUBE ANACOM
318	56	CARLOS SEPULVEDA	M	40	01:34:20	01:32:10	INDIVIDUAL
319	852	FERNANDO J P ANDRADE	M	43	01:34:28	01:31:53	INDIVIDUAL
320	131	JOEL J P C RODRIGUES	M	42	01:34:36	01:32:44	ROSA RODRIGUES
321	1771	MIGUEL OLIVEIRA	M	41	01:34:37	01:33:08	TURBO LENTO
322	594	MIGUEL MARQUES	M	40	01:34:48	01:33:59	INDIVIDUAL
323	448	ANTERO R C MARTINS	M	44	01:34:50	01:33:05	TÁ LENTO PRA CORRER
324	2123	RUI M F MARINO	M	40	01:34:55	01:34:38	REVOLTADOS MIR
325	1083	PEDRO N C GONÇALVES	M	42	01:35:04	01:34:00	FURA O PNEU
326	906	SERGIO J P LOPES	M	43	01:36:30	01:33:03	CASA MARÉS 1
327	93	DANIEL J S SANTOS	M	42	01:37:14	01:35:05	EU
328	438	ANTONIO REGO	M	44	01:37:22	01:34:17	TEAM GOURMET
329	2500	PAULO ASCENÇÃO	M	43	01:37:31	01:35:19	GD CIMPOR
330	955	NELSON RIBEIRO	M	40	01:37:49	01:37:49	INDIVIDUAL
331	954	MIGUEL RIJO	M	42	01:37:55	01:36:18	INDIVIDUAL
332	950	JOÃO VELOSO	M	41	01:38:15	01:36:02	INDIVIDUAL
333	1583	JOÃO CAPÃO	M	42	01:38:36	01:36:17	SCALABIS NIGHT RUNNERS
334	2021	JOÃO COSTA SECO	M	43	01:38:41	01:36:29	WEVENTUAL
335	2018	RICARDO CAETANO	M	42	01:38:41	01:36:30	WEVENTUAL
336	218	PEDRO BERLENGA	M	44	01:39:04	01:36:03	INDIVIDUAL
337	278	CARLOS BERNARDO	M	42	01:39:16	01:36:42	INDIVIDUAL
338	439	LUIS GOMES	M	41	01:39:36	01:36:32	TEAM GOURMET
339	1798	VITOR COIMBRA	M	44	01:40:00	01:37:01	INDIVIDUAL
340	1892	EUGÉNIO MACHADO	M	42	01:40:05	01:37:05	FALTA MUITO
341	290	ANTÓNIO N ANDRADE	M	40	01:40:15	01:37:58	ALFRA ROAD-RUNNERS
342	142	CARLOS MORAIS	M	42	01:40:16	01:38:52	FALCÕES SELVAGENS
343	78	MARIO PIRES	M	44	01:42:19	01:40:26	VITORIAS
344	1755	PAULO CAMPOS	M	44	01:42:34	01:39:13	PERNAS DE GAFANHOTO
345	1957	LUIS MIGUEL NETO	M	43	01:42:43	01:39:22	INDIVIDUAL
346	1780	PAULO FERREIRA	M	40	01:42:51	01:39:45	INDIVIDUAL
347	121	EDUARDO BERNARDO	M	42	01:44:13	01:42:19	SUDU
348	1484	ROGÉRIO LAVOS	M	41	01:44:29	01:42:40	INDIVIDUAL
349	1576	JOAO FRADE	M	40	01:45:15	01:42:35	RIMAR
350	951	JOÃO M GUERRA	M	40	01:45:57	01:43:41	INDIVIDUAL
351	1754	PEDRO M HENRIQUES	M	40	01:47:00	01:44:14	SALSA & CO

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
352	1791	FILIFE S C H PIMENTEL	M	42	01:49:08	01:46:53	INDIVIDUAL
353	249	CARLOS CAPELO	M	40	01:51:15	01:48:13	OS CARACÓIS FURIOSOS
354	1606	PEDRO CARRASCO	M	42	01:52:25	01:49:42	SS MONTEPIO GERAL
355	1901	JOAO M B CRUZ	M	42	01:58:38	01:56:44	RUN@FIGUEIRA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1672	JOÃO VAZ	M	46	00:51:35	00:51:34	CCD O ALVITEJO
2	2065	MANUEL URBANO	M	46	00:52:48	00:52:47	GDC GUILHOVAI
3	2068	FERNANDO FERREIRA	M	48	00:54:32	00:54:30	GDC GUILHOVAI
4	1813	JOSE ANTUNES	M	48	00:54:41	00:54:40	GFD RUNNING
5	1760	JOAQUIM RODRIGUES	M	45	00:56:30	00:56:21	OS CARREGUEIRENSES
6	1820	JOÃO ANDRADE	M	48	00:56:51	00:56:49	GFD RUNNING
7	1523	ARTUR LOPES	M	47	00:57:22	00:57:15	ID VIEIRENSE
8	340	RUI ROBERTO	M	45	00:57:48	00:57:36	CA BARREIRA
9	330	GERMANO CAPELA	M	46	00:58:19	00:58:18	CA BARREIRA
10	1684	RICARDO SIMÕES	M	49	00:58:24	00:58:12	ESC ATLETISMO RUI SILVA
11	1964	JOÃO GUERREIRO	M	47	00:58:27	00:58:22	GDR FIGUEIRAS
12	2291	ANTÓNIO FERREIRA	M	47	00:58:32	00:58:25	INDIVIDUAL
13	1846	JOÃO DIAS	M	47	00:59:09	00:58:48	CLAC - ENTRONCAMENTO
14	1712	MÁRIO BONIFÁCIO	M	48	00:59:30	00:59:20	GRDC ZAMBUJEIRA S CALVO
15	1072	FERNANDO PAULO	M	47	01:00:20	01:00:13	ACLIS LIBERTY SEGUROS
16	715	ANTÓNIO J N VITORINO	M	45	01:00:23	01:00:15	PAC TRIATLO
17	2000	JORGE SILVA	M	47	01:00:34	01:00:28	GAU BAJOUCA
18	2388	JOSÉ PERDIGÃO	M	47	01:00:48	01:00:44	DASDIKES
19	626	CARLOS SOARES	M	46	01:00:55	01:00:45	CCRD BURINHOSA
20	2647	FERNANDO FIGUEIREDO	M	48	01:01:02	01:00:44	FALCÕES SELVAGENS
21	573	CARLOS DUARTE	M	48	01:01:07	01:00:57	CCRD BURINHOSA
22	2208	ERNESTO HEITOR	M	45	01:01:20	01:01:18	C BENFICA ABRANTES
23	1913	JORGE FERREIRA	M	49	01:01:22	01:01:14	GELPINHOS
24	663	FERNANDO BATISTA	M	46	01:01:30	01:00:13	ARCELORMITTAL RUNNERS
25	693	CARLOS AFOITO	M	49	01:01:32	01:00:16	ARCELORMITTAL RUNNERS
26	752	MANUEL J SOARES	M	49	01:01:33	01:01:27	UNIDOS MANUTENÇÃO
27	2420	JORGE SERRA	M	47	01:01:38	01:01:20	AÇOREANA C BANIF
28	2334	RUI J S RAMALHO	M	45	01:02:17	01:02:01	C MILLENNIUM BCP
29	1330	VITOR NOGUEIRA	M	49	01:02:23	01:02:15	GAA VILA FRANCA XIRA
30	1104	FERNANDO RODRIGUES	M	46	01:02:42	01:02:32	A VALE SILENCIO
31	1783	RUI BERNARDO	M	47	01:02:45	01:02:34	P4R
32	1064	PAULO LOPES	M	45	01:03:00	01:02:17	ACLIS LIBERTY SEGUROS
33	2196	LUÍS VIDINHA	M	45	01:03:31	01:03:29	CA NAZARE
34	1348	PEDRO M F RODRIGUES	M	46	01:03:37	01:03:30	CPR A-DO-BARBAS
35	2414	FRANCISCO CALÇADA	M	49	01:04:04	01:03:33	AÇOREANA C BANIF
36	157	ANTONIO AMIEIRO	M	45	01:04:06	01:03:03	FRIENDS2RUN
37	112	JORGE ALVES	M	45	01:04:15	01:03:38	RUN@FIGUEIRA
38	1719	EMANUEL MARQUES	M	45	01:04:29	01:04:10	GRDC ZAMBUJEIRA S CALVO
39	1686	PAULO SILVA	M	49	01:04:54	01:04:35	ESC ATLETISMO RUI SILVA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1729	JOSÉ CRESPO	M	48	01:04:55	01:04:50	CLUBE STRESS
41	459	MANUEL M V-B CALÇADA	M	45	01:05:00	01:04:37	INDIVIDUAL
42	879	ANTONIO J G OLIVEIRA	M	45	01:05:03	01:04:00	HC RUNNERS
43	1681	VITOR MARQUES	M	45	01:05:09	01:04:42	ESC ATLETISMO RUI SILVA
44	2229	LUIS EMIDIO	M	45	01:05:24	01:05:22	C BENFICA ABRANTES
45	1733	PEDRO NUNES	M	46	01:05:26	01:05:21	CLUBE STRESS
46	771	ANTÓNIO J R FRANCO	M	46	01:05:57	01:05:33	INDIVIDUAL
47	2423	PAULO MORADIAS	M	49	01:05:57	01:05:24	AÇOREANA C BANIF
48	1520	CARLOS PINTO	M	45	01:06:09	01:06:07	ID VIEIRENSE
49	2451	JOSÉ FINS	M	45	01:06:20	01:05:50	OS BRAGUINHAS
50	1625	ALEXANDRE SOUSA	M	47	01:06:43	01:05:45	CSP CM PENICHE
51	2610	ANTONIO GONÇALVES	M	49	01:07:03	01:06:40	CCDT METRO LX
52	711	JOÃO BENTO	M	45	01:07:26	01:05:56	BUERAPIDOS
53	1092	PAULO DUARTE	M	48	01:07:35	01:07:04	A VALE SILENCIO
54	975	AMILCAR S AMORIM	M	46	01:07:44	01:07:24	CP PONTÉVEL
55	1365	ADVENTINO CONCEIÇÃO	M	48	01:07:57	01:07:21	SUNSET RUN PATAIAS
56	2198	VÍTOR ESGAIO	M	46	01:08:01	01:07:36	CA NAZARE
57	1946	PAULO J R FERNANDES	M	47	01:08:03	01:07:35	INDIVIDUAL
58	148	PAULO J M FARIA	M	48	01:08:06	01:08:01	PORTUGAL RUNNERS
59	946	ALEXANDRE BEIJINHA	M	45	01:08:09	01:07:34	OS BEIJINHAS
60	1014	JORGE PRATAS	M	46	01:08:14	01:06:39	PANELA MAGICA
61	2393	JOSÉ A S FILIPE	M	49	01:08:22	01:07:55	J - FILIPE
62	1685	JOSÉ LUIS VIDAIS	M	45	01:08:26	01:08:06	ESC ATLETISMO RUI SILVA
63	2515	MIGUEL PALMA	M	47	01:08:32	01:08:18	AM ATIBA
64	2514	ANTONIO ADRO	M	45	01:08:32	01:08:18	AM ATIBA
65	2226	JOÃO C S ALVES	M	46	01:08:33	01:08:00	INDIVIDUAL
66	1925	ALBERTO BELO	M	48	01:08:39	01:07:49	GELPINHOS
67	2070	JOSE M BOUCEIRO	M	49	01:08:41	01:08:09	ADCR PJ
68	995	MANUEL MEXIA	M	48	01:08:54	01:05:10	CLUBE TAP PORTUGAL
69	2403	JOÃO SANTOS	M	49	01:08:55	01:08:50	AA LEBRES SADO
70	2429	ARLINDO DUARTE	M	49	01:08:56	01:08:23	AÇOREANA C BANIF
71	2345	PAULO H C PAIS	M	49	01:09:13	01:09:03	C MILLENNIUM BCP
72	528	LIBERTO Â S O SANTOS	M	47	01:09:34	01:09:08	INDIVIDUAL
73	51	JOSÉ MORGADO	M	45	01:09:37	01:08:05	AMIGOS GENY
74	529	JOSÉ C F NUNES	M	45	01:10:01	01:09:36	INDIVIDUAL
75	1509	LUÍS M S CRUZ	M	49	01:10:03	01:09:14	TUBARÕES ESPINHO
76	2634	ARMENIO MENDES	M	48	01:10:04	01:09:10	INDIVIDUAL
77	266	LUIS FERREIRA	M	48	01:10:05	01:09:42	RUNLOVERS
78	1525	LUIS PEDROSA	M	47	01:10:13	01:07:51	ID VIEIRENSE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	2651	JOSÉ M FERNANDES	M	45	01:10:19	01:09:06	C TABAQUEIRA RUNNING
80	922	CARLOS MAURICIO	M	47	01:10:36	01:08:33	TÁ LENTO PRA CORRER
81	1475	JOÃO FRIM	M	45	01:10:42	01:09:07	PANELA MÁGICA
82	399	LUÍS BASTOS	M	49	01:10:48	01:08:55	CCD SIEMENS
83	2117	JOÃO M S MENDES	M	49	01:10:51	01:10:42	ESTRELA CAMPO AVIAÇÃO FC
84	2360	JORGE A V SOARES	M	49	01:11:09	01:10:07	C MILLENNIUM BCP
85	480	LUÍS SOARES	M	47	01:11:30	01:10:18	CLUBE OGMA
86	2664	JSÉ GARCÊS	M	45	01:11:32	01:11:02	CAA BELÉM
87	997	RUDOLFO MARTINS	M	45	01:11:42	01:09:59	INDIVIDUAL
88	2067	JOAQUIM FERREIRA	M	49	01:11:48	01:10:37	GDC GUILHOVAI
89	2498	JOÃO M P FRANGO	M	45	01:12:01	01:09:46	PAPA KMS
90	2505	LUIS DIAS	M	46	01:12:02	01:11:45	AM ATIBA
91	1826	LUÍS MATOS PIRES	M	47	01:12:06	01:11:50	GFD RUNNING
92	2339	PEDRO M C NEVES	M	49	01:12:17	01:11:31	C MILLENNIUM BCP
93	1773	JOÃO VAZ	M	48	01:12:24	01:09:01	TURBO LENTO
94	2363	CARLOS J P RAMOS	M	48	01:12:29	01:11:19	C MILLENNIUM BCP
95	938	CARLOS A A DIAS	M	48	01:12:59	01:11:57	INDIVIDUAL
96	2550	PAULO J N ROCHA	M	47	01:13:01	01:11:35	INDIVIDUAL
97	1759	RUI SALES	M	47	01:13:12	01:12:38	OS CARREGUEIRENSES
98	323	ANDRÉ RODRIGUES	M	47	01:13:14	01:12:14	CA BARREIRA
99	1221	PEDRO TRABUCHO	M	49	01:13:27	01:12:47	GD BANCO BPI
100	1324	CARLOS CAMPOS	M	47	01:13:32	01:12:43	AFIS OVAR
101	240	PAULO PRATA	M	47	01:13:34	01:12:59	INDIVIDUAL
102	1823	JORGE COSTA	M	47	01:13:52	01:12:26	GFD RUNNING
103	186	LUIS SOUSA	M	49	01:13:53	01:13:48	INDIVIDUAL
104	294	JOÃO P D BAPTISTA	M	46	01:13:53	01:12:59	OS GALGOS TANCOS
105	136	JOÃO MONTEIRO	M	46	01:13:54	01:13:41	INDIVIDUAL
106	295	MÁRIO J C BERNARDINO	M	45	01:13:54	01:13:01	OS GALGOS TANCOS
107	2369	CARLOS M R DINIS	M	49	01:13:57	01:13:47	C MILLENNIUM BCP
108	1936	VITOR FARIA	M	45	01:14:03	01:13:16	GELPINHOS
109	1772	CARLOS MORAIS	M	45	01:14:05	01:10:42	TURBO LENTO
110	1696	HENRIQUE GONÇALVES	M	45	01:14:16	01:13:10	SS CGD
111	1900	JOÃO PEDRO SILVA	M	46	01:14:17	01:11:59	SS CGD
112	2280	PAULO MARQUES	M	49	01:14:50	01:14:05	EQUIPA MARAVILHA
113	1894	HENRIQUE OLIVEIRA	M	47	01:15:01	01:13:05	CASCAIS PANDILHA REDUX
114	2151	CARLOS SOUSA	M	49	01:15:03	01:14:07	CARACOL TRAIL TEAM
115	800	NELIO MACEDO	M	47	01:15:03	01:14:53	INDIVIDUAL
116	2077	BART SCHOENMAKERS	M	45	01:15:04	01:12:10	GD INE
117	344	FERNANDO ESPERANÇA	M	48	01:15:06	01:13:36	CA BARREIRA



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	222	GONÇALO MELO	M	47	01:15:24	01:14:58	RUN 4 FUN
119	1991	JOSÉ M S MAESTRE	M	47	01:15:26	01:13:48	CA DIOCLES MÉRIDA
120	2413	FRANCISCO PEREIRA	M	47	01:15:28	01:13:57	AÇOREANA C BANIF
121	2394	ALBERTO C H TADEIA	M	46	01:15:45	01:13:36	GCA DONAS
122	518	MÁRIO LOPES	M	45	01:16:00	01:14:32	OS PERIGOSOS
123	956	ANTÓNIO MORGADO	M	47	01:16:02	01:13:42	VILARCDR
124	628	PAULO PEDROSO	M	45	01:16:08	01:14:59	CCRD BURINHOSA
125	2377	EDGAR FRANCISCO	M	48	01:16:45	01:14:28	URD ARRANHÒ
126	1090	CARLOS COSTA	M	47	01:16:57	01:13:45	A VALE SILENCIO
127	260	NUNO MARQUES	M	46	01:17:03	01:16:42	RUNLOVERS
128	1224	PAULO V LUZ	M	47	01:17:03	01:16:23	GD BANCO BPI
129	1402	VASCO A BORGES	M	45	01:17:07	01:15:00	BTTRAIN
130	1864	PEDRO RAMOS	M	46	01:17:11	01:16:44	INDIVIDUAL
131	1584	JOÃO RIBEIRO	M	48	01:17:11	01:15:00	CLUBE ANA LISBOA
132	1420	HENRIQUE NARCISO	M	49	01:17:15	01:15:42	TOKATODOS
133	1578	ABILIO FRADE	M	48	01:17:22	01:14:49	RIMAR
134	563	MÁRIO FELIZARDO	M	49	01:17:23	01:16:40	NÃO FAZEMOS NEM MAIS UM KM
135	1093	JULIO ROQUE	M	48	01:17:27	01:16:56	A VALE SILENCIO
136	2350	LUIS M L COSTA	M	45	01:17:28	01:16:19	C MILLENNIUM BCP
137	212	CARLOS O RODRIGUES	M	45	01:17:51	01:15:13	TEJAVISTA
138	95	LUIS CANHÃO	M	48	01:17:54	01:15:32	TARTARUGAS SOLIDÁRIAS
139	2233	LUÍS FERREIRA	M	46	01:18:01	01:16:56	RAIL RUNNERS
140	335	MIGUEL SARAIVA	M	46	01:18:13	01:15:34	CA BARREIRA
141	2479	JOSÉ RODRIGUES	M	47	01:18:18	01:16:16	UEP/GOC
142	543	JOSÉ M B GONÇALVES	M	49	01:18:29	01:16:44	MARMOTAS
143	474	JOAQUIM BEXIGA	M	46	01:18:29	01:17:16	CLUBE OGMA
144	1611	ANTONIO FRANCO	M	49	01:18:30	01:16:58	SS MONTEPIO GERAL
145	993	RUI M F GASPAR	M	46	01:18:33	01:17:26	OFFTEL RUNNERS
146	1605	PAULO RAINHO	M	47	01:18:44	01:16:00	SS MONTEPIO GERAL
147	2251	PEDRO SOUSA	M	46	01:18:57	01:15:34	CLUBE SOSI
148	1934	JORGE MARTINS	M	49	01:19:10	01:18:42	GELPINHOS
149	595	MÁRIO J G GASPAR	M	49	01:19:17	01:16:43	MOOVE
150	1101	FERNANDO SILVA	M	49	01:19:24	01:17:06	A VALE SILENCIO
151	145	NUNO LOUREIRO	M	47	01:19:26	01:18:05	FALCÕES SELVAGENS
152	1225	JOSÉ C GAMA	M	47	01:19:28	01:16:37	GD BANCO BPI
153	1476	LUÍS CLÁUDIO	M	46	01:19:33	01:17:50	PANELA MÁGICA
154	966	CARMINDO SOARES	M	45	01:19:36	01:19:30	MOV JUVENTUDE MERELIM
155	1836	JOAO WANZELLER	M	45	01:19:49	01:18:19	GFD RUNNING
156	1593	PEDRO MACHADO	M	46	01:20:13	01:19:11	CLUBE ANA LISBOA

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	882	ANTÓNIO LUIS	M	46	01:20:19	01:19:26	JOBRINDE - MONTES SALOIOS
158	394	JOAO MOREIRA	M	46	01:20:42	01:20:42	INDIVIDUAL
159	656	CARLOS RODRIGUES	M	45	01:20:58	01:18:35	CD ÁGUIAS ALPIARÇA
160	485	JORGE D PINHEIRO	M	47	01:21:00	01:18:55	RUN 4 FUN
161	1521	PAULINO SOUSA	M	46	01:21:11	01:20:30	ID VIEIRENSE
162	2066	MANUEL ANDRADE	M	48	01:21:12	01:20:03	GDC GUILHOVAI
163	1797	VÍTOR ARSÉNIO	M	46	01:21:21	01:18:11	INDIVIDUAL
164	996	DIOGO DIAS	M	47	01:21:40	01:19:57	INDIVIDUAL
165	2125	CARLOS A M REBELO	M	48	01:22:09	01:21:11	INDIVIDUAL
166	2667	MÁRIO SILVA	M	49	01:22:10	01:19:16	INDIVIDUAL
167	23	JOÃO GARCIA	M	48	01:22:13	01:20:01	INDIVIDUAL
168	2108	RUI MOURATO	M	45	01:22:21	01:21:20	ALPTRILHOS
169	735	ODERLINDO M VIDA	M	49	01:22:25	01:19:59	CARAMELOS
170	2652	LUIS AMARAL	M	45	01:22:32	01:21:20	C TABAQUEIRA RUNNING
171	1124	ANTÓNIO SANTOS	M	49	01:22:47	01:21:29	INDIVIDUAL
172	2355	ANTONIO J Q ALMEIDA	M	47	01:23:15	01:21:34	C MILLENNIUM BCP
173	2430	ANTÓNIO F R FELICIO	M	45	01:23:17	01:21:31	INDIVIDUAL
174	2432	CARLOS M R APARICIO	M	48	01:23:17	01:21:32	INDIVIDUAL
175	2645	PAULO GONÇALVES	M	47	01:23:40	01:21:56	JOBRINDE - MONTES SALOIOS
176	1787	JOAO P BALAU	M	48	01:23:40	01:21:32	INDIVIDUAL
177	1089	EMÍLIO GONÇALVES	M	47	01:23:45	01:21:24	A VALE SILENCIO
178	1274	EDUARDO FREITAS	M	45	01:24:20	01:23:00	FAST AND FURIOUS RT
179	2408	PAULO MARTINS	M	46	01:24:27	01:21:44	RUNNING OF D MARIA
180	745	ANTONIO V SILVA	M	47	01:24:28	01:23:35	INDIVIDUAL
181	1179	PAULO GONÇALVES	M	46	01:24:29	01:21:45	CLUBE GRUPO BES
182	1227	RENATO M CRUZ	M	45	01:24:48	01:24:08	GD BANCO BPI
183	549	JOSE C PEREIRA	M	46	01:24:49	01:22:12	INDIVIDUAL
184	824	JOSÉ RIBEIRO	M	49	01:24:53	01:21:46	VAMOS LÁ
185	262	FRANCO WUDICH	M	49	01:24:57	01:24:35	RUNLOVERS
186	67	JOÃO A JORGE	M	47	01:25:13	01:23:28	JOBRINDE - MONTES SALOIOS
187	2658	ANDRÉ NORONHA	M	49	01:25:19	01:23:05	SS CGD
188	1866	ALVARO SILVEIRA	M	49	01:25:32	01:24:15	MACUAS
189	806	LUÍS PIRES	M	46	01:25:36	01:23:30	CA AMIGOS PARQUE PAZ
190	2295	JOSE PENNA	M	49	01:25:49	01:24:19	KEEP RUNNING
191	2509	JOSÉ BORGES	M	45	01:25:57	01:25:03	AM ATIBA
192	128	CARLOS CORREIA	M	46	01:26:04	01:25:34	VODAFONE
193	205	LUÍS A D CARVALHINHO	M	46	01:26:06	01:24:53	INDIVIDUAL
194	2600	RAFAEL SANTOS	M	47	01:26:09	01:22:54	CCDT METRO LX
195	409	LEONEL VIEITO	M	47	01:26:11	01:23:24	C ORIENTAÇÃO CENTRO

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	732	SERGIO M L MARTINS	M	46	01:26:14	01:22:44	INDIVIDUAL
197	1723	CARLOS PINTO DE ABREU	M	47	01:26:18	01:24:33	CLUBE STRESS
198	1973	FERNANDO M COELHO	M	49	01:26:29	01:24:59	INDIVIDUAL
199	1586	JOSÉ C ALMEIDA	M	47	01:27:29	01:25:20	CLUBE ANA LISBOA
200	1706	RUI SANTOS	M	46	01:27:41	01:26:14	SS CGD
201	1918	NUNO ALMEIDA	M	46	01:27:55	01:27:40	GELPINHOS
202	2094	RUI XAVIER	M	47	01:27:58	01:27:07	CP EDP LISBOA
203	354	MIGUEL VARELA	M	49	01:28:01	01:27:44	GARAGE TEAM
204	1950	MÁRIO SANTOS	M	47	01:28:09	01:25:33	INDIVIDUAL
205	1150	JOSÉ VILELA	M	49	01:28:23	01:27:12	CLUBE ROBBIALAC
206	248	MIGUEL R SILVA	M	45	01:28:34	01:25:32	OS CARACÓIS FURIOSOS
207	2489	LUÍS M C M COSTA	M	46	01:28:35	01:26:57	INDIVIDUAL
208	1879	FERNANDO MARTINS	M	47	01:28:40	01:26:19	RUN 4 FUN
209	844	JOSE C CORREIA	M	46	01:28:49	01:26:50	CORRE@CORRER
210	140	PEDRO F V S FARO	M	46	01:29:02	01:25:56	INDIVIDUAL
211	619	SAMUEL L SANTOS	M	47	01:29:03	01:28:12	HORTAPRONTA, SA
212	376	GONÇALO C NETO	M	47	01:29:42	01:26:52	PATATI PATATÁ BORA LÁ!
213	2373	PEDRO A A PIRES	M	46	01:29:43	01:26:32	C MILLENNIUM BCP
214	1784	JORGE FILIPE	M	48	01:29:54	01:26:43	P4R
215	2333	LEONEL F G BRANDAO	M	46	01:29:57	01:27:53	C MILLENNIUM BCP
216	684	LUIS M P ANDRADE	M	45	01:30:07	01:27:33	INDIVIDUAL
217	616	NUNO F S MAMEDE	M	45	01:30:31	01:29:35	HORTAPRONTA, SA
218	1769	JOÃO MORADIAS	M	45	01:30:37	01:29:09	TURBO LENTO
219	1170	JOSÉ GONÇALVES	M	48	01:30:56	01:27:35	CLUBE GRUPO BES
220	2602	MÁRIO GONÇALVES	M	48	01:31:05	01:27:51	CCDT METRO LX
221	1455	JOÃO C A MOTA	M	45	01:31:05	01:30:22	INDIVIDUAL
222	2372	JOSE F C MARQUES	M	47	01:31:05	01:30:22	C MILLENNIUM BCP
223	1770	MANUEL MAGALHÃES	M	47	01:31:06	01:27:42	TURBO LENTO
224	2641	GILBERTO SILVA	M	49	01:31:08	01:27:49	INDIVIDUAL
225	71	JORGE TEIXEIRA	M	45	01:32:49	01:29:51	NED KELLY
226	646	JOSÉ MOURA	M	48	01:34:13	01:32:40	FALCÕES SELVAGENS
227	839	JOÃO C BORGES	M	46	01:35:08	01:32:19	TEJAVISTA
228	783	LUIS ROSA	M	46	01:35:09	01:33:45	INDIVIDUAL
229	2533	JORGE CEREJEIRA	M	46	01:35:10	01:33:41	OZ ENERGIA
230	1915	RAUL CORREIA	M	49	01:35:15	01:34:48	GELPINHOS
231	2703	MANUEL SANTIAGO FARO	M	48	01:35:16	01:32:43	INDIVIDUAL
232	907	JORGE M C L ALVES	M	47	01:36:31	01:33:05	CASA MARÉS 1
233	1223	MÁRIO R P PINHO	M	47	01:36:36	01:33:36	GD BANCO BPI
234	283	PAULO BORGES	M	46	01:36:58	01:33:52	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
235	537	CARLOS JOSE	M	47	01:37:05	01:35:11	VITORIAS
236	2629	LUIS P SANTOS	M	47	01:37:57	01:34:55	LUISIANA
237	1569	DUARTE A C CLARA	M	48	01:38:03	01:37:07	HORTAPRONTA, SA
238	576	VITOR RODRIGUES	M	47	01:38:05	01:37:57	CCRD BURINHOSA
239	1300	JORGE FERREIRA	M	49	01:39:02	01:36:53	TÁ LENTO PRA CORRER
240	2060	CARLOS PEREIRA	M	47	01:40:04	01:37:01	FALTA MUITO
241	826	HUMBERTO RIBEIRO	M	46	01:40:41	01:37:33	VAMOS LÁ
242	1222	LAURINDO S OLIVEIRA	M	47	01:40:45	01:37:42	GD BANCO BPI
243	827	RODRIGO MORAIS	M	47	01:40:47	01:37:40	VAMOS LÁ
244	1753	RICARDO J L GONÇALVES	M	46	01:40:49	01:38:04	SALSA & CO
245	2674	RUI JOSÉ OLIVEIRA	M	47	01:41:18	01:38:58	SS CGD
246	893	JOSÉ M O V ALMEIDA	M	45	01:41:44	01:38:53	INDIVIDUAL
247	462	MÁRIO R P VALÉRIO	M	48	01:42:12	01:41:19	INDIVIDUAL
248	1738	JOSE M P FREIRE	M	45	01:44:24	01:44:12	GANGUE SAPATILHA
249	1700	MANUEL BRÁS	M	46	01:44:32	01:42:21	SS CGD
250	1166	FERNANDO FILIPE	M	46	01:45:54	01:43:11	CLUBE GRUPO BES
251	2143	JOAQUIM CORRULA	M	48	01:45:57	01:43:11	BRANDOA CORRE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1812	EUGÊNIO NETO	M	51	00:52:28	00:52:26	GFD RUNNING
2	2506	JOSÉ HEITOR	M	53	00:53:17	00:53:16	AM ATIBA
3	1528	JÚLIO HENRIQUES	M	53	00:55:12	00:55:11	ID VIEIRENSE
4	672	JOSE BORGES	M	53	00:55:19	00:55:19	INDIVIDUAL
5	1519	GABRIEL RODRIGUES	M	50	00:55:26	00:55:24	ID VIEIRENSE
6	1962	JOSÉ RAIMUNDO	M	51	00:56:01	00:55:58	GDR FIGUEIRAS
7	1065	JOÃO CARDOSO	M	52	00:56:49	00:56:46	ACLIS LIBERTY SEGUROS
8	2590	MANUEL AZEVEDO	M	50	00:58:50	00:58:44	OS BRAGUINHAS
9	591	CARLOS NUNES	M	52	00:59:03	00:58:46	CP MANGUALDE
10	822	JOÃO P MAIA	M	51	01:00:38	01:00:22	FALCÕES SELVAGENS
11	1837	VICTOR CARVALHO	M	52	01:01:51	01:01:49	GFD RUNNING
12	1524	RUI DINIS	M	50	01:02:14	01:02:07	ID VIEIRENSE
13	562	JOSÉ A P OLIVEIRA	M	52	01:02:48	01:02:11	INDIVIDUAL
14	2663	JOSÉ GORDILHO	M	50	01:03:22	01:03:07	CAA BELÉM
15	1680	FERNANDO GARÇÃO	M	50	01:03:25	01:03:07	ESC ATLETISMO RUI SILVA
16	2246	MANUEL SILVA	M	54	01:04:05	01:02:08	CALDAS SÃO JORGE SC
17	1218	MÁRIO J M MARQUES	M	53	01:04:12	01:03:34	GD BANCO BPI
18	2115	JOSÉ A R LOPES	M	50	01:04:27	01:04:14	ESTRELA CAMPO AVIAÇÃO FC
19	1328	PAULO R SANTOS	M	51	01:04:41	01:04:21	PAC TRIATLO
20	1715	EURICO AGOSTINHO	M	53	01:04:42	01:03:52	GRDC ZAMBUJEIRA S CALVO
21	727	VICTOR MANSO	M	52	01:05:35	01:05:26	ATLETAS FAROLIM PENICHE
22	1929	LUIS FILIPE PEREIRA	M	52	01:05:35	01:05:05	GELPINHOS
23	334	LUÍS ESTRELINHA	M	50	01:05:47	01:05:21	CA BARREIRA
24	1235	ANTÓNIO MERUJO	M	54	01:06:10	01:05:04	GOLDEN TEAM
25	2149	ANIBAL GODINHO	M	50	01:06:13	01:05:12	CARACOL TRAIL TEAM
26	655	JOSÉ A A BRITO	M	51	01:06:25	01:06:00	INDIVIDUAL
27	2336	PAULO M L RATO	M	51	01:06:48	01:05:55	C MILLENNIUM BCP
28	2609	ANTONIO PEREIRA	M	50	01:07:03	01:06:43	CCDT METRO LX
29	2712	OCTAVIO AFONSO	M	53	01:07:17	01:06:47	OS BRAGUINHAS
30	1985	JOÃO C F. COUTINHO	M	51	01:07:50	01:05:43	TÁ LENTO PRA CORRER
31	1130	PEDRO MARIA	M	50	01:07:55	01:07:47	SCALABIS NIGHT RUNNERS
32	792	JOAQUIM S FIDALGO	M	53	01:08:03	01:07:46	TEJAVISTA
33	1998	ANTÓNIO FERNANDES	M	53	01:08:05	01:07:41	GAU BAJOUCA
34	2317	JOSÉ DUARTE	M	52	01:08:06	01:07:51	OS AMIGOS DO B!
35	1713	AMANDEO CAETANO	M	51	01:08:26	01:07:36	GRDC ZAMBUJEIRA S CALVO
36	1526	ALBERTO VINAGRE	M	52	01:08:31	01:08:07	ID VIEIRENSE
37	24	JOSE C MELO	M	51	01:08:32	01:08:03	RUN 4 FUN
38	1601	JOÃO MACHADO	M	52	01:08:35	01:07:47	OS MATRECOS
39	834	EURICO NICO	M	53	01:08:38	01:06:32	OS GALGOS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	2191	ANTÓNIO ALEXANDRE	M	54	01:08:39	01:07:53	CA NAZARE
41	1575	ANTONIO COSTA	M	50	01:08:40	01:08:36	C BENFICA ABRANTES
42	1596	PAULO MESTRE	M	50	01:08:51	01:08:03	OS MATRECOS
43	1677	JOSÉ CASTRO	M	53	01:09:09	01:08:30	CCD O ALVITEJO
44	349	ANTÓNIO FERNANDES	M	50	01:09:14	01:08:55	POPOPNEUS
45	903	LUIS A MARTINS	M	50	01:09:35	01:07:38	OS PINHEIROS
46	1570	JOSÉ LINO DUARTE	M	54	01:09:38	01:08:50	INDIVIDUAL
47	2569	JOAO MARREIROS	M	50	01:09:53	01:09:09	INDIVIDUAL
48	421	MIGUEL SAN-PAYO	M	52	01:10:02	01:09:41	RUN 4 FUN
49	2322	JOSE M SOARES	M	51	01:10:11	01:09:07	ALPTRILHOS
50	1961	FERNANDO SANTOS	M	54	01:10:48	01:10:43	GDR FIGUEIRAS
51	2114	VITOR M M FERREIRA	M	51	01:10:49	01:10:07	ESTRELA CAMPO AVIAÇÃO FC
52	1164	CARLOS NABIÇA	M	50	01:10:59	01:10:36	CLUBE GRUPO BES
53	2449	JOSÉ SEQUEIRA	M	53	01:11:15	01:10:46	OS BRAGUINHAS
54	1932	LUIS NUNES	M	54	01:11:28	01:11:11	GELPINHOS
55	1848	JOSÉ VITAL	M	50	01:11:32	01:11:22	CLAC - ENTRONCAMENTO
56	1986	ANTERO JERÓNIMO	M	52	01:11:36	01:10:41	FALCÕES SELVAGENS
57	2381	RUI VENTURA	M	53	01:11:38	01:11:29	CCRD BURINHOSA
58	908	ANTONIO R VELOSO	M	53	01:11:42	01:10:56	INDIVIDUAL
59	2346	FERNANDO A G RODRIGUES	M	50	01:11:45	01:10:59	C MILLENNIUM BCP
60	2192	JOSÉ GERARDO	M	52	01:11:54	01:11:08	CA NAZARE
61	1632	JOSÉ S AUGUSTO	M	53	01:11:55	01:11:04	FALCÕES SELVAGENS
62	1679	VÍTOR SANTOS	M	50	01:12:01	01:11:40	ESC ATLETISMO RUI SILVA
63	1676	JOAQUIM MARTINS	M	54	01:12:01	01:11:26	CCD O ALVITEJO
64	733	RUBEN A COSTA	M	50	01:12:07	01:11:41	RUN 4 FUN
65	1714	ANTÓNIO CLARA	M	51	01:12:10	01:10:11	GRDC ZAMBUJEIRA S CALVO
66	1195	JOAO CARLOS	M	51	01:12:22	01:11:47	FISIOPATELAR
67	1335	ANTÓNIO RIBEIRO	M	52	01:12:43	01:11:36	GAA VILA FRANCA XIRA
68	1638	HENRIQUE COSTA	M	54	01:13:11	01:12:16	CSP CM PENICHE
69	2164	FRANCISCO C SANTOS	M	54	01:13:12	01:13:03	GD COSTA BRAVA
70	777	JOSÉ C CARDOSO	M	54	01:13:34	01:12:57	HOTEL MIRA PAIVA
71	2473	PAULO ALVES	M	51	01:13:38	01:12:19	SOBEIDESCE
72	1437	JOSE RODRIGUES	M	54	01:13:43	01:12:25	EXTINTOS AGUALVA
73	1995	JORGE PAULINO	M	51	01:14:03	01:13:40	AMIGOS PENICHE
74	2008	SÉRGIO MARCELINO	M	50	01:14:19	01:11:09	GAU BAJOUCA
75	566	RUI S MATEUS	M	50	01:14:35	01:12:38	NÃO FAZEMOS NEM MAIS UM KM
76	2367	JOSE C M FARIA	M	53	01:14:49	01:13:36	C MILLENNIUM BCP
77	1992	EULALIO M GÓMEZ	M	50	01:15:26	01:13:48	CA DIOCLES MÉRIDA
78	227	MANUEL ROMANO	M	50	01:15:40	01:13:38	RUN 4 FUN

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1542	EUGENIO MENDES	M	53	01:15:41	01:13:18	AC VERMOIL
80	2055	LUIS SOBRAL	M	52	01:15:43	01:12:38	GD ÁGUIAS MOITA
81	971	JOSÉ CAVACO	M	53	01:15:45	01:14:28	INDIVIDUAL
82	2603	JOAO SEQUEIRA	M	51	01:15:47	01:12:33	CCDT METRO LX
83	1282	PAULO SANTOS	M	50	01:15:52	01:13:15	INDIVIDUAL
84	808	JOSÉ A G G CRUZ	M	53	01:16:12	01:14:51	FALCÕES SELVAGENS
85	436	JOÃO M S DIOGO	M	50	01:16:15	01:15:11	INDIVIDUAL
86	2331	MANUEL P S PEREIRA	M	53	01:16:17	01:15:07	C MILLENNIUM BCP
87	2690	JOSE C S CONDEÇO	M	52	01:16:23	01:16:11	INDIVIDUAL
88	1091	HERNÂNI MONTEIRO	M	53	01:16:23	01:14:04	A VALE SILENCIO
89	957	JOSÉ E M MARIQUITOS	M	52	01:16:30	01:15:57	LIGA REGIONAL MELH ORTIGA
90	1694	EGIDIO SILVA	M	50	01:16:39	01:16:07	SS CGD
91	1627	ANTONIO MAMEDE	M	51	01:16:43	01:15:20	CSP CM PENICHE
92	2545	RUI GRAÇA	M	51	01:16:47	01:16:08	CRÉDITO AGRICOLA
93	574	LUIS CONCEIÇÃO	M	54	01:16:54	01:15:38	CCRD BURINHOSA
94	1873	RUI BORGES	M	52	01:17:27	01:16:27	GA MONSANTO GASCAN
95	565	JOSÉ A C COSTA	M	52	01:17:28	01:16:09	NÃO FAZEMOS NEM MAIS UM KM
96	1874	JOÃO PINTO	M	53	01:17:29	01:16:29	GA MONSANTO GASCAN
97	2001	FILIFE CARVALHEIRO	M	50	01:17:32	01:16:28	GAU BAJOUCA
98	137	ANTÓNIO M C F VIEIRA	M	54	01:17:39	01:16:24	INDIVIDUAL
99	1675	HORÁCIO RUIVO	M	53	01:17:41	01:16:34	CCD O ALVITEJO
100	572	JOSÉ SOARES	M	52	01:17:45	01:14:19	CCRD BURINHOSA
101	1254	MÁRIO FAUSTINO	M	54	01:17:49	01:17:20	AMIGOS TELHEIRO
102	2199	JOÃO MELO	M	53	01:17:51	01:17:01	INDIVIDUAL
103	1488	JOSÉ MATOS	M	52	01:18:00	01:16:10	GD BANCO PORTUGAL
104	1148	RAÚL COSTA	M	53	01:18:15	01:17:08	CLUBE ROBBIALAC
105	510	MÁRIO P VICENTE	M	52	01:18:31	01:17:42	CB RUNNING
106	2383	JOSÉ A S R SANTOS	M	53	01:18:36	01:18:01	RTOS DO ASFALTO
107	849	VICTOR GOMES	M	50	01:18:46	01:16:09	COPYKNOMICA TEAM
108	1261	ANTÓNIO J B PEDRO	M	54	01:19:01	01:17:30	DRIVERS TEAM
109	488	JOÃO PEREIRA	M	50	01:19:26	01:18:19	EIRAGYM
110	2721	FRANCISCO SILVA	M	53	01:19:26	01:18:03	FALCOES SELVAGENS
111	1358	CARLOS SAMPAIO CORREIA	M	50	01:19:26	01:15:59	INDIVIDUAL
112	854	JULIO PATRICIO	M	51	01:19:31	01:17:49	PATRICIOS
113	1372	JOSÉ R FERNANDES	M	50	01:19:38	01:17:32	INDIVIDUAL
114	48	CARLOS J MONTEIRO	M	53	01:19:41	01:18:56	INDIVIDUAL
115	1653	SÉRGIO T PFUMO	M	53	01:19:46	01:19:43	GD PORTO SINES
116	303	FRANCISCO A SOUSA	M	54	01:19:48	01:17:43	COVILHETES
117	2704	JOAO RAMOS	M	53	01:19:48	01:19:07	OS SANTARENOS



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	2024	ANTÓNIO M CORREIA	M	52	01:19:50	01:17:44	WEVENTUAL
119	1345	JOSE NOGUEIRA	M	53	01:20:12	01:19:04	ELITE SPICE
120	1037	QUIRINO NETO	M	53	01:20:20	01:19:32	BV ALVERCA
121	288	VÍTOR F C MELO	M	52	01:20:25	01:20:25	INDIVIDUAL
122	813	JOSE M P MELO	M	52	01:20:37	01:19:25	PASTELARIA RIO MEL
123	308	JOAQUIM M C LIMA	M	50	01:20:44	01:19:42	CLUBE VODAFONE
124	501	CARLOS COELHO	M	54	01:20:48	01:18:42	AMIGOS PAZ
125	1043	VALDEMAR SOUSA	M	52	01:20:52	01:19:52	ARPE
126	2040	MANUEL PEREIRA	M	54	01:20:57	01:18:21	OS KÁGADOS
127	235	FERNANDO C MARQUES	M	51	01:20:58	01:20:03	INDIVIDUAL
128	1463	GABRIEL SANTOS	M	54	01:21:08	01:20:38	AMIGOS A-DO-BARBAS
129	2059	CARLOS M L FERNANDES	M	52	01:21:22	01:19:53	KEEP RUNNING
130	2623	ANTÓNIO VENTURA	M	54	01:21:52	01:19:53	AD REAL ACADEMIA
131	2089	ARLINDO PARRA	M	52	01:22:41	01:20:16	CP EDP LISBOA
132	2679	JOSÉ SOUSA	M	52	01:22:42	01:21:03	CCD TRANQUILIDADE
133	2057	AMÁVEL LUZ	M	53	01:23:20	01:23:02	INDIVIDUAL
134	1727	JOAQUIM CAMÕES	M	53	01:23:25	01:22:14	CLUBE STRESS
135	1690	ANTONIO NEGRINHO	M	50	01:23:34	01:21:22	SS CGD
136	2338	MIGUEL J S SANTOS	M	52	01:23:40	01:22:45	C MILLENNIUM BCP
137	778	JOSE NASCIMENTO	M	50	01:24:09	01:22:17	INDIVIDUAL
138	2146	JOSE DIAS	M	54	01:24:12	01:23:14	BRANDOA CORRE
139	1465	JOÃO M P MACHADO	M	50	01:24:26	01:22:49	INDIVIDUAL
140	32	NICOLAU GOUVEIA	M	54	01:24:37	01:22:26	INDIVIDUAL
141	944	FERNANDO R LUÍS	M	52	01:24:41	01:22:33	GANHA DORES
142	269	CARLOS SEBASTIAO	M	53	01:24:47	01:22:02	INDIVIDUAL
143	2458	JORGE M N VITORINO	M	50	01:25:03	01:21:55	ATLETAS FAROLIM PENICHE
144	1851	VÍTOR SILVA	M	50	01:25:33	01:24:31	CLAC - ENTRONCAMENTO
145	1768	JOAQUIM VALADARES	M	51	01:25:40	01:24:17	TURBO LENTO
146	780	ALBERTO SOARES	M	52	01:25:46	01:23:54	INDIVIDUAL
147	644	LUÍS REIS	M	51	01:25:48	01:24:25	FALCÕES SELVAGENS
148	223	JOAO C M FERREIRA	M	50	01:25:55	01:23:50	TÁ LENTO PRA CORRER
149	166	PAULO PESSOA	M	51	01:25:58	01:23:34	LX RUN
150	195	CARLOS VIEGAS	M	52	01:26:01	01:23:02	CLUBE VODAFONE
151	2534	FERNANDO HENRIQUES	M	50	01:27:04	01:25:39	OZ ENERGIA
152	2144	JOSE PIEDADE	M	51	01:27:16	01:26:17	BRANDOA CORRE
153	2368	ANTONIO M B SEIXAS	M	50	01:27:18	01:23:53	C MILLENNIUM BCP
154	2592	JOÃO CORREIA	M	53	01:27:21	01:25:02	SS CGD
155	821	ILIDIO M P CORDEIRO	M	51	01:27:28	01:25:59	INDIVIDUAL
156	2722	ANTONIO CANDEIAS	M	52	01:27:46	01:26:23	FALCOES SELVAGENS



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	2046	PAULO PINHO	M	50	01:27:59	01:27:05	OS KÁGADOS
158	1503	PAULO M TAINHA	M	50	01:28:07	01:27:36	INDIVIDUAL
159	119	JOSÉ A P SERRÃO	M	50	01:28:17	01:25:14	INDIVIDUAL
160	1652	FERNANDO J FRAGATEIRO	M	53	01:28:21	01:26:14	GD PORTO SINES
161	759	JOSÉ M MOÇO	M	50	01:28:38	01:27:09	INDIVIDUAL
162	383	LUIS ROMANEIRO	M	54	01:29:19	01:27:33	FATILU
163	1906	MANUEL RIBEIRO	M	54	01:29:29	01:27:08	AC JAVALINENSE
164	1458	JOSÉ M AMARO	M	54	01:30:00	01:26:33	INDIVIDUAL
165	2446	JOSÉ L MOTA	M	54	01:30:11	01:29:40	OS BRAGUINHAS
166	2378	GABRIEL ANTONIO	M	50	01:30:18	01:26:48	URD ARRANHÔ
167	2428	JOSE SEQUEIRA	M	53	01:30:38	01:27:33	AÇOREANA C BANIF
168	2418	VITOR RAFAEL	M	51	01:30:47	01:30:14	AÇOREANA C BANIF
169	1220	FERNANDO MORAIS	M	51	01:31:10	01:28:07	GD BANCO BPI
170	1979	PEDRO MACHADO	M	51	01:31:36	01:31:10	RUN 4 FUN
171	371	JOÃO P S LIMA	M	54	01:31:51	01:28:44	4 AO KM
172	1044	FERNANDO FERREIRA	M	50	01:32:13	01:31:12	ARPE
173	1620	MANUEL J NARCISO	M	50	01:32:17	01:29:38	SS MONTEPIO GERAL
174	2365	AUGUSTO S LOURENCO	M	52	01:32:31	01:30:40	C MILLENNIUM BCP
175	2431	LUIS F APARICIO	M	53	01:33:00	01:31:14	INDIVIDUAL
176	638	ADALBERTO GRILO	M	51	01:33:01	01:30:17	RUN 4 FUN
177	2325	JÚLIO SANTOS	M	53	01:33:10	01:32:25	INDIVIDUAL
178	550	JORGE FRAGA	M	52	01:34:08	01:31:30	INDIVIDUAL
179	805	FILIFE J SILVA	M	53	01:34:17	01:31:58	CA AMIGOS PARQUE PAZ
180	1728	JOAQUIM LEAL	M	51	01:34:24	01:31:12	CLUBE STRESS
181	1876	LUIS F ALVES	M	52	01:35:26	01:34:25	GA MONSANTO GASCAN
182	1196	JOSÉ P M LEAL	M	50	01:35:27	01:33:22	INDIVIDUAL
183	1928	JOSE FERNANDES	M	52	01:35:28	01:32:04	GELPINHOS
184	199	LUIS DINIS	M	50	01:35:39	01:32:44	CLUBE VODAFONE
185	2696	RICARDO ESTEVES	M	53	01:38:37	01:37:46	INDIVIDUAL
186	2616	ORLANDO SOUSA	M	51	01:43:49	01:40:33	CCDT METRO LX
187	2612	JOAO BARBOSA	M	53	01:43:49	01:40:33	CCDT METRO LX
188	1207	JOÃO SIMÕES	M	50	01:44:39	01:43:27	CLUBE OGMA
189	1208	JOSÉ OLIVEIRA	M	50	01:44:39	01:43:26	CLUBE OGMA
190	561	CARLOS V S MENDES	M	50	01:45:55	01:42:26	LUA
191	2306	ANTONIO MONJE	M	50	01:47:36	01:44:19	CLUSS LEGION PINTA
192	795	MARIO J B DA SILVA	M	52	01:50:48	01:47:54	TEJAVISTA
193	1105	JOHNNY THOMASSEN	M	54	01:51:47	01:48:31	INDIVIDUAL
194	2709	LUIS C MARQUES	M	51	01:55:05	01:54:10	INDIVIDUAL
195	2279	ALBERTO FERRAZ	M	50	01:57:16	01:55:59	FAMÍLIA FERRAZ

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1532	LICINIO PEREIRA	M	58	00:54:45	00:54:41	ID VIEIRENSE
2	1378	SÉRGIO M MACATRÃO	M	57	00:59:31	00:59:21	BV BOMBARRAL
3	776	SEVERINO S COSTA	M	59	01:00:09	01:00:09	HOTEL MIRA PAIVA
4	1530	ACÁCIO CAMPOS	M	56	01:00:51	01:00:22	ID VIEIRENSE
5	2621	GERMANO SILVA	M	56	01:00:53	01:00:46	AD REAL ACADEMIA
6	1855	ABREU MOURA	M	59	01:01:13	01:01:07	CLAC - ENTRONCAMENTO
7	2076	ANTÓNIO SANTOS	M	55	01:01:14	01:00:54	GD INE
8	2605	ORLANDO SILVA	M	56	01:01:20	01:01:09	CCDT METRO LX
9	2087	JOAO RODRIGUES	M	55	01:01:51	01:01:35	UF DEGOLADOS
10	2447	JOSÉ MARIA	M	55	01:02:11	01:01:47	OS BRAGUINHAS
11	2614	RUI ARAUJO	M	56	01:02:25	01:02:12	CCDT METRO LX
12	332	JORGE AGOSTINHO	M	55	01:03:12	01:03:09	CA BARREIRA
13	2598	BARROS COSTA	M	58	01:03:13	01:03:02	CCDT METRO LX
14	1960	MARIO DUARTE	M	56	01:04:26	01:04:22	GDR FIGUEIRAS
15	969	MANUEL DIAS	M	59	01:04:40	01:04:06	MOV JUVENTUDE MERELIM
16	967	JOSÉ FERNANDES	M	56	01:05:06	01:04:35	MOV JUVENTUDE MERELIM
17	2052	MANUEL RIBEIRO	M	59	01:05:13	01:04:56	OS KÁGADOS
18	1647	JOÃO AFONSO	M	56	01:05:29	01:04:52	HOTEL MIRA PAIVA
19	968	ARMINDO GOMES	M	57	01:05:50	01:05:41	MOV JUVENTUDE MERELIM
20	2221	VITOR M N ROCHA	M	58	01:05:54	01:05:46	INDIVIDUAL
21	2167	FRANCISCO FERNANDES	M	58	01:06:00	01:05:36	GD COSTA BRAVA
22	1914	JOSE PEIXOTO	M	56	01:06:07	01:05:47	GELPINHOS
23	2223	ANTONIO CARVALHO	M	57	01:06:52	01:06:51	C BENFICA ABRANTES
24	84	FERNANDO F O PEREIRA	M	59	01:07:12	01:07:07	DASDIKES
25	1430	LEONEL SELEIRO	M	57	01:07:41	01:07:26	EXTINTOS AGUALVA
26	1930	LUIS HENRIQUES	M	55	01:07:53	01:07:45	GELPINHOS
27	1102	ARMANDO ALMEIDA	M	55	01:07:59	01:07:25	A VALE SILENCIO
28	339	RUI PEREIRA	M	57	01:08:08	01:07:38	CA BARREIRA
29	1071	ÁLVARO COELHO	M	56	01:08:27	01:07:44	ACLIS LIBERTY SEGUROS
30	2444	JOSÉ RIBEIRO	M	55	01:08:40	01:08:09	OS BRAGUINHAS
31	1035	VITOR ANTUNES	M	58	01:10:16	01:10:06	C VETERANOS LIS
32	1878	JOAQUIM J T PESSOA	M	56	01:10:18	01:08:49	C BENFICA CONCELHO CONDEIXA
33	668	ANTÓNIO SANTOS	M	55	01:10:22	01:09:17	CIRAC
34	324	ANTÓNIO AGOSTINHO	M	59	01:10:27	01:10:21	CA BARREIRA
35	725	JOSE NETO	M	57	01:10:51	01:10:47	INDIVIDUAL
36	1968	MANUEL BRAS	M	56	01:11:00	01:10:56	GDR FIGUEIRAS
37	1958	LEONEL RODRIGUES	M	59	01:11:15	01:11:03	GDR FIGUEIRAS
38	1717	VALENTIM FERNANDES	M	58	01:11:22	01:10:57	GRDC ZAMBUJEIRA S CALVO
39	1959	DIAMANTINO CRUZ	M	56	01:11:30	01:11:19	GDR FIGUEIRAS

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1209	ANTÓNIO FIGUEIREDO	M	56	01:11:35	01:11:21	VETERANOS TEIXOSO
41	2424	FERNANDO ANDRADE	M	59	01:12:35	01:11:15	AÇOREANA C BANIF
42	1938	FERNANDO MALHEIROS	M	57	01:12:52	01:12:29	GELPINHOS
43	1541	ALFREDO SANTOS	M	58	01:12:52	01:12:38	AC VERMOIL
44	1999	RAMIRO RODRIGUES	M	57	01:12:53	01:12:42	GAU BAJOUCA
45	1644	MARTINHO DELGADO	M	58	01:12:57	01:12:28	INDIVIDUAL
46	1432	BERNARDO GRADISSIMO	M	55	01:13:42	01:13:21	EXTINTOS AGUALVA
47	2043	JOAQUIM LOPES	M	57	01:13:54	01:11:51	OS KÁGADOS
48	1019	JORGE PAULO	M	55	01:13:59	01:13:36	RUN 4 FUN
49	1926	ANTONIO MAMEDE	M	56	01:14:10	01:14:01	GELPINHOS
50	2281	ANTONIO REIS	M	59	01:14:50	01:14:05	EQUIPA MARAVILHA
51	2527	JORGE OLIVEIRA	M	57	01:14:56	01:14:49	MENTE TRAQUINA
52	473	ANTONIO M DOMINGUES	M	57	01:14:57	01:13:12	JOBRINDE - MONTES SALOIOS
53	1487	JOSÉ FONSECA	M	55	01:14:57	01:13:06	GD BANCO PORTUGAL
54	2649	RAUL CARVALHO	M	55	01:15:06	01:14:06	FALCÕES SELVAGENS
55	1872	ANTONIO INGLÊS	M	55	01:15:21	01:14:21	GA MONSANTO GASCAN
56	522	CARLOS SOUSA	M	57	01:15:30	01:14:03	OS PERIGOSOS
57	1572	JOAQUIM NOGUEIRA	M	55	01:15:37	01:13:17	FALCÕES
58	1792	ANTÓNIO MATIAS	M	56	01:16:03	01:13:22	COELHOS BRITO
59	2594	RUI ROSA	M	57	01:16:12	01:15:54	PUMAS DO GUINCHO
60	2684	ADÉRITO TEIXEIRA	M	56	01:16:26	01:13:17	CP EDP PORTO
61	807	MARCOS FAUSTINO	M	57	01:16:28	01:16:09	CA AMIGOS PARQUE PAZ
62	2390	ORLANDO G S FERREIRA	M	57	01:16:37	01:14:41	INDIVIDUAL
63	165	AUGUSTO F D SANTOS	M	59	01:17:22	01:16:37	INDIVIDUAL
64	162	JOSÉ M CARDOSO	M	58	01:17:28	01:16:44	NÃO FAZEMOS NEM MAIS UM KM
65	1217	VASCO A N G SANTOS	M	55	01:17:31	01:16:22	GD BANCO BPI
66	1098	JOSE MOGA	M	56	01:17:40	01:15:21	A VALE SILENCIO
67	2686	SERAFIM RAMOS	M	56	01:17:59	01:14:51	CP EDP PORTO
68	1100	JOSÉ REBOCHO	M	58	01:18:08	01:16:56	A VALE SILENCIO
69	630	MARIO FILIPE	M	55	01:18:26	01:17:39	CCRD BURINHOSA
70	521	JOSÉ HENRIQUES	M	59	01:18:34	01:17:07	OS PERIGOSOS
71	517	ALCIDES NUNES	M	55	01:18:34	01:17:05	OS PERIGOSOS
72	701	ALBERTO P SANTOS	M	59	01:19:17	01:18:38	INDIVIDUAL
73	1029	JACINTO FERREIRA	M	57	01:19:34	01:18:00	C VETERANOS LIS
74	2374	JOAQUIM M O FULGENCIO	M	57	01:19:47	01:19:35	C MILLENNIUM BCP
75	1333	JOSÉ SERAFIM	M	58	01:19:55	01:18:48	GAA VILA FRANCA XIRA
76	749	MIGUEL BARBOSA	M	59	01:19:56	01:19:39	UNIDOS MANUTENÇÃO
77	1933	JOSE M SANTOS	M	56	01:20:05	01:19:09	GELPINHOS
78	39	PAULO A GONÇALVES	M	56	01:20:22	01:19:59	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	608	LUÍS MOURA	M	55	01:20:52	01:18:01	TEJAVISTA
80	551	JOAQUIM ALMEIDA	M	55	01:21:05	01:18:28	INDIVIDUAL
81	2321	LUÍS F B ESTEVAM	M	59	01:21:13	01:20:22	INDIVIDUAL
82	1137	JOÃO C M SILVA	M	56	01:21:49	01:20:08	INDIVIDUAL
83	174	JOSÉ J L REIS	M	55	01:22:03	01:20:31	INDIVIDUAL
84	34	LUÍS VERDELHO	M	59	01:22:04	01:19:37	BAMOXIMBORA
85	2476	FERNANDO F R COSTA	M	56	01:22:09	01:21:13	INDIVIDUAL
86	2386	DOMINGOS MARIQUITOS	M	55	01:22:37	01:20:45	LIGA REGIONAL MELH ORTIGA
87	1489	JOSÉ MOITA	M	56	01:22:55	01:21:10	GD BANCO PORTUGAL
88	793	LUIS MIRANDA	M	55	01:23:03	01:20:13	TEJAVISTA
89	564	SEVERINO ROSA	M	58	01:23:34	01:21:15	TARTARUGAS SOLIDÁRIAS
90	1699	JOAQUIM FRADE	M	58	01:23:37	01:21:16	SS CGD
91	2078	CARLOS MARTINS	M	57	01:23:40	01:22:24	GD INE
92	718	DÁRIO MENDONÇA	M	57	01:23:41	01:23:06	RTOS DO ASFALTO
93	2416	ALBANO ALVES	M	59	01:24:09	01:23:15	AÇOREANA C BANIF
94	959	JOSÉ M POTES	M	57	01:24:22	01:21:46	TEJAVISTA
95	523	JOSÉ PEREIRA	M	57	01:24:22	01:22:55	OS PERIGOSOS
96	1185	RICARDO FERNANDES	M	55	01:24:30	01:21:48	CLUBE GRUPO BES
97	1382	CARLOS MONTEIRO	M	56	01:24:40	01:21:53	C ORIENTAÇÃO CENTRO
98	1916	ISAUL RODRIGUES	M	57	01:25:00	01:24:07	GELPINHOS
99	1731	MIGUEL LEAL	M	56	01:25:09	01:21:57	CLUBE STRESS
100	895	MANUEL ANASTÁCIO	M	58	01:25:39	01:23:49	OS LEVEZINHOS
101	2082	NUNO M SILVA	M	59	01:25:50	01:24:31	GD INE
102	775	ACACIO FONSECA	M	55	01:26:01	01:24:18	HOTEL MIRA PAIVA
103	1303	MANUEL AZEVEDO	M	57	01:26:31	01:25:11	MULTIFLOW
104	992	ANTÓNIO JUBILADO	M	57	01:26:40	01:25:06	INDIVIDUAL
105	2095	LUIS F SALGUEIRO	M	56	01:27:02	01:24:35	INDIVIDUAL
106	2328	CARLOS M E SANTO	M	55	01:27:26	01:25:05	C MILLENNIUM BCP
107	627	J DOMINGUES	M	56	01:27:54	01:27:46	CCRD BURINHOSA
108	431	MARIO PIRES	M	55	01:28:00	01:25:40	INDIVIDUAL
109	1619	LUIS REIS	M	57	01:28:08	01:25:31	SS MONTEPIO GERAL
110	504	ARSÉNIO FERNANDES	M	58	01:28:22	01:26:16	AMIGOS PAZ
111	1103	LUIS L SANTOS	M	55	01:28:28	01:26:03	A VALE SILENCIO
112	2079	ANTONIO BILA	M	57	01:28:34	01:26:57	GDF RUNNING
113	2357	JOAO J C CUNHA	M	57	01:28:42	01:26:19	C MILLENNIUM BCP
114	2417	JOSÉ PAVÃO	M	57	01:28:45	01:26:52	AÇOREANA C BANIF
115	1210	ANTÓNIO PAIS	M	58	01:28:55	01:26:56	VETERANOS TEIXOSO
116	92	LUIS F V MARQUES	M	57	01:28:58	01:28:03	INDIVIDUAL
117	2557	ARTUR J OLIVEIRA	M	57	01:29:00	01:26:28	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	1923	JOSE ALFREDO	M	58	01:29:34	01:28:44	GELPINHOS
119	1689	ALBERTINO SEMEDO	M	55	01:30:31	01:28:16	SS CGD
120	1658	LUÍS BARROSO	M	55	01:33:13	01:31:15	INDIVIDUAL
121	1907	JOSÉ RAMALHO	M	59	01:34:20	01:32:52	TURBO LENTO
122	1931	RUI DIAS	M	56	01:35:00	01:35:00	GELPINHOS
123	1215	JOSÉ MESTRE	M	56	01:35:20	01:32:18	GD BANCO BPI
124	182	HENRIQUE VILHENA	M	58	01:35:29	01:32:01	INDIVIDUAL
125	1422	MANUEL G VAZQUEZ	M	58	01:36:07	01:32:53	INDIVIDUAL
126	2047	ANTÓNIO CARRILHO	M	59	01:36:14	01:34:59	OS KÁGADOS
127	2687	JOSÉ P AMORIM	M	59	01:37:15	01:34:05	CP EDP PORTO
128	433	JOSÉ P S SILVA	M	55	01:38:58	01:35:56	INDIVIDUAL
129	722	ARTUR DINIS	M	57	01:39:48	01:39:10	ALGYMNS
130	1948	ARTUR FERRAZ	M	56	01:40:05	01:37:07	FALTA MUITO
131	1871	ANTONIO PARDAL	M	58	01:40:18	01:39:14	GA MONSANTO GASCAN
132	1042	ANTÓNIO R P ESTREITO	M	56	01:42:00	01:40:59	ARPE

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M6064

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1005	ANTÓNIO BATALHA	M	60	01:03:39	01:03:34	SCALABIS NIGHT RUNNERS
2	1112	JOAQUIM GOMES	M	63	01:05:07	01:05:05	CPR A-DO-BARBAS
3	1032	JOSÉ GABRIEL	M	64	01:06:00	01:05:56	C VETERANOS LIS
4	1716	LUCAS DELGADO	M	60	01:07:17	01:07:08	GRDC ZAMBUJEIRA S CALVO
5	1216	CARLOS CARDOSO	M	62	01:08:27	01:07:49	GD BANCO BPI
6	2324	ANTONIO MORAIS	M	62	01:09:23	01:09:19	CA PATAMEIRAS
7	343	VÍTOR PARREIRA	M	61	01:10:22	01:09:07	CA BARREIRA
8	2465	JOSÉ COSTA	M	61	01:11:33	01:11:02	OS BRAGUINHAS
9	2549	MÁRIO MACHADO	M	63	01:11:42	01:11:38	SPIRIDON
10	1431	FERNANDO SANTOS	M	61	01:11:51	01:11:31	EXTINTOS AGUALVA
11	1026	AMÉRICO SANTOS	M	60	01:11:56	01:11:10	C VETERANOS LIS
12	1678	MANUEL VITORINO	M	64	01:12:01	01:12:01	CCD O ALVITEJO
13	2701	ANTONIO TEIXEIRA DUARTE	M	63	01:12:15	01:12:13	CLUBE STRESS
14	2274	RAMIRO INACIO	M	62	01:12:41	01:12:37	C BENFICA ALHANDRA
15	2456	ADOLFO SILVA	M	60	01:12:47	01:12:14	OS BRAGUINHAS
16	1758	ANTÓNIO BERNARDES	M	64	01:13:22	01:12:49	OS CARREGUEIRENSES
17	2142	MANUEL S S FRADE	M	62	01:13:25	01:12:54	FERREIRA E FRADE
18	2715	EUGENIO PISCO	M	62	01:13:25	01:12:47	OS SANTARENOS
19	1491	JOÃO COSTA	M	62	01:13:27	01:11:36	GD BANCO PORTUGAL
20	1910	JOAQUIM CARINHAS	M	62	01:13:30	01:13:22	GELPINHOS
21	2130	JOSÉ ESTEVES	M	61	01:13:58	01:12:38	GOLDEN TEAM
22	2425	TAM AFONSO	M	61	01:14:20	01:13:49	AÇOREANA C BANIF
23	1024	DIOGO ARRAIAS	M	60	01:14:46	01:13:35	OS ARRAIAS
24	1292	ANTONIO A C GOUVEIA	M	61	01:15:00	01:14:32	INDIVIDUAL
25	1157	JOÃO J P ESTEVES	M	62	01:15:15	01:14:48	INDIVIDUAL
26	1099	JOAQUIM DAMAS	M	60	01:15:30	01:14:39	A VALE SILENCIO
27	698	ALBINO OLIVEIRA	M	64	01:18:55	01:18:22	RAINHA DESPORTO
28	1247	JOÃO L S FAUSTINO	M	62	01:18:58	01:18:32	AMIGOS TELHEIRO
29	2240	ALBERTO SÁ	M	61	01:19:28	01:16:49	INDIVIDUAL
30	2118	CARLOS M S MATIAS	M	63	01:19:59	01:19:46	ESTRELA CAMPO AVIAÇÃO FC
31	1508	CARLOS A T SILVA	M	64	01:20:04	01:19:16	TUBARÕES ESPINHO
32	1852	JOSÉ FIDÉLIO	M	60	01:20:28	01:19:50	CLAC - ENTRONCAMENTO
33	1346	JOAO BATISTA	M	60	01:20:54	01:19:45	ELITE SPICE
34	1500	RAUL A VAZ	M	63	01:21:14	01:18:02	INDIVIDUAL
35	2705	JULIO HENRIQUES	M	64	01:21:18	01:20:05	OS SANTARENOS
36	1865	JOSÉ RODRIGUES	M	62	01:21:28	01:20:22	CLUBE ROBBIALAC
37	1189	SILVIO PAIVA	M	62	01:21:53	01:19:11	CLUBE GRUPO BES
38	1192	VITOR M N A MARTINS	M	63	01:22:24	01:21:46	INDIVIDUAL
39	1490	MANUEL CRUZ	M	60	01:22:55	01:21:08	GD BANCO PORTUGAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M6064

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1883	ANTÓNIO X RIBEIRO	M	64	01:23:14	01:21:24	AXR
41	2244	MANUEL COUTO	M	60	01:23:39	01:22:53	CALDAS SÃO JORGE SC
42	2448	FERNANDO SOTTOMAYOR	M	60	01:24:58	01:24:29	OS BRAGUINHAS
43	49	MANUEL CLEMENTE	M	64	01:25:11	01:21:49	INDIVIDUAL
44	524	JOSÉ BELCHIOR	M	62	01:25:15	01:23:44	OS PERIGOSOS
45	1031	JOSÉ CORDEIRO	M	60	01:25:16	01:25:06	C VETERANOS LIS
46	2622	MANUEL MATOS	M	64	01:25:26	01:23:07	AD REAL ACADEMIA
47	503	RUI SILVA	M	63	01:25:36	01:23:30	AMIGOS PAZ
48	2340	OSCAR S MARQUES	M	60	01:26:05	01:24:50	C MILLENNIUM BCP
49	703	JOSÉ F GOMES	M	61	01:26:46	01:24:05	TEJAVISTA
50	2327	MANUEL CARDIM	M	62	01:26:57	01:23:57	INDIVIDUAL
51	2297	NUNO GONCALVES	M	61	01:27:19	01:25:54	KEEP RUNNING
52	2474	SILVANO MONTEIRO	M	63	01:27:48	01:26:23	SOBEIDESCE
53	1880	MANUEL SEQUEIRA	M	63	01:27:57	01:26:41	GDCT REPSOL POLÍMEROS
54	500	JOÃO P C FRANCO	M	60	01:28:08	01:26:03	AMIGOS PAZ
55	358	ISAC DINIS	M	63	01:28:22	01:26:31	ASAS
56	1211	JAIME SECO	M	60	01:29:08	01:26:01	VETERANOS TEIXOSO
57	414	ANTONIO CORREIA	M	62	01:29:13	01:27:03	SMO
58	731	CARLOS M S PORTO	M	63	01:29:27	01:25:57	INDIVIDUAL
59	2662	LUIZ RIBEIRO ROSA	M	61	01:29:58	01:27:55	CAA BELÉM
60	2450	MANUEL GONÇALVES	M	60	01:30:10	01:29:33	OS BRAGUINHAS
61	2585	ARMÉNIO ANDRADE	M	62	01:30:17	01:28:23	AC SALVATERRA
62	2053	EDUARDO AMARAL	M	64	01:30:51	01:29:46	OS KÁGADOS
63	1695	FRANCISCO CLERIGO	M	60	01:30:57	01:28:41	SS CGD
64	2101	JOSÉ LAMEGO	M	62	01:31:06	01:28:35	LEÕES BARCARENA
65	2582	DANIEL DOS ANJOS CARDOSO	M	63	01:31:41	01:29:19	INDIVIDUAL
66	357	JOSÉ P FERRABELO	M	61	01:31:43	01:29:53	ASAS
67	533	LUIZ A P OLIVEIRA	M	62	01:32:24	01:30:32	INDIVIDUAL
68	1573	CARLOS ALFAIATE	M	61	01:34:17	01:33:20	C BENFICA ABRANTES
69	1919	ROMAO GUINCHO	M	61	01:35:14	01:34:47	GELPINHOS
70	605	PEDRO D SAMPAIO	M	60	01:35:21	01:32:29	TEJAVISTA
71	160	ILÍDIO MONTEIRO	M	64	01:35:55	01:34:18	BE SMART
72	1691	AURÉLIO CALADO	M	64	01:36:40	01:34:17	SS CGD
73	246	LÉNIO F N MARINHO	M	60	01:38:06	01:35:39	JOBRINDE - MONTES SALOIOS
74	1549	JOSÉ L M COELHO	M	60	01:39:03	01:36:55	URB FONTE CORAÇÕES - GAEIRAS
75	1875	ANTONIO REYES	M	60	01:40:18	01:39:18	GA MONSANTO GASCAN
76	1308	JOSE A R CARVALHO	M	60	01:40:29	01:38:01	INDIVIDUAL
77	1423	JOÃO M DIAS	M	60	01:41:44	01:38:30	INDIVIDUAL
78	820	JOSÉ M S PIMPÃO	M	64	01:41:47	01:38:39	INDIVIDUAL

# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M6064

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	2224	JUSTINO C ROSA	M	64	01:42:22	01:41:46	OS TONGAS
80	2611	FERNANDO FERNANDES	M	62	01:43:49	01:40:32	CCDT METRO LX
81	2309	ALFREDO G VINUESA	M	61	01:47:36	01:44:18	CLUSS LEGION PINTA
82	869	RAUL NEVES	M	61	02:01:05	02:00:45	SC MOITENSE



# 35 CORRIDA DAS FOGUEIRAS - 28/06/2014

Relatório por Faixas Etárias

## ESCALÕES

### M6599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1284	ANTÓNIO MIRANDA	M	66	01:06:38	01:05:51	CAOB
2	2445	ANTÓNIO MAGALHÃES	M	67	01:11:41	01:11:16	OS BRAGUINHAS
3	846	ARSÉNIO FERREIRA	M	65	01:13:02	01:12:34	ATLETAS FAROLIM PENICHE
4	865	JOSÉ SAPO	M	65	01:14:04	01:13:36	SC MOITENSE
5	2713	MARIO GONCALVES	M	70	01:14:19	01:13:48	OS BRAGUINHAS
6	1927	CARLOS MARQUES	M	67	01:14:44	01:14:27	GELPINHOS
7	2581	JOSE VALERIO	M	68	01:15:19	01:14:47	INDIVIDUAL
8	1073	JOSÉ M COSTA	M	68	01:16:38	01:15:54	ACLIS LIBERTY SEGUROS
9	2197	VÍTOR LOURAÇO	M	67	01:17:23	01:15:59	CA NAZARE
10	1354	FERNANDO SANTOS	M	70	01:18:21	01:17:31	INDIVIDUAL
11	861	ANTÓNIO PRIMOR	M	71	01:19:08	01:18:41	SC MOITENSE
12	2347	NELSON M GUIMARAES	M	67	01:21:50	01:21:07	C MILLENNIUM BCP
13	2194	JOAQUIM MACATRÃO	M	71	01:22:33	01:22:33	CA NAZARE
14	1464	DIAMANTINO HENRIQUES	M	67	01:23:20	01:22:50	AMIGOS A-DO-BARBAS
15	487	JOÃO TORRADO	M	65	01:23:23	01:22:11	EIRAGYM
16	244	ADELINO N SILVA	M	66	01:23:25	01:23:16	INDIVIDUAL
17	2630	MANUEL M FIDALGO	M	65	01:24:24	01:21:39	LUISIANA
18	1141	CARLOS T GONCALVES	M	65	01:24:26	01:21:09	INDIVIDUAL
19	2657	MANUEL F PRATES	M	66	01:24:27	01:22:45	AALS
20	502	FERNANDO BATISTA	M	67	01:25:36	01:23:31	AMIGOS PAZ
21	2326	ANTÓNIO BORLA	M	69	01:26:21	01:23:21	INDIVIDUAL
22	2041	BELMIRO AGUIAR	M	70	01:27:19	01:26:04	OS KÁGADOS
23	2042	ANTÓNIO PEREIRA	M	67	01:27:30	01:27:30	OS KÁGADOS
24	1260	AMÂNDIO B SANTOS	M	70	01:27:58	01:27:32	INDIVIDUAL
25	1922	ANTONIO SOUSA	M	72	01:29:34	01:28:45	GELPINHOS
26	519	ANTÓNIO PICA	M	65	01:29:46	01:28:39	OS PERIGOSOS
27	2661	GILBERTO GONÇALVES	M	65	01:29:59	01:27:54	CAA BELÉM
28	633	FERNANDO C FRANCISCO	M	70	01:30:20	01:29:54	INDIVIDUAL
29	527	JOÃO C CALDEIRA	M	65	01:30:57	01:29:17	INDIVIDUAL
30	756	ANTÓNIO DOMINGOS	M	66	01:31:04	01:29:06	CORRE@CORRER
31	2039	ANTÓNIO SILVA	M	73	01:34:39	01:33:10	OS KÁGADOS
32	373	EBERHARD A WILHELM	M	66	01:36:39	01:34:15	4 AO KM
33	2100	EDMUNDO CARDEIRA	M	67	01:37:11	01:34:41	LEÕES BARCARENA
34	2341	FERNANDO H R FERREIRA	M	67	01:38:18	01:37:25	C MILLENNIUM BCP
35	1367	PAULO VALENTE	M	69	01:38:25	01:38:04	INDIVIDUAL
36	2554	CARLOS A C SANTOS	M	70	01:38:54	01:37:35	INDIVIDUAL
37	380	PEDRO M DELGADO	M	66	01:48:24	01:45:33	TEJAVISTA
38	958	ANTÓNIO COELHO	M	74	01:50:07	01:48:15	LIGA REGIONAL MELH ORTIGA
39	2343	JOSE E G ARRUDA	M	65	02:00:34	01:58:59	C MILLENNIUM BCP